COSTA BLANCA MOUNTAIN WALKS

Finestrat Area Mont Ponoch Col Circuit

Realet Dalt - Collada Pouet - Ponoig Col - Sacaret - Realet Dalt

WALK SPECS: DISTANCE 9km. - WALKING TIME 2 ½ hrs - ASCENT 447mtrs. - GRADE MS

(Walking time only add time for breaks and lunch)

WRITE-UP BY: Jean & Bob Hall hallbobandjean@aol.com VERIFIED Nov.2014

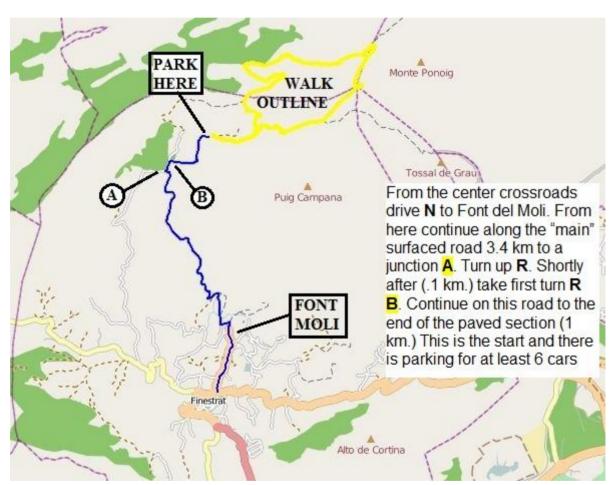
LEGAL NOTICE: Although we strive to make descriptions as correct as possible, use at your own risk.

WALK DESCRIPTION

Very nice shorter (2 1/2 hrs walking time) walk from 4km behind Font Moli in Finistrat, up to Puig Campana circuit path, continuing up to Collado del Llamp, along the Collado de Sacarest with its impressive views of the Castellets and returning to Realet Dalt.

A side trip up Monte Ponoch would add a further hour and increase difficulty from easy to medium.

TO THE START FROM FINESTRAT.



U40

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down to reach the start and cars. (10min .6km)

U40

9km 100%

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Note that times quoted are walking time only - no breaks. Underlined letters are map references.	Total distance and % of walk completed based on total time
Walk up the unpaved road for about 50 meters and by the large stone with colored marks find a path off R (SE) . Follow this path which rises slightly and passes a boar wallow. Continue on main path to arrive at a track with a track going down L A .(<i>ignore this track which is our return route</i>). (10 min 0.7km)	0.7km 7%
Follow track bearing R (NE) ignoring false paths off R and soon find a distinct path with multiple cairns, marked by a red arrow, going off R and up B . (3 min 0.2km)	0.9km 9%
Take this path (SE) which zigzags up to meet the circuit path of the Puig Campana at a refugio C . (14 min 0.6km)	1.5km 19%
Pass the refugio on the R to arrive at a track. Follow track to arrive at Col de Pouet D , a clearing recognizable by a large flat stone (lunch stone) and sign posts. (12min 0.6km)	2.1km 27%
From this clearing follow the path going up L beside the large flat rock (signposted to 'Polop') NE. Soon this path starts ascending towards the col just below Monte Ponoig. Arrive at a path L marked by Y/W flashes. Ignore this path (<i>this is the old route to the col which requires a little scramble</i>) and continue to arrive at another signpost (Nov 2012 on ground). (12min 0.7km)	2.8km 36%
Go straight ahead following direction Barranc del Gulabdar (PR CV 17/13) to arrive at col E , a good spot to rest and admire the views. (6 min 0.3km) (From here starts the optional return to summet of Ponoch)	3.1km 40%
Cross over to the over side of the col and walk a few paces L (W) to find a signpost. Take path going down (NE) (PR CV 13). Keep to main path and continue to follow the Y/W way markers to arrive above another signpost F with many direction indicators. (12min 0.7km)	3.8km 48%
Turn L (SW) . Pasing below a small cave. Continue straight ahead ignoring a couple of paths leading off R . Soon the path will descend a little before leveling out and traversing the RHS of the barranco. Keep following this path which eventually becomes a rough track. Arrive at a small ruin and a track which goes up off R G . (21min 1.5km)	5.3km 63%
Ignore the track going R and continue straight ahead passing a ruin on the L . Pass some small wooden houses on your L , a few old jeeps on your R , to arrive at the house of Sacarest ahead. Turn L and pass the house keeping it to your R to arrive at a track. Turn L to reach a signpost. H . (13min .9km)	6.2km 71%
Turn L (SE) direction Finistrat. Follow this major track (which curves around a barranco) until it becomes a paved road K . (20mins 1.3km)	7.5km 84%
Find cairn on the LH side of the road marking the start of a path going down (S) . Follow this mule path, which zigzags down to near the bed of the Barranco Atxero where the path follows the N bank for a short distance and curves R around the head of the barranco to eventually reach a track. Continue to arrive at cross track M . (9min .6km)	8.1km 89%
Turn up L. At first LH bend find a path going off R <u>A</u> . (5min. 0.3km)	8.4km 93%
Here we rejoin our outward path which we follow passing the boar wallow and bearing R	Olema 4000/

