

COSTA BLANCA MOUNTAINWALKERS - WALK DESCRIPTION

Walk description originally prepared by:- Ralph Phipps

Last Updated 16th October 2012

Title of Walk Fredes Circular

Location of Start (include name of nearest village/town at start of description) La Senia, on the CV105 to the north

Key Statistics for walk - Distance in km 16.6

Key Statistics for walk - Ascent in m 787

Key Statistics for walk - Walking time and total completion time including any stops 4hr 35mins
6hr

Key Statistics for walk - Grade (using CBMW system) S/A

Grid reference of start point (if known) 40.686919, 0.222248

Directions to Start

From the town of La Senia follow the CV105 north out of the village and towards Benifassa. Follow this road for some 5.5km until after passing through 2 short tunnels you emerge on a reservoir dam. Cross this and take an immediate right turn onto a forest track. Follow this for some 1.7km until the first buildings start to appear and there is a side track going half left. There is parking here on rough ground with some tree cover. (Mangraner)

Short walk description

A delightful walk with stunning rock architecture emerging from the trees on the first half of the walk and a fantastic ridge view after lunch.

Full Walk Description

Elapsed Walking Time/Distance so far

Leave cars and continue along original track undulating and steadily going uphill. Cross bridge and continue under crags and above barranco bottom.

At next fork to the left descend and cross a bridge (sign boards here).

23mins
1.7km

Continue following this track around to the left and along a subsidiary barranco until it reaches a Casa de Forestal on the far bank of the river.

1hr 5mins
4.8km

Continue along the main track which crosses the normally dry valley bottom and deteriorates after it has reached a signpost where track decays and merges with the barranco bottom. Take care here to find correct line.

1hr 25mins
6km

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The Y/W footpath continues steeply uphill now and crosses a few side tracks with signs and a small landslide area where the path has been repaired. After this track improves and the line is easy and the gradient more moderate. Eventually the path emerges onto a vehicle track where you turn right. 2hr 10mins
7.9km

This soon reaches a T-jnc with an archaic signpost where you turn R towards the village which is reached after a few minutes. Bar/restaurant here. GR7 passes through the village. 2hr 30mins
9km

Return initially along outbound track but at the archaic signpost continue straight ahead ignoring the track that you came up on. 9.6km
2hr 35mins

Track deteriorates into good footpath with spectacular scenery emerging onto a dramatic ridge line and then descending to the L before crossing after a short while back to the R. Part way along this there is a Valencia parks sign indicating a L turn to point 4 and straight ahead for 4/5/6. Continue ahead! Pass along a fantastic line below crags, over a constructed bridge and through the gates of hell (Portell d'Infiern) 12.3km
3.5hrs

Now the best scenery has passed and the path descends rapidly through trees and beside a small barranco to reach a junction where the route splits. The higher route has a Valencia park sign but ignore this and take the lower route - soon reassured by a Y/W marker. (This is probably a second short cut returning from the outgoing route back to the village of Fredes) 13.6km
3hr 50mins

Progress ahead and drop to the left soon to find Y/W markers again as the route wends out along a plateau and then drops again slightly rightwards and down through a short but dramatic gully (looking back you can hardly see the route!). As you round a bend to the R there are further dramatic crags above you and the reservoir is clearly visible below.

After you have rounded a second buttress you can see buildings ahead and below and soon you join a track. Descend on this, ignoring all side tracks and you soon come to your car. 16.6km
4hr 35mins

Walk Recommendations or restrictions None

Route followed is outlined in red

