COSTA BLANCA MOUNTAINWALKERS - WALK DESCRIPTION			
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Walk description originally prepared by:-	Angela Colgate, CBMW, November, 2	012	
Last Updated	N/A		
Title of Walk	Benidoleig, extending an old favourite		
Location of Start	Benidoleig		
Key Statistics for walk - Distance in km	14km		
Key Statistics for walk - Ascent in m	370m		
Key Statistics for walk - Walking time and total completion time including any stops	3hrs, 15mins 4.5hrs including stops		
Key Statistics for walk - Grade (using CBMW system)	M/A		
Grid reference of start point (if known)			
Directions to Start	At the roundabout in Benidoleig) take the road beside the Tabacos. The road bears right and after 100 metres park on left by hard football pitch and school.		
Short walk description	A very pleasant walk, mainly on good tracks and paths with some on quiet roads. Lovely views from the highest point.		
Full Walk Description Proceed uphill, bear R near top, then L over small plaza, up ramp and R onto road. Swing L downhill, turn L at cross roads and proceed out of village. Continue on surfaced track pass a house on your LHS and go L (straight on) at fork (8mins, 680m) Continue and turn R at a stone wall onto a path (3mins, 250m)		8mins, 680m 11mins, 930m	
Proceed uphill to a track, turn L and continue uphill until we join another track (20mins, 1.09km)		31mins, 2.02km.	
Turn R onto this track then L onto another (5mins, 310m)		36mins, 2.33km.	
Continue to a T junction and turn R (12mins, 660m)		48mins, 2.99km.	
Continue on this track (ignoring two tracks off to the L and one to the R) up to the top. (12mins, 1.01km)		1hr, 4km	
Return back the same way and take the second track to the R (13mins, 910m)		1hr13mins, 4.91km.	
Continue along ridge (ignore track on L, 5.41km), straight onto a path, past a ruin on		1hr30mins,	

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LHS to a picnic like area with a large stone table. Continue straight over the and leave on a track to a T junction (5.67km) Turn R to bottom and turn layou join a road (17mins, 1.43km)		6.34km.	
Turn L, proceed downhill and turn R immediately after an electrical substation (3mins, 250m) (You will be returning on this next section that takes you to a cross tracks remember the way!)	_	1hr33mins, 6.59km.	
Proceed for 200m until road turns to the L and take the track straight ahe go R at fork and down another track to a path (6mins, 510m).	ad. After 70m	1hr39mins, 7,10km.	
Follow this path past a ruin on LHS, through a gap in the wall, L onto a path, after 80m go R at a fork, round to the L which joins a track after 20m. Follow this track to the cross tracks (remember!) (5mins, 390m).		1hr44mins, 7.49km	
Turn L, second R, past deposito on RHS and down. Swing to R and on to a T junction (8mins, 630m)		1hr52mins, 8.12km.	
Turn L onto track going down then after 60m R which takes you back to the cross tracks previously visited. (5mins, 410m)		1hr57mins, 8.53km.	
Go straight on and back to the electrical substation. Turn L and after 20m turn R down a track to a road (17mins, 1.2km).		2hrs14mins, 9.73km	
Turn L onto road, first R after 70m (signed Pool Bar) and after another 100m turn R through a car park to a swimming pool (3mins, 230m).		2hrs17mins, 9.96km	
Leave at far LH corner on a path, bear L and down steps between two houses to a road. Turn R onto this road to a T junction (4mins, 230m)		2hrs21mins, 10.29km.	
Turn L down road and after 10m turn L again and proceed to end of road where track begins (9mins, 800m)		2hrs30mins, 11km	
Continue on this track, straight on where track joins from the L (11.5km), ignore track on L (12.8km) and continue downhill. Join track by three utility type buildings going to the R downhill to a cemetery. (38mins, 2.5km)		3hrs8mins, 13.5km.	
Proceed straight ahead on a road, turn R after 200m and back to the cars. (7mins, 500m).		3hrs15mins, 14km	
Walk Recommendations or restrictions None			
Photos of walk attached			

Route followed is outlined in red

