

## COSTA BLANCA MOUNTAINWALKERS - WALK DESCRIPTION

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<b>Walk description originally prepared by:-</b>	David Harbach, CBMW, Jan 2013	
<b>Last Updated</b>	01/02/14	
<b>Title of Walk</b>	Tossal de la Creu (El Mirabo) via barranco Almadic	
<b>Location of Start</b>	Benigembla	
<b>Key Statistics for walk - Distance in km</b>	8 km	
<b>Key Statistics for walk - Ascent in m</b>	450	
<b>Key Statistics for walk - Walking time and total completion time including any stops</b>	2hrs23mins 3hrs15mins	
<b>Key Statistics for walk - Grade (using CBMW system)</b>	MS/B	
<b>Grid reference of start point (if known)</b>	Lat:- 38.75415, Long:- -0.111537	
<b>Directions to Start</b>	Restaurante/Bar Bon Aire at Benichembla on CV720	
<b>Short walk description</b>	Gentle zig zag ascent to the col and on to El Mirabo/view point. Gentle walk down through woods back to village	
<b>Full Walk Description</b>	<b>Elapsed Walking Time/Distance so far</b>	
Proceed up road in the direction of Castell de Castells and turn L onto road signed Corral Nou. (4mins, 300m)	4mins, 0.30km	
Straight onto track/path after 130m and turn R onto path signed Aljub del Frare marked Y/W. (4mins, 0.25km)	8mins, 0.55km	
Continue on path, straight on at sign post (km 1.73), to a path T junction and turn L. No longer marked Y/W (40mins, 1.9km)	48mins, 2.45km.	
Proceed past small ruin on LHS (km 2.56) and on to Col. (9mins, 0.35km)	57mins, 2.80km.	
Go L up to summit/view point with a cross (13mins, 0.67km)	1hr10min, 3.47k	
Return back to Col. (13mins, 0.67km)	1hr23min, 4.14k	
Down path on other side of the Col to where a track begins. (3mins, 0.11km)	1hr26min, 4.25k	
At T junction with another track turn R (3mins, 0.13km)	1hr29min, 4.38k	
Proceed to another T junction and turn L. (3mins, 0.21km)	1hr32min, 4.59k	

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On to next T junction and turn L. (17mins, 1.22km)

1hr49min, 5.81k

Track becomes a tarmacked road. (km 5.91) Continue down this road to a main road. (26mins, 1.98km)

2hrs15min, 7.79k

Turn L straight over roundabout and back to Restaurante/Bar Bon Aire. (8mins, 0.58km)

2hrs23min, 8.37k

**Walk Recommendations or restrictions**

None

**Route followed is outlined in Red**

