# COSTA BALANCA MOUNTAIN WALKS

ABDET AREA. NORTH.FIGURE OF EIGHT (PLUS)
ABDET - CORRAL FONDO - RACO DE LLOSA - ABDET

N<sub>2</sub>

WALK DESCRIPTION BY: Michael T. Davies <u>davies.mt@googlemail.com</u> REVISED Jan 2014 LEGAL NOTICE: Although we strive to make descriptions as correct as possible, use at your own risk.

WALK STATS.: DISTANCE 8.8Km - WALKING TIME 2 1/2 hrs - ASCENT 450 Mtrs. - GRADE MS

### DESCRIPTION

A very pretty circuit walk. North from Abdet up an old mule path which follows high above the stream to Corral Fondo and on tracks and paths by the Manecillo stream followed by a climb up an old mule path leading to the "Sculptors" casa near Raco de Llosa. Then along tracks to 900m in the valley below Pla de la Casa, (1379m). Two possibilities to cut walk short in case of fatigue or bad weather.

Best avoided after very heavy or prolonged rain to avoid "boots off" stream crossings.

## TO THE START

From Benifato drive along the CV70 towards Confrides and take the **R** turn signposted Abdet CV7560. After 1 Km just before the village (at 1km marker) take the **LH** fork up and bear **R** at the garbage containers to use the "by pass" to the north of the village avoiding the very narrow streets of Abdet. Road curves around to north side of Abdet to ample car park.



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Total distance and

% of walk completed

ABDET AREA. NORTH.FIGURE OF EIGHT.(PLUS)

ABDET. CORRAL FONDO. RACO DE LLOSA . ABDET.

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WALK STATS.: DISTANCE 8.8Km - WALKING TIME 2 ½ hrs - ASCENT 450 Mtrs. - GRADE MS

Note that times quoted are walking time only - no breaks.

THE WALK

<u>Underlined</u> letters are map references.

based on total time

Walk to top of car park and hear **R** up bitumen road. Soon after the crest of the road find a strack

Walk to top of car park and bear  $\bf R$  up bitumen road. Soon after the crest of the road find a track off  $\bf L$   $\bf A$ . (5min .4km)

Walk down track and just before arriving at a casa take the very rough **LH** fork up (**NNW**). At the first sharp **LH** curve look on **RH** side for close by rocky outcrop with cairn on top **B**. (4min .2km)

Find path on **RH** side of rock which climbs up and becomes good mule path. This good path climbs between crags, levels out and skirts high above the stream. Ignore path off **R** down and continue, passing between two small knolls to arrive at some ruins **C**. (11min .5km)

1.1km 13%

Turn L (W) at ruins then bear R onto grassy almond orchard with feint track leading to Corral Fondo. Pass the Corral keeping it to your L to meet "main" track. (2min .2km) 1.3km 14%

Turn  $\bf R$  down to  $\bf Y$  junction and take the  $\bf LH$  track past a deposito and white building with solar panels on your  $\bf L$   $\bf \underline D$ . (5min .3km) 1.6km 18%

Here the track becomes a path. Continue down, and ignore path off sharp down **E**. (Your return path). Continue down into barranco Manecillo curving sharp **L** and look out for old deposito across the stream and a cairn marking the path across the stream **F**. (5min .4km) 2km 21%

Cross stream and bear R up mule path which zigzags up to reach a sign post G. (9min.5km) 2.5km 27%

Turn L (direction PAS DE LA CANALETA) and follow path to crosstrack H. (9min .3km)2.8km 36%

Take track L. Pass three casas on your L and on down until track turns  $R \underline{K}$ . (10min .7km) 3.5km 43%

Find path going straight on down to cross stream. (4min .2km)

3.7km 46%

Turn L and with 2 more crossings rejoin your outward route at cairn . (3min .2km) 3.9km 48%

Retrace your route to path **E**. (3min .2km) 4.1km 50%

Go down this path crossing stream to reach olive grove. Follow path which becomes track. Continue along track to arrive at crosstrack at a sharp bend  $\underline{\mathbf{M}}$ . (10min .7km) 4.8km 57% (*This path R is shortcut back to Abdet – 25minutes*)

Take track up **L** towards rock pinnacles. Ignore track sharp **L** and continue straigt on through almond trees and up to reach end of the track amidst cliffs and facing a sloping almond grove **N**. (7 mins .4km)

5.2km 62%

Take the path on your **LHS** and go up the bancales to reach an upper almond grove which the path skirts on its **LHS** and rises through bushes and passing to the R of some bancales to a topmost almond grove with Casa Rosa Montagne visible 200m ahead P. (5min .2km) 5.4km 66%

# COSTA BALANCA MOUNTAIN WALKS

Pass by Casa Rosa Montagne P and down its concrete road for a few meters to the bend where you take the short track off L which soon turns into a path through the pine woods. This curves around the barranco and climbs to reach a track near a ruin R. (7mins).

5.9km 69%

Turn **R** down the track and zig zag down into the valley, ignoring a track off **L** to a casa and continue on past a new casa on your **L**. Ignore concrete road going up **R** to pass a "quaint" (hippy?) casa on your **R**.(18min 1.1km)

7.0km 82%

Continue on the surfaced road back to Abdet. (25min 1.8km)

8.8km 100%

