COSTA BLANCA MOUNTAINWALKERS - WALK DESCRIPTION			
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Walk description originally prepared by:-	David Harbach, Dec. 2013		
Last Updated	April, 2017		
Title of Walk	Barranco de la Canal circuit anti-clo	ockwise	
Location of Start (include name of nearest village/town at start of description)	Pla del Metge Almela, Pego		
Key Statistics for walk - Distance in km	11.6		
Key Statistics for walk - Ascent in m	580		
Key Statistics for walk - Walking time and total completion time including any stops	3.5hrs 4.5hrs		
Key Statistics for walk - Grade (using CBMW system)	MS/B		
Grid reference of start point (if known)	Lat:- 38.838337, Long:0.121558		
Directions to Start	Pla del Metge Almela. Approaching Pego from:-		
	-Orba on CV715 turn L after PEGO town sign (large steel pylon on corner) into wide road. Continue to Stop sign and you're there.		
	-El Vergel/N332 on CV700 turn R at 2nd island signed Adsubia. Straight on over two islands, L at 'T' junction, passed Mercadona on LHS, straight on at next Island, straight on at Stop sign, R immediately after college and you're there.		
Short walk description	A circuit walk that takes you around the Barranco de la Canal all on quiet roads, tracks and well defined paths. Excellent views of Adsubia on the way out and fabulous views of the barranco on your return.		
Full Walk Description		Elapsed Walking Time/Distance so far	
Walk out of Pego along the paseo with the stations of the cross and continue down the road to a crossing over a barranco. (7mins, 0.67Km).		7mins, 0.67km	
Go over this crossing and straight up the road opposite. Continue (following the Y/W markers) until the road ends. (km1.11) Take the track from here (still marked) for a short distance then continue on a path until you meet the tarmac road. (38mins, 2.0km).		45mins, 2.67km	
Turn right onto this road, continue past the Tir de C to Adsubia,(km 4.17)and on to where a track joins f			

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(27mins, 1.78km)		1hr12min, 4.45km	
Take this track and continue until another track joins on the left marked with a cairn (at time of writing) (23mins, $1.55 \mathrm{km}$)		1hr35min,6.00km	
Turn L onto this track which soon becomes a G/W m turn R and continue down to the valley bottom. Cros continue level for about 60m then bear R and up foll levels off then zig zags downwards to the valley bott is required. At the bottom you bear R and continue a barranco then rises on the other side and zig zags up (29mins, 1.27km)	2hr4min,7.27km		
A path joins on this bend on the RHS which takes yo path then return back to the main path.	ou to a cave/overhang. Take this		
Continue on the marked path going up to join another well-defined Y/W marked path. (10mins, 0.53km)		2hr14min,7.80km	
Turn L onto this path and continue to where a wall runs parallel with the path on your LHS and go through an opening in the wall to a disused orchard with a ruin opposite. (22mins, 0.93km)		2hr36min,8.73km	
Turn R through orchard and after 100m re-join the path. Proceed down to a track and turn R. (23mins, 0.96km)		2hr59min,9.69km	
Proceed down this track which becomes a road, and on to a T junction where you turn R and return to the cars (29mins, 1.94km)		3hr28min,11.63km	
Walk Recommendations or restrictions	Good head for heights helpful.		

Route followed is outlined in red

