

## **COSTA BLANCA MOUNTAINWALKERS - WALK DESCRIPTION**

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**Walk description originally prepared by:-** Ralph Phipps

**Last Updated** 3rd May 2012

**Title of Walk** Adsubia Circuit

**Location of Start** Bar La Moleta on CV700 in Adsubia

**Key Statistics for walk - Distance in km** 13

**Key Statistics for walk - Ascent in m** 550

**Key Statistics for walk - Walking time and total completion time including any stops** 3.25hr  
4.5hr

**Key Statistics for walk - Grade (using CBMW system)** MS/B

**Grid reference of start point (if known)** Lat:- 38.84822, Long: -0.15202

### **Directions to Start**

From Pego follow the CV700 to Adsubia. Drive through the village to find Bar Moleta on the LHS and turn down the street beside it. Either park here or if this is full go down the hill, turn R and park where you can.

### **Short walk description**

A hilly ramble across the mountains around Adsubia with great views of the Gallinera valley.

### **Full Walk Description**

### **Elapsed Time**

Start in the side road beside the bar. Walk down the hill to the T- junction and turn R. Walk along this road to the end and turn L. Cross a barranco and strike uphill. Reach a junction on the R which we ignore and proceed 20m further to a second turn on the RHS which we take just after a cross.	270m 4mins
Follow this tarmac road through groves until you reach a junction (still tarmac) where we turn L (currently has footpath sign - Apr 14)	775m 9mins
Follow this road still through groves as it passes a hydraulic station on the LHS. Ignore side turns until reaching a fork where the road turns sharply uphill to the R and we continue on a track level above the valley bottom.	1.6km 21mins
This climbs slightly to a junction where a footpath strikes off to the L (signed Apr 14) Follow this engineered and delightfully cobbled path as it rises steadily.	
When you reach a short level section across terraces there is a fork at which you turn R.	2km 29mins
After a while it intersects a track where we take obvious path going straight across this track.	

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Follow this path up steadily until it reaches a second track. Turn L and follow this over a small col from where there are delightful views in both directions. (Good banana break stop!)	2.8km 48mins
Follow this track until it abruptly climbs up to the R and before going R again onto a terrace look for cairns off to the L on the bend which introduce us to the G/W path again.	3.2km, 52min
This section is still clear but there are no signs of the original cobbles. It wends its way uphill and finally it becomes less steep just before it joins a road.	3.6km, 1hr 1min
Turn R on the road - still uphill for 150m and this then levels out. Proceed to a cross roads with a more major tarmacked road and turn R.	3.9km, 1hr 5min
Follow this uphill until the next track junction where you turn L (Y/W sign in Apr 14)	4.2km, 1hr 9min
After 260m you find a set of poles with Y/W stripes looming off to your RHS and at a small clear area on the track you can set off in pursuit of these. The going is rougher than any we have had so far, but still very clear. Essentially you are going to follow the ridge line in front of you now until just before it joins a larger ridge ahead when our path will turn to the R.	
As you follow the markers up you re-join a much more obvious section of engineered path and eventually swing around to the R past a few clumps of trees to emerge on the higher ridge.	5.6km, 1hr 40min
A clear path continues towards the mast topped hill of Miserat and you emerge on the road just below it and opposite a water deposito. This is your highest point of the day and the views are magnificent.	5.9km, 1hr 40min
Turn L along the road and proceed as far as a track on the RHS which you take.	6.2km, 1hr 48min
This reaches the escarpment edge	6.6km, 1hr 53min
and then proceeds to drop steeply to the R and along a washed out section from where you can admire the fantastic views of Benirrama (or Gallinera) castle. Eventually the track doubles back and drops to the castle.	8.1km, 2hr 18min
About 150m before you reach the castle there is an obvious path to the R - in fact there are 2! Take the lower of these as it starts to drop quickly downhill. You follow this unerringly down to finally reach a part ruined house which you walk under (do not go up the steps) and reach a broader track.	9km, 2hr 34min
Follow this ahead and soon reach a junction where you turn L. You may see ahead and below you a large artificial water deposit which you are going to walk past. Continue on this track ignoring a sharp right which doubles back into the barranco and soon you join tarmac.	
Follow this downhill to a sharp L turn	10.6km, 2hr 54min
and in 50m reach a junction where you turn R (still downhill).	
Follow this until you reach the junction of multiple roads just outside the village (and where you intersect your original route). By turning L and then first R you return to the start of the walk.	

**Walk Recommendations or restrictions**                      None



Route followed is outlined in Red

