<b>COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION</b>		
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Walk description originally prepared by:-	David Harbach, Oct. 2014	
Last Updated	1 <sup>st</sup> October 2014	
Title of Walk	Los Cinco Pueblos de Beniali	
Location of Start (include name of nearest village/town at start of description)	Beniali	
Key Statistics for walk - Distance in km	13.25	
Key Statistics for walk - Ascent in m	520	
Key Statistics for walk - Walking time and total completion time including any stops	3hrs 24mins 5hrs	
Key Statistics for walk - Grade (using CBMW system)	MS/A	
Grid reference of start point (if known)	Lat:- 38.821882, Long: -0.219924	4
Directions to Start	Follow the CV700 from Pego, through Adsubia and on to Beniali. Park in car park (with bins) just before you enter the village.	
Short walk description	A circuit route that takes you upwards towards the Forada ridge, under the forat and visits five of the eight villages in the beautiful Vall de Gallinera.	
Full Walk Description		Elapsed Walking Time/Distance so far
Walk from the car park into the village and take the Continue down some steps to railings at the bottom Proceed past a church on your RHS, a font on your road where the road turns L.(stout timber with an a Continue on this Y/W and G/W marked road into Be (14mins, 1.01km)	and follow the road round to the L. LHS and go straight onto a country rrow pointing the way on this corner)	14mins, 1.01km
Proceed to the main road, turn R and after 30m go L off the main road up a road with steps on the RHS. (2mins, 0.17km)		16mins, 1.18km
Continue up to a road go R and then, after 20m, go you leave the village a yellow arrow on a timber pos on a concrete surfaced road which is marked Y/W. P timber post and turn R. (18mins, 1.26km)	st signed "La Forada" points your way	34mins, 2.44km
Proceed to a fork and go L onto a mozarabic path w ahead. (5mins, 0.33km)	ith the forat (stone arch) above and	39mins, 2.77km

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Press on upwards to where the path turns sharp L and you turn R onto another path going down. (13mins, 0.55km)	52mins, 3.32km
Continue down to a concrete surfaced road and turn R. (15mins, 0.53km)	1hr7mins,3.85km
Follow this road as it wanders down to the main road on the outskirts of La Carroja. (12mins, 0.79km)	1hr19min,4.64km
Go R onto this road and after 60m turn L down into the village and first L out again. Pass "Font de Baix" on your LHS and onto a G/W marked track, up a ramp and L up a path back to the main road. (5mins, 0.29km)	1hr24min,4.93km
Cross the road and up the concrete surfaced track opposite. Ignore the 3 tracks that join on the LHS and continue to the very end.(G/W marker on rock) Bear R here onto a path and up to a road. (14mins, 0.97km)	1hr38min,5.90km
Turn R onto this road which takes you down to the main road again. (14mins, 1.02km)	1hr52min,6.92km
Go R onto this road and then, after 30m turn L down some steps, around a font to the R onto a path to a concrete surfaced track. (5mins, 0.31km)	1hr57min,7.23km
Turn L onto this track up to a road and go R along this road, which runs parallel with the main road, past "Centro Social Joan Pellicer" on your LHS into "Placa La Creu" in the centre of Al Patro. Bear L down Carrer La Pilota, go R then L down Carrer Major and on to the edge of the village. (6mins, 0.54km)	2hr3min, 7.77km
Turn R down a narrow alley pass Carrer D'en Mig on your RHS and on. Go R at a T function then L and down a Y/W marked concrete surfaced track to a timber signpost 'Beniali 5.6km". (2mins, 0.18km)	2hr5min, 7.95km
Follow this direction, past a timber post on LHS (R5) and on down this path. Cross a barranco over to the LH side, then down this barranco and back out onto a track on the RH side. (12mins, 0.64km)	2hr17min,8.59km
Up we go running parallel with the barranco to a picnic area, "La Garriga", which is an ideal place for lunch. (if it's locked, turn L off the track to the edge of the gorge which is also an ideal spot) (5mins, 0.31km)	2hr22min,8.90km
Press on this track, ignore the R turn after 90m and continue past an abandoned tip. The track eventually becomes a path which you follow to a fork. (16mins, 1.04km)	2hr38min,9.94km
Go R here uphill into the village of La Carroja. Pass a square on your RHS and turn L just pefore the other edge of the village. (5mins, 0.39km)	2hr43min,10.33k
Take this G/W marked path to a country road and turn L. Continue, past a swimming pool on your LHS, on to the main road. (14mins, 1.07km)	2hr57min,11.40k
Go L proceed around a RH bend and turn L onto a path signed "Beniali 1.5km". Proceed down to a concrete surfaced track, go R, and on back to the main road. (8mins, 0.55km)	3hr5min,11.95km
Turn L go round a LH bend and L down some steps to a lavadora. Turn R onto a concrete surfaced track which becomes a path that goes over a small bridge into the village. Turn L up a ramp with balustrading, go R and then L around the church and out of the village. Return to Beniali the way you came earlier on the Y/W marked tarmac surfaced track On entering the village go R at the fork, past restaurant Sabors, up to the main road once more and back to the cars. (19mins, 1.39km)	3hr24min,13.34k

## **Route followed is outlined in Red**

