

## **COSTA BLANCA MOUNTAINWALKERS - WALK DESCRIPTION**

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<b>Walk description originally prepared by:-</b>	Peter Greene and Jo Fletcher
<b>Last Updated</b>	9 <sup>th</sup> Apr 2015
<b>Title of Walk</b>	Extended Bernia circuit Anti-clockwise from Restaurante Sierra Bernia
<b>Location of Start (include name of nearest village/town at start of description)</b>	Restaurante Sierra Bernia car park on the CV749. Best approached from Jalon or Benissa.
<b>Key Statistics for walk - Distance in km</b>	13km
<b>Key Statistics for walk - Ascent in m</b>	600m
<b>Key Statistics for walk - Walking time and total completion time including any stops</b>	4hrs 5hrs
<b>Key Statistics for walk - Grade (using CBMW system)</b>	MS/B
<b>Grid reference of start point (if known)</b>	Lat:- 38.672142, Long -0.046039
<b>Directions to Start</b>	From Jalon, take the CV749 and at a T-jnc after km 11 where the road turns L continue ahead to pass a large building (Restaurante Sierra Bernia) on your LHS and park on rough ground just after this on the LHS. From Benissa follow the CV749 until after km 12 reach a T-jnc and turn L, pass the Restaurante Sierra Bernia and park on the LHS.
<b>Short walk description</b>	A circular route of the Bernia in an anti-clockwise direction. The walk is on tracks and good paths and visits a fort and several fonts. It takes in fantastic views in all directions as you circumnavigate the Bernia.
<b>Full Walk Description</b>	<b>Elapsed Walking Time/Distance so far</b>
From the parking area start by examining the information boards at the SW end of the parking area. From the information boards take the stony track in a SW direction which heads towards the W end of the Bernia. Follow the track up the hill which after a steady climb turns into a path.	27mins 1.7km
Continue to follow the path which shortly reaches the Col between Bernia and Severino.	41mins 2.5km
From the col the path then gentle contours around the hill for a short distance until you reach the fort.	46mins 2.8km
Take a few minutes to explore the fort which has a number of information boards to explain about the fort and the garrison that lived there.	
Follow the path from the fort in a SE direction heading slowly downhill. Shortly after starting down the path you will come to a path junction where you need to stay L (high) as the other track takes you down to Font del Fort. Keep on the path which undulates before you reach a small scree.	1hr 3.5km
Take a little care on the scree and follow the obvious path down through the scree.	
You will shortly reach a finger post (broken at the time of writing) and bear R and	1hr 4mins

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continue down the hill signed Font del Runar.	3.7km
You pass a further finger post (Font del Runar) and you see below an oblong flat roofed concrete building and a track. Keep zig zagging down until you reach the track.	1hr 11mins 3.9km
Join the track and continue down the hill passing a few buildings and a parking area. At the end of the buildings you will reach a road on your L. Turn L on the road.	1hr 15mins 4.2km
Follow the road which is now taking you in the direction of the East end of the Bernia. The track leads gentle down to a small parking and picnic area with a sheltered eating casita. A good place for a stop.	1hr 20mins 4.6km
From the picnic area head along the track which heads initially uphill on the left of the picnic area buildings in an E direction. The track undulates along the side of the Bernia with occasional Y/W markers until you reach the end of the track and a small turn around.	1hr 57mins 7.4km
Continue forward in the same direction and take the path marked Y/W soon ignoring the R turn at a junction which descends and instead continue ahead to some buildings and then turn left and start to climb up the hill. This is a steady climb until you break out of the trees. There is then a single fir with a faint arrow on it pointing R. There are Y/W markings. This is a sharp turn back on yourself but continuing up the hill. Follow the path R.	2hr 15mins 8.1km  2hr 20mins 8.4km
The path now takes you under a rock face and steadily round the corner to the end of the Bernia where there are B/W boundary markers. Stop and admire the views in all directions and have lunch.	2hr 38mins 9.2km
Drop over the N side of the Bernia following the path down. The path zig zags until it meets a track.	2hr 52mins 10km
On meeting the track turn L and follow the track in a NW direction along the side of the Bernia. The track eventually turns R and down the hill. You need to take the footpath straight ahead which has a post and a broken sign (at the time of writing).	3hr 20mins 11.6km
The path undulates along the side of the Bernia meeting a short section of track which dog legs R down the hill. Keep L on the footpath which is now gentle rising towards the Restaurante Sierra Bernia and the car park which should be seen in the distance. The path eventually reaches a building which you circumnavigate and join the track.	3hr 38mins 13km
Follow the track to Font de Bernia where the track become a road and follow the road back to the car park.	
<b>Walk Recommendations or restrictions</b>	

Map appears below.....



Route followed is outlined in Red

