

## COSTA BLANCA MOUNTAINWALKERS - WALK DESCRIPTION

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<b>Walk description originally prepared by:-</b>	Gordon Gleeson and David Harbach, CBMW, Jan 2015	
<b>Last Updated</b>	21 <sup>st</sup> November 2017	
<b>Title of Walk</b>	Vall de Laguar – Los Cuatro Pueblos (Extended)	
<b>Location of Start</b>	Fleix	
<b>Key Statistics for walk - Distance in km</b>	16	
<b>Key Statistics for walk - Ascent in m</b>	700	
<b>Key Statistics for walk - Walking time and total completion time including any stops</b>	3hrs26mins. 5hrs.	
<b>Key Statistics for walk - Grade (using CBMW system)</b>	S/A	
<b>Grid reference of start point (if known)</b>	Lat:- 38.777967, Long:- -0.110204	
	<p>From Sagra take the CV715 towards Orba. Before Orba turn R onto the CV 721, signed Fontilles that takes you to Fleix. Drive through the village and just before you leave turn L into a car park opposite the school.</p> <p>From Parcent take the CV715 towards Orba. This road by-passes Orba to the L and when you get to the island turn L onto CV718 signed La Vall de Laguar. This road then joins the CV 721 to Fleix and park as above</p>	
<b>Short walk description</b>	<p>A very pleasant walk that takes you to all 4 villages in the valley, namely: Fleix, Campell, Fontilles and Benimaurell. The extended section takes in the lower valley, a dam (Pres a D'Isber) and a tunnel (so bring along a torch). All on well-defined quite roads, tracks and paths through a mixed environment of agriculture and woodland.</p>	
<b>Full Walk Description</b>		<b>Elapsed Walking Time/Distance so far</b>
<p>Turn R out of car park onto main road and walk down the main road back the way you drove in. After about 150m turn R opposite Bar La Nouer and go straight on past Casa Rural Terranova, ignoring a road on your RHS. Walk down this Y/W marked road that winds steeply downhill to meet the main road in Campell. (7mins, 650m)</p> <p>Go straight on down the main road, L at the Church then L onto a path at the edge of the village, where the railings end on your LHS and signed "PR CV 181 Presa D'Isber 1.6km" (4mins, 0.35km)</p>		<p>7mins, 0.65km</p> <p>11mins, 1km</p>

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Continue down path. At km 1.41 the path widens and soon after joins a track. After 50m another track joins from the L. Turn onto this track. (8mins, 0.55km)	19mins, 1.55km
After 40m turn R onto a path then, after another 25m there is a T junction. Turn L signed "Presa D'Isber 1km" and down. Turn L onto another path. (3mins, 0.19km)	22mins, 1.74km
Path becomes a track after approx. 60m. Continue down to another track/road (buildings either side) and turn L signed "Presa D'Isber 600m" (3mins, 0.21km)	25mins, 1.95km
After 25m take a path to the LHS of a building, through an old railway tunnel and continue on path. Go R down a ramp into a barranco. (8mins, 0.65km)	33mins, 2.60km
(If you wish to visit the dam turn L and go a short distance up the barranco and back)	
Out the other side past a pumping station onto a concrete surfaced track. (2mins, 0.08km)	35mins, 2.68km
Continue on this track, over the barranco twice and the concrete surface ends (km 3.28). Continue past a corral on your LHS. At km 4.0 the track becomes a tarmac surfaced road. Press on to where a road and track joins from the R. (21mins, 1.89km)	56mins, 4.57km
Turn sharp R here onto the track that takes you back in the direction you came with the barranco on your LHS. After about 170m swing L where an information board is and proceed over the barranco. Go up the other side and after 40m turn R, then L after another 50m. After a further 40m the track swings to the R but you take the Mozarabic path that goes straight on up to a track where you turn R. (7mins, 0.48km)	1hr3min, 5.05km
After 30m go straight over a road and up a path on the other side. Bear R to run parallel with a main road for a short distance then join the road. Go R up this road to a LH bend and go R onto a track up to a small circular building with a domed roof. (2mins, 0.19km)	1hr5min, 5.24km
Turn L just before this building up a path. Do not join the road but continue on the path up to a fork of tracks. (concrete surfaced to the L) (4mins, 0.36km)	1hr9min,5.60km
Go R onto the unsurfaced track which soon starts descends. Ignore a track that joins from your RHS after 130m and another 20m further on (concrete surfaced) going up on your LHS. Continue going down and after a short stretch that is concrete covered the track fattens out and becomes a path. (3mins, 0.29km)	1hr12min,5.89km
Keep going straight onto this path through an orchard and up and on until it joins a more substantial path. (5mins, 0.41km)	1hr17min,6.30km
Go L onto this path and up to where a path joins from your RHS. (4mins, 0.19km)	1hr21min,6.49km
Ignore this path and go straight on signed "Fontilles 600m".Soon you pass a Font on your R and a house on your L. Continue up, now a concrete surfaced track to the main road. (5mins, 0.33km)	1hr26min,6.82km
Go L onto main road and after 30m turn R onto a path marked Y/W. Follow this path that zig zags down to a barranco and back up the other side to a road. (The path on the other side of the road is the one you'll be taking later)(11mins, 0.66km)	1hr37min,7.48km
Turn L and down through the entrance barrier to Fontilles. The first building on your LHS is the visitors centre and well worth a visit. Continue down, past the W.C on LHS, L at road junction, past the bar on the LHS and down to a square with trees and a statue. (7mins, 0.61km).	1hr44min,8.09km

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<p>Go spot this for a good look around</p>	
<p>Return back the way you came until you meet a Y/W marked path on the L, referred to earlier (11mins, 0.69km)</p>	1hr55min,8.78km
<p>Take this path that zig zags through the trees up to a road. (4mins, 0.21km)</p>	1hr59min,8.99km
<p>Turn L past the little domed music house immediately on the LHS and after 100m turn R onto a track. Proceed up this track to where a path joins from the L. (4mins, 0.27km)</p>	2hr3min,9.26km
<p>Take this path up through the trees, L at a fork (km 4.50) to a road and turn R. (8mins, 0.58km)</p>	2hr11min,9.84km
<p>Proceed down this road, past Font Del Gel (Hielo on map) (ignore path going up here), L at fork and immediately L up path signed "Cavall Verd 1.9km". (4mins, 0.35km)</p>	2hr15min,10.19k
<p>Follow this as it crosses the bed of a barranco and turns R more steeply uphill to where it levels, be sure to pick out the R turn at a junction where a footpath continues ahead with a Y/W cross. Arrive at a junction with a track and turn L for 2m and then immediately R uphill to arrive at a road. (6mins, 0.37km)</p>	2hr21min,10.56k
<p>Go L then, after a few metres, take the RH fork going up. Stay on this road, past "Casa de los Pinos" on the RHS and take the road to the R at the fork. Continue to where a path joins on your RHS at the start of a bend. (9mins, 0.59)km</p>	2hr30min,11.15k
<p>Turn R onto this path, cross a country road and on to another road. (3mins,0.15km)</p>	2hr33min,11.30k
<p>Turn R onto this road signed "Benimaurell 2.2km". Ignore road that joins after 80m on your RHS, pass a modern stone house on your RHS and "Font Del Penyo" on your LHS (km 6.73). Continue past a road that joins on your LHS and 60m later turn L onto a track (ignore Y/W cross) (10mins, 0.77km)</p>	2hr43min,12.07k
<p>Continue up this track and go L and up at a fork (km7.37) and again (km 7.94) pass several terraces on your RHS and a few metres after passing a notice board on your LHS bear R keeping a stone wall on your LHS (red spot on wall) Continue to the end of this orchard and go R onto a path. Go down this path that zig zags down, past a small house on your RHS, through the trees and on. You're now heading for Benimaurell. The path joins a track which you follow in the same direction on to a concrete covered track where you go R. (20mins, 1.69km)</p>	3hr3min,13.76km
<p>Continue down to Benimaurell. Go L at edge of village, road swings R after a short distance, go over cross roads, R at T junction and L through Church square. Leave this small square by the RH corner (Carrer De L'aguila) down to a T junction. (4mins, 0.36km)</p>	3hr7min,14.12km
<p>Turn R then after about 50m go L down past a building named "Alberg". Continue on this concrete covered track/road past a Font, picnic area and Lavadora on your RHS as you leave Benimaurell. Press on to Fleix. Not far from Fleix you pass Font Grossa and another Lavadora and continue on to the main road. Turn L here then R into the car park. (Remember the Bar is only 150m further on!!) (19mins, 1.82km)</p>	3hr26min,15.94k m
<b>Walk Recommendations or restrictions</b>	None

Route followed is outlined in Red

