

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

Visit www.walksinSpain.org for more walks descriptions in Spain

Walk description originally prepared by:-	Ralph Phipps
Last Updated	18 th April 2015
Title of Walk	Teide from Sea to Summit - Vilaflor to the Parador – via Paisaje Lunar.
Location of Start (include name of nearest village/town at start of description)	Vilaflor, Main car park near top of the town
Key Statistics for walk - Distance in km	17
Key Statistics for walk - Ascent in m	1270
Key Statistics for walk - Walking time and total completion time including any stops	5hr 7hr
Key Statistics for walk - Grade (using CBMW system)	VS/B
Grid reference of start point (if known)	Lat:- 28.160537, Long: -16.636952
Directions to Start	Take the TF21 road from Los Cristianos on the coast – signed to Teide and keep going until you reach the outskirts of Vilaflor. Pass the early parts of the village and turn R at snack bar La Paz. Drop down the hill about 300m to find a large car park on the RHS with a walled surround.
Short walk description	A lovely walk taking in some of the best of Tenerife's scenery with views to the summit and sea and an interesting "lunar landscape".
Full Walk Description	Elapsed Walking Time/Distance so far
Come out of the car park and walk down the cobbled hill with a series of plazas on your RHS.	
Walk down past the restaurant Casa Pana (on LHS) and at the next junction on the LHS with a finger post turn L.	330m, 6min
Drop down a few metres and go L at a fork and then turn L again steeply uphill for a few metres before turning R across a cobbled lane directly in front of a white house with a finger-post and markers.	470m, 8min
Follow this briefly before dropping down on a footpath on the RHS towards a barranco.	
Cross a track at the bottom of the barranco and continue ahead up the cobbled footpath	

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

with R/W/Y markers. Quickly reach a second barranco and turn L up this for a few metres before finding a footpath on the RHS steeply uphill which we take through a walled stile.	720m, 14min
After plodding up here for a while reach a fork just after marked waypoints 3 and 11 and keep L.	
As a small casita comes into view with some concrete walls around terraces take care to cross the water pipe and continue ahead to the RHS of the casita.	2km, 50min
Pass the casita and at the top of a small rise leave the wider track through a walled gap to the R with R/W markers and descend on a footpath which continues to improve as we descend in zig-zags towards a barranco.	
Cross the barranco and start to ascend again.	2.53km, 1hr
Reach a track where we turn R for a few metres before turning L again to continue ahead up some stone steps. Both junctions have finger posts.	2.9km, 1hr 8min
Reach a fork in the footpath where both finger posts point to Paisaje Lunar. We turn R to avoid unnecessary climb later on and follow the Y/W markers towards Escurriales.	3.2km, 1hr 14min
This path rises and falls a few times meeting and crossing a parallel track and then eventually wanders beside a high wall on the RHS for a while.	
At the end of this there are 2 junctions. We ignore the first to the R, but take the second to the L.	5.3km, 1hr 44min
Eventually you reach a mirador with views out across the white columns with harder stone caps which represent the Paisaje Lunar. There is a small round seating area around a tree and railings to prevent you falling into the barranco!	
Continue up the Y/W route taking care to double back onto the ridge a little way up to find a second view point with explanation boards.	7.1km, 2hr 12min
After taking your photos continue steeply uphill to reach a junction with the GR131 where we turn R.	7.7km, 2hr 26min
Quite quickly we reach the open flanks of the Barranco de las Arenas (sands) with its dramatic rock scenery and contrasting colours and we drop into and cross this before rising across the flank to the R.	
At a junction we turn L up an open footpath with rock boundary markers on each side.	8.9km, 2hr 49mn
Walk up this remarkably straight path struggling to get your breath in the thinning air to reach a barranco crossing.	9.6km, 3hr 5min
Now follow the path uphill as it zig-zags up steeply before finding a more level stretch to give you a rest.	
Eventually you cross the 2400m barrier and then work more level around to the R above the dramatic Barranco del Rio on your RHS before reaching the col at Degollada de Guajara.	11.9km, 3hr 54min
There are several information boards here and the summit of Gujara looms above and to our L.	

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

We, however, turn briefly R before finding a descending footpath on our LHS which we take to start a steeper and more stony route than our ascent.

Follow this down interminably with a clear track down below you and eventually you join this at a finger post and turn L towards the Parador.

Follow this track past some incredible rock formations and around many wandering bends (NB – the gps route takes a short across a rocky descent short cut to eliminate one of the bigger loops) before dropping down to pass a small building and then find a footpath leading off on the RHS.

Take this as it leads you directly to the Parador and the adjacent public bar and car park.

A very limited number of buses leave here each day to return to the southern coast.

13km, 4hr 15min

15.5km, 4hr
50min

Walk Recommendations or restrictions

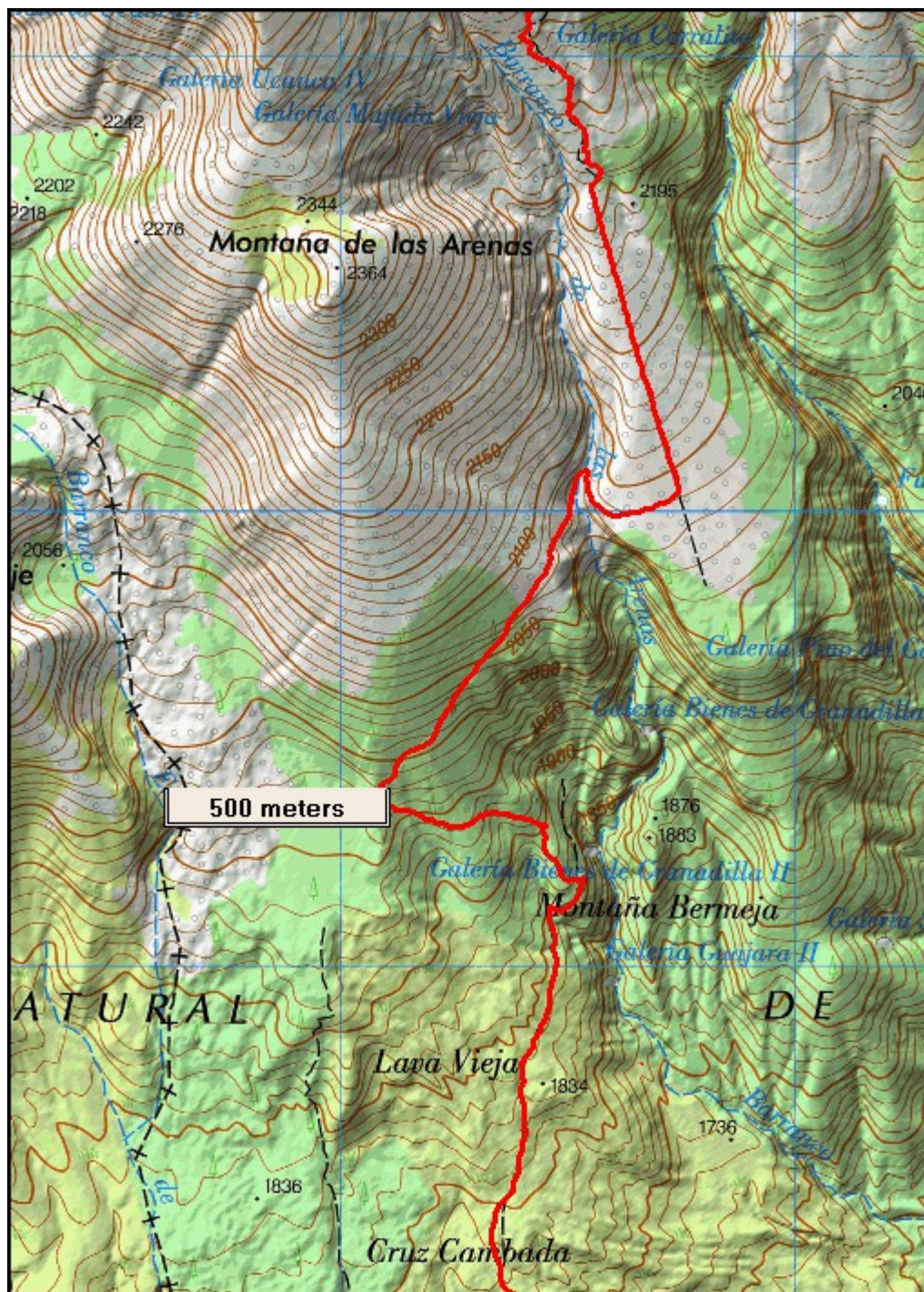
A very limited number of buses leave the Parador each day to return to the southern coast.

See map below.....

Route followed is outlined in Red – Stage 1 – work from bottom to top



Route followed is outlined in Red – Stage 2 – work from bottom to top



Route followed is outlined in Red – Stage 3 – work from bottom to top

