<b>COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION</b>			
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Walk description originally prepared by:-	Ralph Phipps		
Last Updated	20 <sup>th</sup> Sep 2015		
Title of Walk	GR11 – Day 16. Refugio Respomuso to Banos de Panticosa		
Location of Start (include name of nearest village/town at start of description)	Refugio Respomuso.		
Key Statistics for walk - Distance in km	13		
Key Statistics for walk - Ascent in m	1130 (descent 1530)		
Key Statistics for walk - Walking time and total completion time including any stops	4.75 6.5		
Key Statistics for walk - Grade (using CBMW system)	VS/C/X		
Grid reference of start point (if known)	Lat:- 42.817099,Long: -0.287	770	
Directions to Start	The Refugio Respomuso is in a remote location that can only be reached by a prior walk from Sallent de Gallego. Part of the GR11 long distance walk.		
Short walk description	A walk across a high Pyrenean ridge reaching almost 2800m. Far reaching views and fantastic but demanding scenery.		
Full Walk Description		Elapsed Walking Time/Distance so far	
Exit the front door of the Refugio and walk along to Follow the tricky and undulating path until it finally or reservoir.			
Cross the river to find the R/W markers and continue ahead uphill to join the older GR 11 path which did not visit the refugio.		1.1km, 24min	
Turn L along this for about 100m and then turn R ag beside a stream.	gain up hill on an indistinct path		
Drop a little to cross a stream and continue ahead uphill.		1.8km, 37min	
Crest a small col to see a small lake below you – the Ibon de Lllena Cantal.		2.8km, 1hr 1min	
After a considerable slog uphill crest a grassy platea Ibon de Tebarray, surrounded by high mountains. Y			

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conitinuing route up the LHS of a black slag ridge of	a mountain – Garmon Blanco.		
Follow the path up until there seems nowhere else t markers up a scree filled gully to soon reach a col. (		4.3km, 1hr 37min	
Descend on the far side (slightly easier than the asc across to the L and a second col – Cuello de Infierno Picos del Infierno which are not on our itinerary.		4.8km, 1hr	
Instead follow the path down through rocky ground		46min	
lake – Ibon Azul Superior (Higher Blue Lake!!) – on your RHS and then rise to the R over a small bluff to descend steeply with a second lake on your RHS – Ibon Azul Inferior. (you can guess!)		7km, 2hr 33min	
The going improves as you drop towards a still bigger lake – Embalse de Bachimana- and at a plateau with a dilapidated finger post you turn R, cross the river and follow the rising path on the SW side of the lake.		8.1km, 2hr 54min	
This undulates significantly until you round a headland to get your first sighting of the Refugio de Bachamana.		9.5km, 3hr 21min	
When you reach a junction just beyond the dam wal Refugio, but our path continues to the R to descend regular views and some pic-nic spots alongside the r	2111111		
There are many undulations along this path as it find to descend through dramatic rocky scenery but find views down to the small village and its luxury hotels			
At a junction keep R with feint markings and a finger-post about 50m below you			
on the LHS and soon arrive at the Refugio Casa Piedra above a large car park slightly to the R		12.5km, 4hr 25min	
Walk Recommendations or restrictions	Linear walk. There is a road to Banc you can exit from here if you have tr scramble to the Collado de Piedrafita of exposure! Risk of snow in the early summer.	ansport. The	

## Route followed is outlined in Red – parts 1 and 2 below



