COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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Walk description originally prepared by:-	Ralph Phipps
Last Updated	23rd Sep 2015
Title of Walk	GR11 – Day 21. Parzan to Refugio Biados
Location of Start (include name of nearest village/town at start of description)	Bielsa Parzan village just to the N of Bielsa.
Key Statistics for walk - Distance in km	22
Key Statistics for walk - Ascent in m	1210
Key Statistics for walk - Walking time and total completion time including any stops	5.25 6.75
Key Statistics for walk - Grade (using CBMW system)	VS/B
Grid reference of start point (if known)	Lat: 42.659732,Long 0.209124
Directions to Start	From northern Spain, E of both Jaca and Sabinanigo take the A138 north to find Bielsa village. Continue N towards the French border and after only a couple of Km reach Hostal La Fuen on the LHS almost opposite a petrol station.
Short walk description	A long track walk precedes some more rugged mountain scenery later in the day.

Full Walk Description	Elapsed Walking Time/Distance so far
From Hostal La Fuen on the main road below the village you can walk back up through the village to re-join the "official" footpath if you wish. But there is nothing really to commend it and you are as well just walking N on the main road until you see a brown tourist sign to Lago de Urdiceto where you turn R down a track.	1.3km, 12min
Cross a bridge and ascend steadily. Ignore the first track going directly ahead and double back on the "main" track.	
Continue ahead for 7.5km to reach a sign that says Central de Urdiceta (hydro electric scheme) continue ahead on the concrete track to reach the chain across and here turn L up a rougher track/footpath.	8.8km, 1hr 43min
This soon arrives at a point overlooking both the buildings and the dam and then re-joins the original gravel track.	
Continue ahead until you reach track bend doubling back to the L where a footpath	

continues directly ahead. Take this.	10.5km, 2hr 11min
Follow this ahead for a while before zig-zag up to the Collado de Urdiceto (aka Paso de los Caballos) at about 2300m where you re-join the track. (Ignore a L turn on the way signed to the GRT39)	11.5km, 2hr 33min
Follow the track around to the L (there is a parallel footpath just below you of no great benefit) until you reach a small bothy.	
Drop down hill a little before rising to the L to crest a small spur. Continue ahead through ground showing evidence of prior mining activity with views of the mountain of Posets in front of you.	13.2km, 2hr 59min
A little way ahead look out for a path down L where a path ahead is marked with a R/W cross.	
Walk down a steep section where the path and stream bed appear to coincide and swing around to the R parallel to the main valley floor.	
Soon cross a small bridge on the L and keep L to find the continuing path through swampy terrain.	14.6km, 3hr 33min
Eventually walk into open pasture with a tin roofed barn (Cabana de Sellena) in front and join a grassy track.	15.7km, 3hr 40min
Drop down on this and at the first bend to the R look out for a footpath going steeply down to the L.	
Re-join the track and continue ahead soon rising in zig-zags to crest a small col. (Las Colladas)	16.6km, 3hr 55min
Descend ahead and reach a finger post with GR11 indicated to the R across grassland and follow this cutting corners across the main track several times.	
Cross through a tight fenced squeeze beside a locked gate and ignore a Y/W below on the RHS.	
Reach a track and turn L.	17.7km, 4hr 12min
Rise a little past a house before descending steadily for several kilometers to the valley floor where you meet a track and turn L uphill.	19.5km, 4hr 34min
When you reach a camping area with public parking there is a fingerpost telling you that Biados is 25min and a path a few metres after this up to the L and you take this path going steeply uphill.	20.8km, 4hr 50min
Reach a track and cross this twice to continue ahead on the footpath and arrive at the anonymous Refugio de Biados – the next building you see!	
Walk Recommendations or restrictions	None

Route followed is outlined in Red

Pico de Urdiceto o
de las Tres Huegas
Montarruegos d'Alto
Montarruegos d'Alto
Tabernés
Refugio de Tabernés
Gradiello
Picaruela
Plan de Tabernés
Pleta de las Vacas
La Basa
Collado del Montó
La Solana
Montarruegos d'Abaixo
Pacín de Tabernés
Cabaña el Sarrau
El Cau
Montarruegos d'Abaixo
GR-11
Los Formigones
Pico del Montó
El Camallón
Cabaña de Sallena
Es Cubridors
Campting el Forcallo
Ermita de la Virgen Blanca
Cabana Formigons
Refugio de Viadós
Cabana dels Cubridors
Palas del Montó
Campamento de
la Virgen Blanca
Borda de
Forcallo
Los Güertos
Las Colladas
Es Plans
Las Masaderas
Las Masaderas
Plan de Carlistas
1000 meters
Plans de San Chuan
Ibón de Sallena
Es Huertos
Punta Falangons
La Sargueta
GR-11
Bordas de Lisiert
Tozal de Castellazo
Tozal del Misal
Paso de los Caballos
La Costera
La Costera
Viciele
Cinqueta
Hospital de Gistain
Puente Potras
Puente de l'Hospital
GR-19
Solana Pixón