

COSTA BLANCA MOUNTAINWALKERS - WALK DESCRIPTION

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Walk description originally prepared by:-	John E Mail	
Last Updated	March 2016	
Title of Walk	Serra del Frare	
Location of Start (include name of nearest village/town at start of description)	Biar	
Key Statistics for walk - Distance in km	12km	
Key Statistics for walk - Ascent in m	700 m	
Key Statistics for walk - Walking time and total completion time including any stops	4.5 hours	
Key Statistics for walk - Grade (using CBMW system)	S/B	
Grid reference of start point (if known)	Lat: 38.619, Long -0.762	
Directions to Start	On entering Biar from Ibi on CV 799 the road turns sharply left then goes downhill passing the centres of commerce. At the bottom the road turns sharply right. Turn left here (there is a sign for "La Corona" restaurant and supermarket Hiperber on the corner) Follow the road (Calle Navarra) until the asphalt stops and park on the levelled ground on the right	
Short walk description	A circular walk following PRCV 155 on well marked, defined paths and forestry tracks. The route follows two high ridges and offers stunning scenery. Some of the inclines are steep and stoney	
Full Walk Description	Elapsed Walking Time/Distance so far	
Leave the car park and follow the forest track uphill		
At junction of tracks take the right hand fork "Serra de Frare" Itinario Botanic pass by old ruin and stay on "itinario Botanico"		7 min, 0.7 km
At junction Ignore track to left and keep straight ahead on itinario botanico		26 min, 1.8 km
At signpost keep right and upwards but enjoy stunning views to the left down towards the coast		36 min, 2.30km

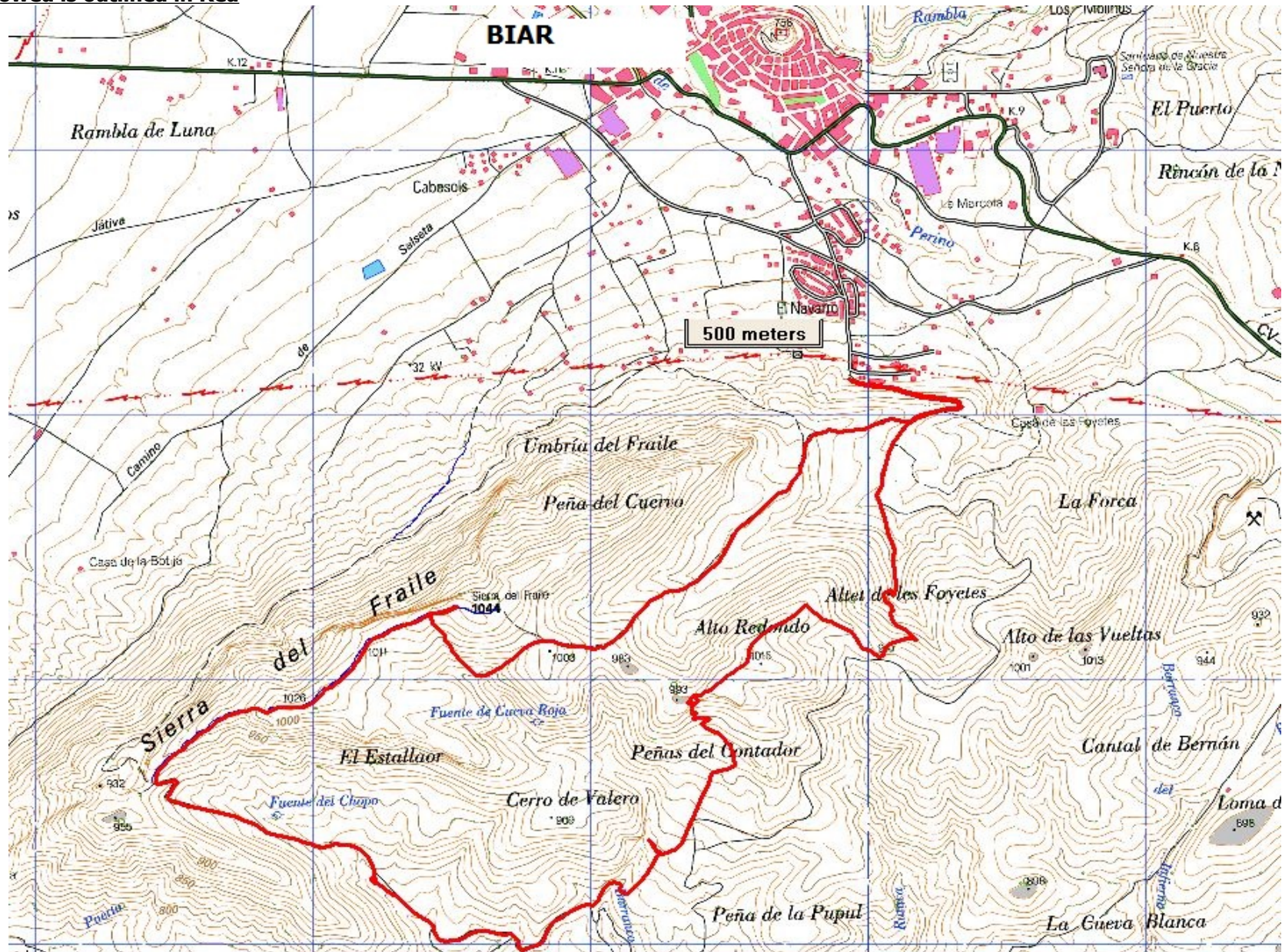
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Take path to left, leaving broad track marked with yellow & white markers. This path drops quite steeply down into a valley to your left.	41 min, 2.61 km
Reach fuente where there is a path junction and signpost. Take right hand path uphill (signposted to Remolcador)	47 min, 2.91 km
reach ridge for stunning views to the North West. At the ridge you can optionally visit the trig point to your right for views over Biar before returning and then continuing down the ridge westwards.	55 min, 3.37 km
After walking along the ridge you will descend to meet a broad forestry track which is concreted for a short section. Turn left & follow this track downhill towards font destallador.	1hr 23, 4.9 km
Reach small fuente where you can deviate off the main track for a short distance to look at the earthworks.	1hr 38, 5.96 km
At junction stay on marked track towards Senda de Cueva Roca	1hr 47, 6.54 km
At junction ignore track to right and keep straight ahead up hill	1hr 51, 6.88km
Take rutted broad track to left. This track reduces to a path	1hr 56, 7.28km
Ignore path to left at Cairn and go uphill following main path	2hr, 7.43 km
Take left path to Cueva Roca. This short option takes you to a stunning rock formation.	2hr 05, 7.77 km
After viewing retrace your steps back to the signpost and continue on PCV 155	2hr 10, 8.05 km
There is an old ruin built around a rock to your right. Ignore the track to your right, turn left and stay on the main path.	2hr 18, 8.48 km
After zig-zagging your way up a ridge you will reach a signpost at a path cross roads. You should turn right and follow the path along the ridge towards "Alt de Voltes". You might first want to visit the area to the south west first where there are good views over the valley and you might need a water stop after all that climbing	2hr 29, 9.06 km
After a fine walk along the ridge the path turns right and drops down to a path crossroads where you turn left towards Foietes	2hr 47, 10.16 km
Follow the path down the left hand bank of a steep sided valley until you meet a broad track and turn left.	3hr 2, 11.06 km
At junction with track we came up on, turn right and follow this track back to the carpark	3hr 6, 11.4 km
Reach the carpark	3hr 15, 12.1 km
Walk Recommendations or restrictions	None. When walked in March 2016 none of the springs (fuentes) had running water so make sure you carry enough water for the whole route.

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Route followed is outlined in Red



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