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Walk description originally prepared by:-	Jean & Bob Hall hallbobandjean@	aol.com	
Last Updated	1 st December 2011		
Title of Walk	Pinos Marnes Barranco del Baron Sella de Cau Circuit		
Location of Start (include name of nearest village/town at start of description)	Jalon, Pinos Remote location on CV749 above the hamlet of Pinos.		
Key Statistics for walk - Distance in km	11.8		
Key Statistics for walk - Ascent in m	544	544	
Key Statistics for walk - Walking time and total completion time including any stops	3.5hr 4.5hr		
Key Statistics for walk - Grade (using CBMW system)	M/A		
Grid reference of start point (if known)			
Directions to Start	From Calpe take the N332 towards Benissa. Before reaching Benissa , 750 meters after the KM 175 post, turn L , signposted Jalon, (CV750). In 100 meters again take the LH road signposted Pinos, (CV749). Drive 8 km to Pinos Restaurant on your RHS . From the 19 km post in Pinos drive 700meters to a bridge. Cross the bridge and immediately turn R onto surfaced road and park (Walk ends here).		
Short walk description	Walk through a barranco to Refugio Marnes and then onto the impressive Barranco Del Baron which ends at an old well and ruin. This is followed by an ascent, flat path and steep climb up to the saddle below the Cau. Long path back with excellent views. Small section near the end off piste.		
Full Walk Description		Elapsed Walking Time/Distance so far	
Walk up road to bend and find a cairn L which mark (5min 0.3km)	s the start of the path A.	5min 0.3km	
Take this mule path heading NNW to the bottom of streambed a short distance before it zigzags up and streambed heading N . The path crosses the stream and curves around right to zigzag up to the restored (A must stop to admire mules). (18min 1.1km From the casa a track goes R and you walk along the	then runs parallel to the bed to the same side as a casa d casa of the "Refugio Marnes" B .	23min 1.4km	

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red arrow on your **LHS** marking a steep path up, passing an ancient era (wheat thrashing field) on your **L**, to arrive at a track **C**. (3min 0.1km) 26min 1.5km Turn **R** along the track and pass a restored casa on your **RHS**. Look for a cairn with white arrow and red dot on your **LHS** marking a path up **L D**. (6min 0.5km) 32min 2.0km Take this path up L, which curves R to reach a cairn at a junction with a path going up L E. (6min .4km) 38min 2.4km 40min 2.5km Take this path L to reach cairn on **RHS** marking path off **R** F. (2min .1km) 1h 9min 4.1km Take this path **R** to its end at ruin and faint track **G**. (**29min 1.6km**) Walk down track to T junction. Turn **R** and walk to end at ruin **H**. (**5min .3km**) 1h 14min 4.4km **READ NEXT PARAGRAPH CAREFULLY - PATHFINDING ABILITIES** REQUIRED. At **RHS** of ruin find a vague path going down through bancales to reach the bottom of a small barranco. The path veers L. It is very overgrown. After a short distance it seems to end on top of a stone wall. Turn **R** and walk along on top of this wall. Now look for blue dots to guide you. Look carefully for these blue dots and follow them until you see a path on **LHS** going steeply uphill. Take this path and follow small cairns keeping close to the barranco on your RHS. (When in doubt head R) Path will eventually head down passing a ruin on your LHS to the head of the barranco. Follow the now clear path up and through bancales to reach a grassy track **J**. (**38min** 1.5km) 1h 52min 5.9km Turn **R** along the track ignoring 2 tracks **L** to meet a tarmac surfaced road **K**. (9min .8km) 2h 1min 6.7km Turn L down this road to valley bottom and then up to pass a well then a house on your **RHS** to reach an unpaved track going sharp **R** marked by an inconspicuous blue dot M. (17min 1.3km). 2h 18min 8.0km Take this track sharp **R** for 250 meters to a cairn indicating a path off **L N. (4min** 2h 22min 8.3km 0.3km). Take this rather steep path up to saddle between Cau to the **NE** and Tossal del Navarro to the **SW**. Here is a level area with almond trees and a semi ruined finca **P**. (7min 0.4km) 2h 29min 8.7km From the finca go R, (SW) up the track, (with chain across), which bears to the R and up to meet another track at a T junction \mathbb{R} . (10min 0.6km) 2h 39min 9.3km Turn L and walk initially in a southerly direction. Pass a small ruin on your R and another on your L to reach end of a concrete road with a 'NO ENTRY' sign on your L S. (3 min .3km) 2h 42min 9.6km Find a path just after the "NO ENTRY" sign. Take this path heading **SW** down to a small saddle with a cairn marking a path joining from your R. Carry straight on in a **SW** direction to reach a fork where the path divides **T**. **(19 min 1km)** 3h 1min 10.6km Ignore the **LH** path and continue along the path going straight on. After about **10mins** you will arrive at a point where the land drops off steeply (cliff). Turn R there is no real path. Look for cairns which will lead you down the slope towards the

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road and a little square stone building that can be seen just ahead. The way down is steep but soon the path becomes much clearer. Arrive at the CV749 . (23min 1.1km)

3h 24min 11.7km

Turn **R** cross over the bridge and back to your car (2min 0.1km)

3h 26min 11.8km

Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain @ Instituto Geográfico Nacional

Walk Recommendations or restrictions None

see map below.....

