

Gudarrama

Outline routes from Cercadilla to N of Madrid

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Description	Stats	Notes
<p>Possible accommodation Hostal Aribel (aka Longinos) Emilio Serrano, 41 Cercedilla, Tel:- 918 521511 (www.hostalaribel.com) Right next to the railway station in Cercedilla Lat./Long. 40.737844,-4.066315</p> <p>WALKS</p>		<p>Right next to railway station</p>
<p><u>Pena del Aguila</u> Drive to Las Dehesas (5 mins) Walk up the Fuenfria valley to Puerto de la Fuenfria via a Roman Road. Continue along forest trails and then over <u>Pena del Aguila</u> (2026m) Back to forest road and one of several descent options back to cars. (possibility to walk back to hotel) <i>Generally good paths with some options.</i></p>	<p>Ascent, min – 300m; max – 700m 12-15km 5-6 hours</p>	
<p><u>Los Siete Picos</u> Train from station at 0935 to Puerto de Navacerrado. Walk with optional simple scrambles over <u>Los Siete Picos</u> incl. the isolated first peak (optional) and return over a col and along Camino Schmid (easy route) Classic day in amongst rocky terrain with grand views. Train to return <i>Route finding skills needed.</i></p>	<p>Ascent – 350m 10-12km 5-6 hours</p>	<p>Need time to buy return tickets that morning or preferably the day before. 24 min journey up mountain with spectacular views.</p>
<p>Optional non-walking tours include:- El Escorial Franco's tomb (worth a view if you haven't seen it before, despite the history – dramatic place) Madrid</p>		
<p>Drive through village and follow signs to Navacerrada. Turn L onto M614. Shortly join M607 towards Cerceda. Take m608 towards Manzanares. Turn L following signs to Pedriza park. Follow road to end and car parking. _ <u>El Yelmo</u> Park at Canto Cochino Walk along through meadows, up and over cols and around the dramatic rock feature of El Yelmo. Option to scramble up to top. Steep descent to cross river and return to cars. <i>Some difficult terrain with route finding skills needed.</i></p>	<p>Ascent – 650m 8-10km 6-6.5 hours</p>	<p>20 min drive to La Pedriza, an extraordinary rock landscape.</p>
<p><u>Penalara</u> (2430m – highest in the region) Train from station at 0935 to Los Cotos. Good and easily ascending tracks over the bare slopes of the highest in the region. Spectacular views!. Descend along the flanks of the ridge and steeply down to a series of mountain lakes through which we thread to return to our start point. Train to return. <i>Easy paths with fantastic views. Over 200m high.</i></p>	<p>Ascent – 600m 15km 6-6.5hours</p>	<p>Need time to buy return tickets that morning or preferably the day before. 41 min journey up mountain with spectacular views.</p>

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DESCENT FROM HEAVEN Train from Station at 0935 to Puerto de Navacerrado. For a short distance retrace our steps towards Siete Picos, but then turn off L through forestry to barranco. Cross and shortly emerge on ridge to viewing platform and unusual boulders! Delightful descent directly back to Hotel. <i>Going underfoot difficult from ridge across barranco. After reaching platform going is easy.</i>	Ascent – 100m Descent- 650m 14km 5 hours	Need time to buy single tickets that morning or preferably the day before. 24 min journey up mountain with spectacular views.
LA MALICIOSA BAJA Park at Canto Cohino – see El Yelmo above. Walk back along the valley and turn up a series of ridges to emerge on the Maliciosa ridge at Collado Porron. Return using different route to the bar at Canto. <i>Hard and steep.</i>	Ascent 850m 13km 6.5 hours	20 minute drive

Other:-

There are several shops in the village, but these are about 20 mins walking from the hotel, so you will need to plan ahead! All days will need a packed lunch.

The hotel has quite a nice bar. There are many pleasant bars in the village, but again they require a walk.

2 sources of info about the area (in Spanish) are:-

<http://www.turismocercadilla.es/> (primarily about the town)

<http://www.sierragudarramamanzanares.org/municipios/municipio.php?mun=CER>
(primarily about the mountains and park area)

Things to do for none walkers:-

Take the mountain train to Los Cotos (the top). On return stop off at Navacerrada and walk gently up to the col – lots of cafes, shops etc (some will be open, but it is a skiing resort)

Trips to the local villages, many of which are very up market and have expensive restaurants. V busy at w/e's

The Fuenfria valley is within easy strolling distance from the hotel. To reach the upper valley it is best to drive to Las Dehesas (a few minutes). There is a visitor centre here.

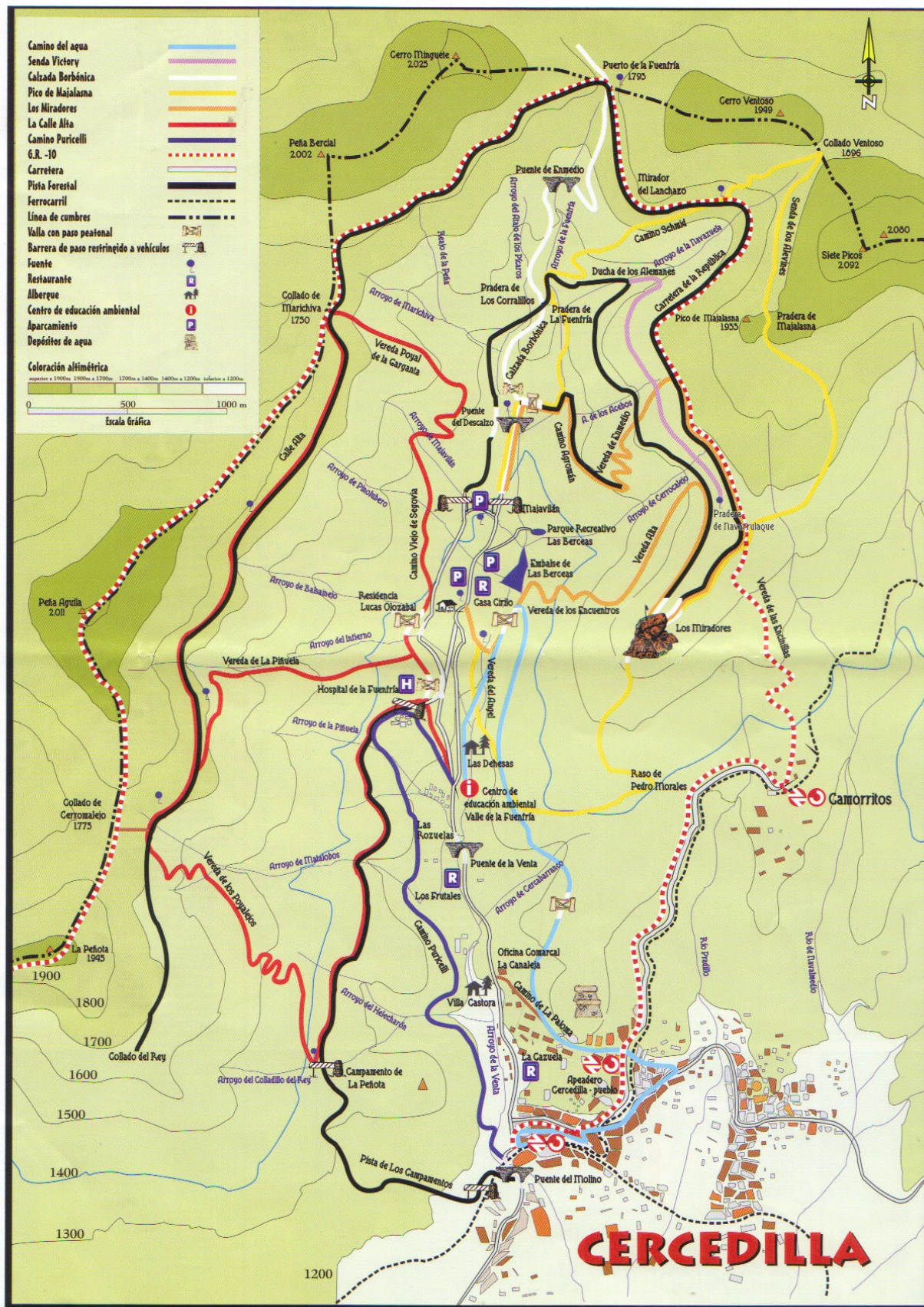
Drive over the Navacerrada pass to San Ildefonso Royal Palace – C.15th
Visit Segovia.

Maps showing some routes are appended below:-

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Routes from Dehesa just to the North of Cercedilla



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Route close to Navacerrada

