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Walk description originally prepared by:-	Ralph Phipps	
Last Updated	7 th October 2017	
Title of Walk	Bajo lo Picos from Mongrovejo	
Location of Start (include name of nearest village/town at start of description)	Village of Mogrovejo car park at the far end of the village when approcahing from Potes	
Key Statistics for walk - Distance in km	9	
Key Statistics for walk - Ascent in m	440	
Key Statistics for walk - Walking time and total completion time including any stops	2.5hr 3.5hr	
Key Statistics for walk - Grade (using CBMW system)	MS/A	
Grid reference of start point (if known)	Lat: 43.147721, Long: -4.708735	
Directions to Start	From Potes – one of the major villages in the Picos de Europa – take the CA185 for just over 9km towards Fuente De and look out for a R turn towards Mongrovejo. When you arrive at the village follow the "P" signs to the far end of the village and the ample parking space. (space for 20+ cars)	
Short walk description	A walk on the flanks of the Eastern massif of the Pico de Europa through deciduous woodland with panoramic views above and out towards the far reaches of the Cordillera Cantabrica.	
Full Walk Description		Elapsed Walking Time/Distance
From the car park walk back towards the village an at a finger post (Bajo los Picos and PR-PNPE22) and the RHS of the obvious tower. (No access discovery The concrete lane continues to a picnic area with a	d follow this steeply up to curl around ed!)	so far 550m, 7min
and then turns to a gravel track. 50M after the concrete returns there is a fork with a finger post where we turn R still going steeply uphill.		770m, 11min
A little way further the PR and our route split at a finger post where we take the R fork. (signed Ruta Bajo Picos and Tanarrio).		1.1km, 16min

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION Walk through pastures and soon after re-entering woodland on a small spur there is a junction with a track going more steeply up to the L which we ignore. 1.4km, 21min A few hundred metres further at a fork keep L uphill and then ignore side tracks going into fields and follow the main track still rising steadily. Cross a small stream and at a fork turn R slightly downhill just in front of a stone cottage under restoration and called "El Invernale". 2.6km, 40min Shortly a track joins you from the RHS and you are now walking with metal fence on vour RHS. Soon there is a fork at a finger post where we go L and briefly steeply uphill and then R at the next fork where the L track goes to some gates. 3.4km, 52.5min Descend steeply for a while till you pass a gate with a Y/W marker and continue ahead now on a footpath. Cross a stream with a finger post and then climb a little to find the path opening out to track size once more. Cross a stream in a semi open area with wild views up to the L and into the heart of the mountains and here turn R descending on a grassy path. 4.3km, 1hr 7min Pass a gate just after which a track joins you from the L and turn R descending at a finger post to find a fence now on your RHS and soon pass the first of several troughs. Ignore the uphill track on the L and quickly pass a second trough. Pass a large gated and arched house entrance on your LHS and soon a third trough as you continue to descend. At the outskirts of the village of Tanarrio where you turn R at the first junction.......... 6.8km, 1hr 45min and then swiftly L at a concrete electricity pole and R at the next one at a junction. Zig-zag down with Y/W markers to pass Casa Ave Maria and join a very steep and narrow concrete track descending past a plague on the wall to the Virgen de la Salud. Reach the tarmac road and turn R passing an Ermita and a walled animal pen and turn L down a concrete track once more to once more meet the tarmac which we cross directly 7.3km, 1hr 53min descending on concrete with houses either side to turn R onto a footpath with large signs just before a large white house. Follow this across fields and through a gate descending gently towards the deep river valley and when you reach this cross on an elegant bridge..... 7.7km, 2hr and swing L now rising steadily to pass a finger post pointing in the opposite direction and soon pass below a large concrete wall and swing into the village of Redo. Continue ahead to meet a broad tarmac road and follow this to return to the parking are outside Mongovejo.

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION		
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Walk Recommendations or restrictions	None	

See map below.....

Route followed is outlined in Red

