

## **COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION**

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<b>Walk description originally prepared by:-</b>	Peter Greig and Ralph Phipps
<b>Last Updated</b>	13 <sup>th</sup> November 2017
<b>Title of Walk</b>	Foyes Valley Extended Anticlockwise
<b>Location of Start (include name of nearest village/town at start of description)</b>	Castell de Castells Cemetery car park
<b>Key Statistics for walk - Distance in km</b>	13
<b>Key Statistics for walk - Ascent in m</b>	460
<b>Key Statistics for walk - Walking time and total completion time including any stops</b>	4hr 5hr
<b>Key Statistics for walk - Grade (using CBMW system)</b>	MS/B
<b>Grid reference of start point (if known)</b>	Lat: 38.72702, Long: -0.193832
<b>Directions to Start</b>	As you enter the village from the Benichembla direction on the CV720, take the 2nd left signed for the cemetery and immediately follow the road round to the left and proceed about 200m to the car park.
<b>Short walk description</b>	Varied circular walk along the Barranc de les Foies and up to La Llacuna, mostly on good tracks, with a short riverbed section and a nice mozarabic path back down to the cars.
<b>Full Walk Description</b>	<b>Elapsed Walking Time/Distance so far</b>
Walk through the village, first taking the road opposite the car park. Turn at the 4th RIGHT called Calle San Vicente. [3mins]	3 min
Go STRAIGHT ON passing the museum [3mins] and then going up then down to a bridge. At the main CV752 Tarbena road, turn LEFT [7mins],	10 min
cross the road and turn right up a concrete track called El Castellet, following the yellow and white markers. After a steep climb and about 100m after the concrete ends TURN L onto a track (marked with an "X") and going down. [10mins]	20 min
At a T-junction with olive trees in front of you, go R on the track along the valley. After this track becomes a path look for a cairn and an indistinct path on the terrace above. Pass a dam [16mins] and then drop down into the riverbed. Follow this (looking out for cairns) for another 7 mins.	43 min

**Remember that you use these walk guides at your own risk. Take precautions and if unsure – turn back!**

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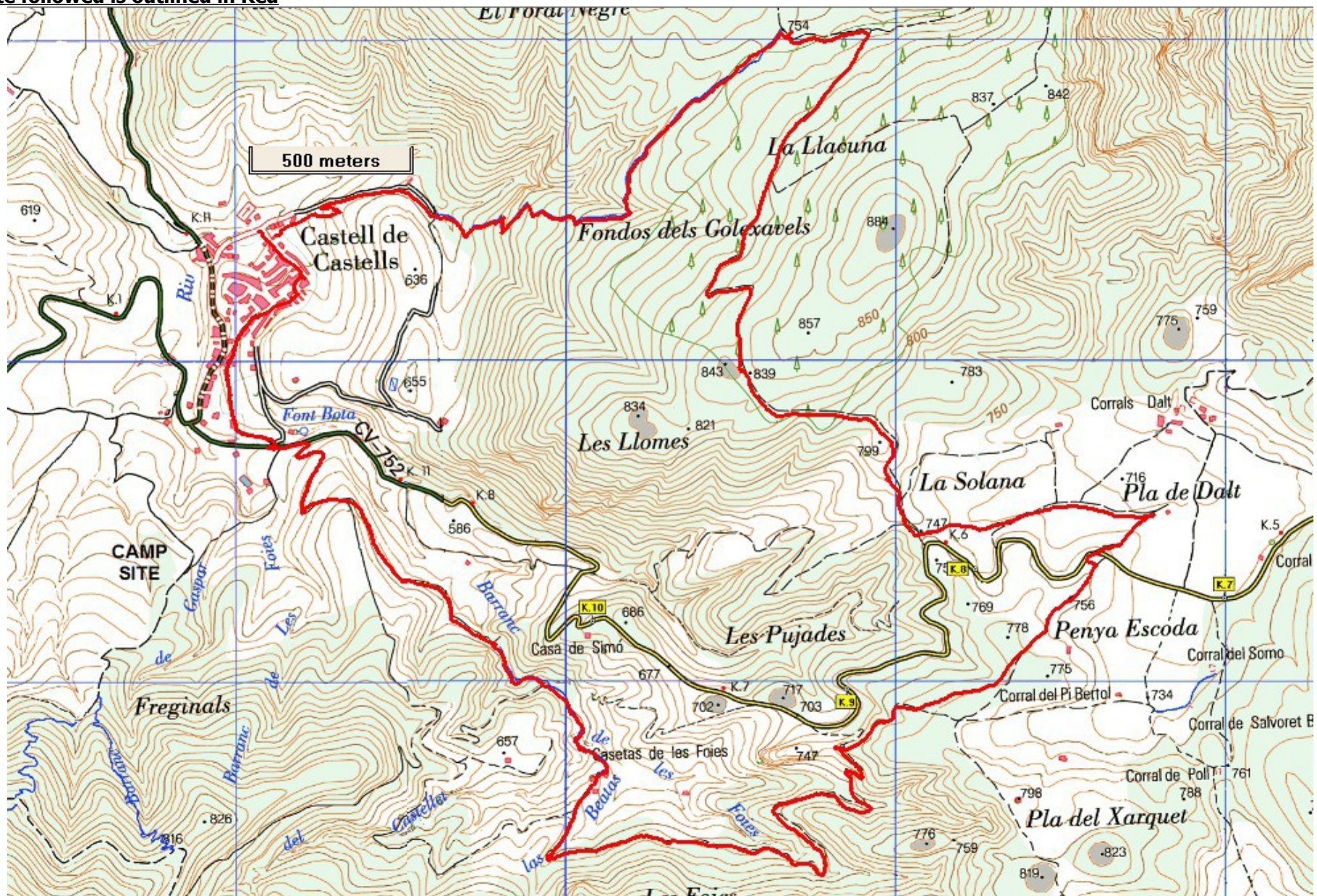
<p>Turn R out of the river when you see a cairn AND a blue dot up onto a path across some terraces. [7mins]</p> <p>Follow the path with its cairns and blue dots along the terraces with the river on your left.</p>	50 min
<p>Cross over a stream and continue along the terraces to reach a track by a ruin. Go R up this track passing, within a few metres, an "era" (threshing table) on your left. This is a good place for a drinks stop. [10mins]</p>	1 hr
<p>Continue up along the track, passing more ruins, ignoring any turns off and rejoining the Y&amp;W marked route. At a large rock the tracks bends L [20mins] with the rock arches above you.</p>	1hr 20min
<p>The track now goes up for 15 to 20 minutes to reach Penya Escom where there is a sign board with a map. [17mins] Here take the track on R going up, signposted for Pla d'Aialt.</p>	1hr 37min
<p>After another 7 or 8 minutes you should reach a cross roads with another sign to Pla d'Aialt. [8mins] Go straight on and down. (NB To the right is the path to the rock arches - see below.)</p>	1hr 45min
<p>At the bottom of the slope go L on another track towards the main road (the CV752 again). Cross the road [15mins] to join a track going towards some houses, the Pla d'Aialt.</p>	2hr
<p>At the first junction, by a well, turn L sign posted for Castell de Castells. [4mins]</p> <p>Ignoring all turns off, follow this track bearing R onto a narrow path marked in Y&amp;W and with a cairn. Follow this path upwards to a wide track. [23mins] (See below for details of the shorter version of the walk.)</p>	2hr 23min
<p>Turn R uphill on this track and after a long climb, when you reach a T-junction with another track, turn L. [43mins]</p>	3hr 6min
<p>The track bends right around a huge depression on the ground and passed a hunters' refugio on your right. About 20 metres past this building take the path on your L. [5mins]</p>	3hr 11min
<p>Follow this path downhill to reach the road you can see below. [36mins]</p>	3hr 47min
<p>Go R along this road to return to the car park. [18mins]</p>	
<p><small>Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional</small></p>	
<b>Walk Recommendations or restrictions</b>	None

See map below.....

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**Route followed is outlined in Red**



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