Continue of Walk Forada ridge circuit (forat optional)	COSTA BLANCA MOUNTAINWALKERS - WALK DESCRIPTION				
Last Updated Forada ridge circuit (forat optional) Benissiva Key Statistics for walk - Distance in km Key Statistics for walk - Ascent in m Key Statistics for walk - Walking time and total completion time including any stops Key Statistics for walk - Grade (using CBMW system) M/B Grid reference of start point (if known) Directions to Start Follow the CV700 from Pego westward through the Gallinera valley until you reach the outskirts of the village. There is a co-operative warehouse on the RHS. Pull onto the forecourt and pass the building on the LHS down a track to a car park Short walk description All on marked quiet country roads, tracks and paths. After making the ridge via a splendid Mozaradic path we take a short detour to go to the Forat (optional) and then retrace our steps to walk along the Forad ridge, past a cave house and return down another equally splendid Mozarabic path. A great walk Full Walk Description Elapsed Walking Time/ Distance so far Elapsed Walking Time/ Distance so far Leave the car park from the opposite end to where you came in, continue into Benissiva, turn L at the church and on to the main road. Cross this road, turn R and after 30m go L up a road with steps initially on the R side to the top. Turn R here then after 20m turn L (you're now in Benitaia) signed La Forada. (4min, 0.33km) After 100m proceed straight on out of the village on a tarmac surfaced country road with a timber post on the corner signed La Forada. Continue up this road to where a concrete surfaced road joins on your RHS. (17mins, 1.19km) Lurn R here and up with the Forat (rock arch) soon visible above and ahead. Continue of the path that joins on your RHS (km3.22) and	Visit www.walksinspain.org for more walks descriptions in Spain				
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·			46mins, 2.78km		

COSTA BLANCA MOUNTAINWALKERS - WALK DESCRIPTION		
There is a timber post here with a path joining on the RHS signed "La Forada 0.7km". Turn R onto this path and proceed to where another path joins on your LHS. (7mins, 0.41km)	53mins, 3.19km	
Those who wish to go to the Forat continue straight on and follow the path there and back. (9mins, 0.36km). Those that don't sit, wait and be patient!	1hr2mins. 3.55km	
Return back the way you came. Bear L at a fork (km4.23) and along to the ridge path. (16mins, 0.77km)	1hr18mins, 4.32km	
Turn R. Ignore the path that joins on your RHS (km4.45) and stay on the ridge path. Pass a cave house on your LHS (km4.65) and continue to where a path joins on your	1hr56mins, 5.99km	
LHS. (38mins, 1.67km)	2hr13mins, 6.74km	
Turn L onto this mozarabic path and down you go to a track. (17mins, 0.75km)		
Turn L onto this track and continue down for approx. 70m to a road on your LHS. Ignore this road and continue straight on back the way you came earlier to Benitaia, go R as you enter the village then, after 20m, first L down to the main road (you're now in Benissiva). Turn R onto this road and then, after 30m, turn L into the village. Continue up to the church where you go R and back to the cars. (27mins, 3.26km)	2hr40mins, 10km	

Walk Recommendations or restrictions

AVOID WEEKENDS AS PARKING IS LIMITTED.

Route followed is outlined in Red

