

## **COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION**

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<b>Walk description originally prepared by:-</b>	Ralph Phipps	
<b>Last Updated</b>	19 <sup>th</sup> June 2019	
<b>Title of Walk</b>	Cabana de Turmo from Puente de San Chaime	
<b>Location of Start (include name of nearest village/town at start of description)</b>	Benasque Car park on the LHS a short way up the road to Estos from the A139.	
<b>Key Statistics for walk - Distance in km</b>	14	
<b>Key Statistics for walk - Ascent in m</b>	615	
<b>Key Statistics for walk - Walking time and total completion time including any stops</b>	4hr 5.25hr	
<b>Key Statistics for walk - Grade (using CBMW system)</b>	S/B	
<b>Grid reference of start point (if known)</b>	Lat: 42.628982, Long: 0.540509	
<b>Directions to Start</b>	The N260 runs E-W along the central part of N Spain. From this find the A139 heading N to Benasque. Follow this road past Benasque for several kilometers to reach a sign indicating the Estos valley where you have to swing off to the L in order to cross the main road by turning L. Follow this a little way to reach the parking on the LHS.	
<b>Short walk description</b>	A delightful walk up this preserved valley with high pastures and panoramic views during the outgoing journey and an easy track descent in woodland to return.	
<b>Full Walk Description</b>		<b>Elapsed Walking Time/Distance so far</b>
Diagonally opposite the entrance to the car park is a footpath which climbs up to arrive on a track beside a building on your LHS.  Turn R and a few metres away on the LHS are a sign board and R/W markers indicating the ascending footpath on the LHS. Take this.  Follow this up to meet the track again and here turn L.  Follow this initially steeply past the hydro workings and further on cross a bridge to reach the far side of the river.		1.5km, 26min

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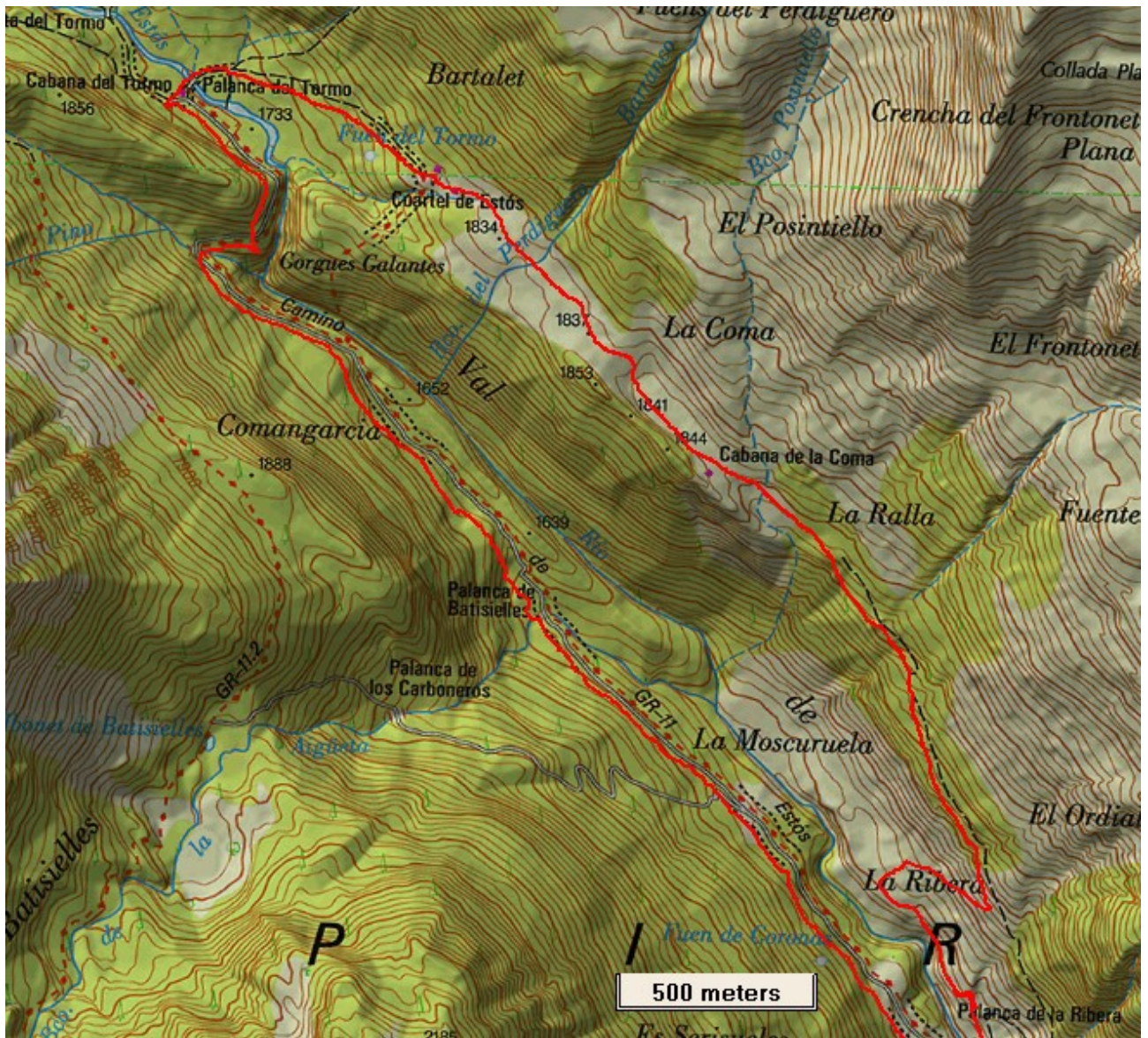
<p>Continue on to pass a small Cabana (de Santa Ana) on the LHS equipped with a table, bench and fireplace).</p>	<p>2.1km, 37min</p>
<p>A few hundred metres beyond this a finger post points down to the R and we take this thin footpath to reach a bridge. Cross this and follow the path as it swings R and ascends to a bend where you double back to the L again.....</p>	<p>2.3km, 40min 2.6km, 46min</p>
<p>still ascending with forestry on your LHS and open pasture on the RHS.</p>	
<p>Curve around to the L at a tiny stream and shortly after this take care to follow the lower path at a fork and into woodland initially slightly downhill.</p>	
<p>Follow this now across an open meadow following wooden posts until you reach a finger post pointing steeply uphill towards the Cabana Turmo and Refugio de la Coma.</p>	<p>3.4km, 1hr</p>
<p>Take this path uphill across the pasture and then turn R and steeply uphill through scattered woodland to reach a bend where you turn L still following a clear path.</p>	<p>3.7km, 1hr 10min</p>
<p>Follow this path for some time climbing steadily with views opening up in all directions to reach a hanging meadow with a small cabin on the LHS.</p>	<p>5.2km, 1hr 43min</p>
<p>Continue gently uphill still across wide open meadows to finally crest a hill and start to descending. Continue ahead now along the braided path to pass a finger post indicating the Refugio de Estos ahead with your destination soon in view below you and beside the river Estos. Pass through a set of derelict Guardia Civil buildings and soon scramble across a small stream and make your way across the bridge leading to the Cabana de Turmo.</p>	<p>7.1km, 2hr 17min</p>
<p>There is a bench here for lunch and when ready turn L (downhill) along the track to start your return.</p>	
<p>Soon you climb a little and encounter a finger post on the LHS pointing down to some viewing points for the waterfalls below. If you take this option you will rejoin the track a little lower, or if you prefer just continue to follow the track.</p>	<p>7.6km, 2hr 24min</p>
<p>Pass a car parking area (!) at a junction with a path going off to your R and with some signs and finger posts and continue ahead on the track soon passing the Cabana de Santa Ana. Follow the track to return to your car.</p>	
<p>Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional</p>	
<p><b>Walk Recommendations or restrictions</b></p>	<p>None</p>

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**Route followed is outlined in Red**



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