

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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Walk description originally prepared by:-	Paul and Helen Martin, CBMW, Jul 2019	
Last Updated	6 th July 2019	
Title of Walk	Tossalet del Castellet (El Cao) anticlockwise	
Location of Start (include name of nearest village/town at start of description)	Jalon Lady Elizabeth Senior School	
Key Statistics for walk - Distance in km	9	
Key Statistics for walk - Ascent in m	490	
Key Statistics for walk - Walking time and total completion time including any stops	3 hr 4 hr 15 min	
Key Statistics for walk - Grade (using CBMW system)	MS/B	
Grid reference of start point (if known)	Lat: 38.728489, Long: 0.015935	
Directions to Start	Follow CV 750 from Jalon towards Benissa. After km8 turn first right towards entrance to Lady Elizabeth School (signposted Collegi Internacional). Park on road.	
Short walk description	A very pleasant walk to the summit of El Cao via barranco de les Cadiretes, returning along the ridge with spectacular views of the Jalon valley and the coast.	
Full Walk Description	Elapsed Walking Time/Distance so fa	
Walk from parking spots downhill to main road CV750		
Turn L onto CV750 walking towards Jalon		
Turn L onto Cami Diposit road (7 mins 0.6km)	7min, 0.6km	
Turn R down a path marked with a cairn (20 mins 1.6km)	20min, 1.6km	
Bear L uphill marked by cairns. Ignore path to R marked with red dot (40mins 2.6km)	40min, 2.6km	
At end of path continue along road (1hr 8mins 3.7km)	1hr 8min, 3.7km	
Turn L off road onto wide track (1hr 12mins 4.1km)	1hr 12min, 4.1km	
Turn L at cairn onto path (1hr 17mins 4.4km)	1hr 17min, 4.4km	

Remember that you use these walk guides at your own risk. Take precautions and if unsure – turn back!

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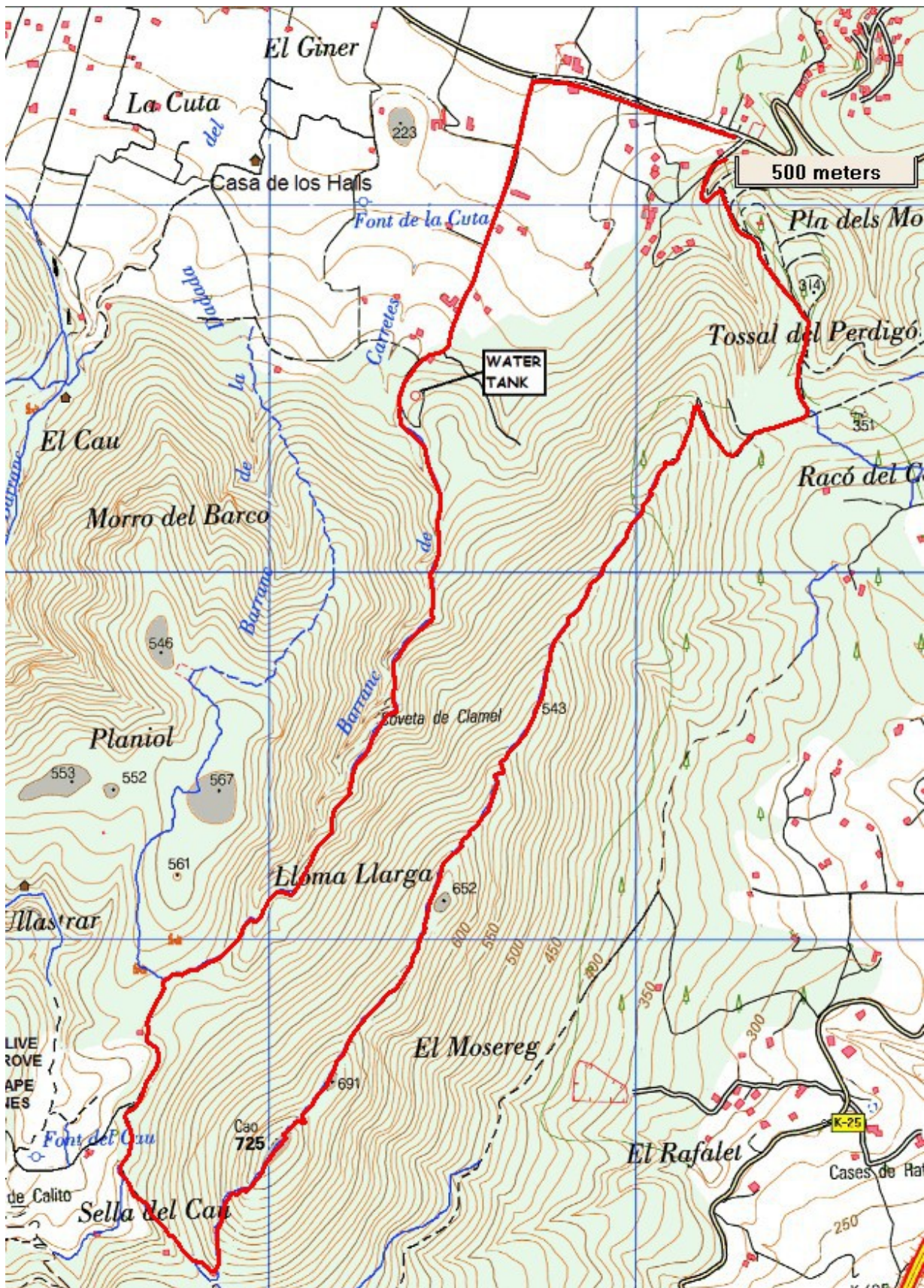
Keep buildings to your RHS and take path to L uphill towards summit (1hr 25mins 4.7km)	1hr 25min, 4.7km
From summit take path down ridge (1hr 38mins 5.15km)	1hr 38min, 5.15km
Ignore path to RHS and continue along path bearing L (2hrs 39mins 8.2km)	2hr 39min, 8.2km
Return to cars (2hrs 53mins 9.1km)	2hr 53min, 9.1km
<small>Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional</small>	

Walk Recommendations or restrictions	None
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see map below.....

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Route followed is outline in Red



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