

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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Walk description originally prepared by:-	Ralph Phipps
Last Updated	20 th June 2019
Title of Walk	Banos de Benasque from Llanos de Benasque
Location of Start (include name of nearest village/town at start of description)	Benasque Llanos de Benasque car park.
Key Statistics for walk - Distance in km	7
Key Statistics for walk - Ascent in m	265
Key Statistics for walk - Walking time and total completion time including any stops	2hr 2.5hr
Key Statistics for walk - Grade (using CBMW system)	M/B
Grid reference of start point (if known)	Lat: 42.681824, Long: 0.604292
Directions to Start	The N260 runs E-W along the central part of N Spain. From this find the A139 heading N to Benasque. Follow this road past Benasque for several kilometers to reach a turning on the R signed to Hospital de Benasque. Take this road past to a large parking are on the LHS. Park here.
Short walk description	A good wet weather or short day alternative with good views across the valley on the return.
Full Walk Description	Elapsed Walking Time/Distance so far
Turn R out of the car park and follow this down and across a bridge (spectacular waterfall on LHS). Continue until just before the road starts to rise again and here take a track dropping to the L. Follow this to cross the river and then ascend gently. Approximately 1.9km after setting off look out for a finger post pointing R to a Senda Botanique. Take this to do an interesting loop which takes you around some waterfalls and then returns to your track where you continue ahead. The distance involved in this loop is not included here, but the gps track does include it! See also the route on Alba Waterfalls which has a different start point.	1.1km, 14min
Ignore any side footpaths and stay on the track until you join the road running up to the immense Banos de Benasque buildings – a massive latter day spa.	3.2km, 44min

Remember that you use these walk guides at your own risk. Take precautions and if unsure – turn back!

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Walk a few metres up the road to a finger post on the LHS and here turn L on a rising and rocky footpath. (You might want to go and view the Banos buildings first – but they are not much to see!!)

Follow this path to a corner just before a stream crossing and be sure to ignore a footpath ascending more steeply here (signed Alba) and continue ahead following the R/W markers.

Undulate steadily through trees with occasional spectacular views out to your LHS and soon rise up in meadows to reach your high point.

From here you descend steadily soon with the car park in view on the L and then reach the road where you turn L and return to your car.

5.8km, 1hr 38min

Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional

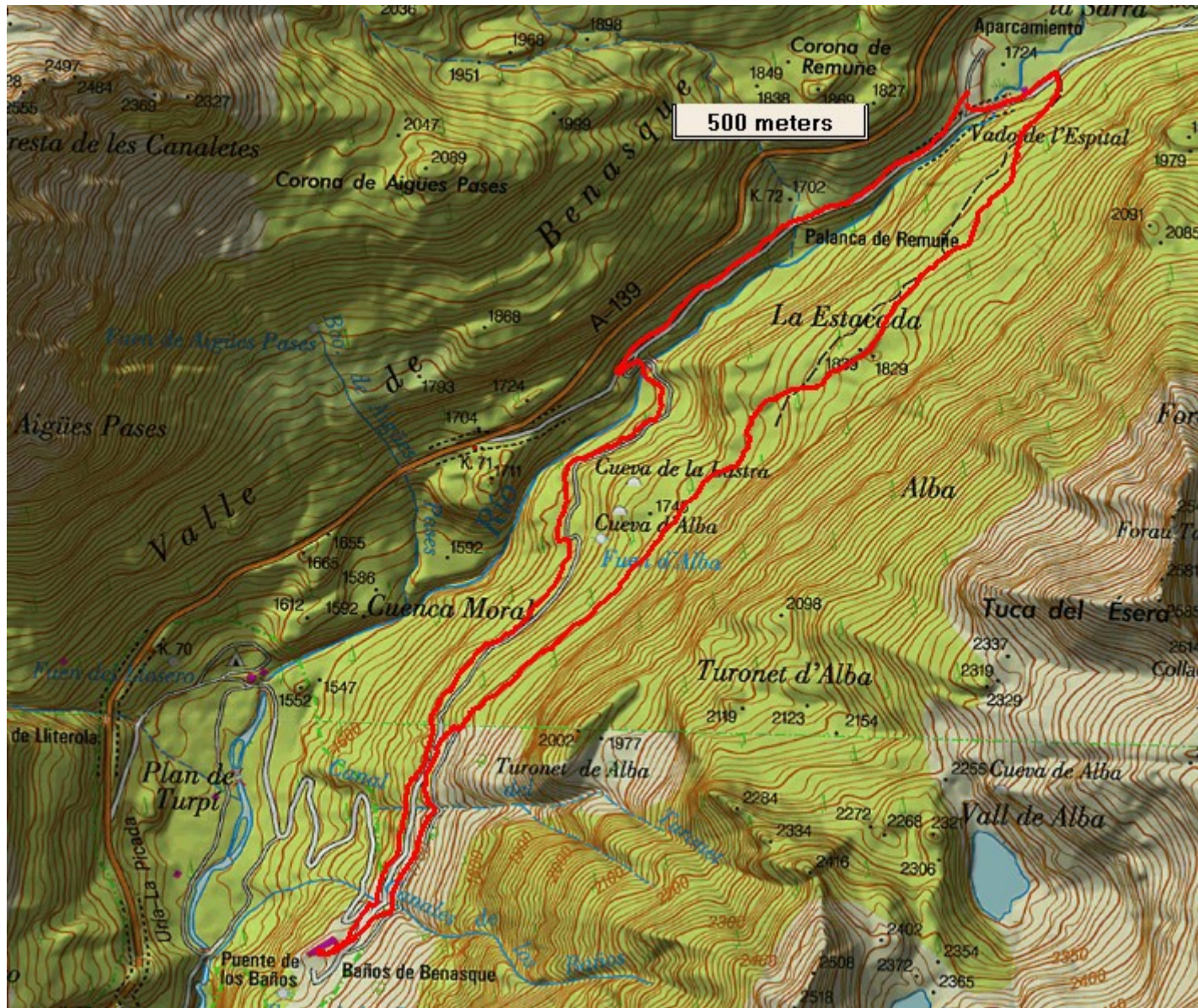
Walk Recommendations or restrictions

None

See map below.....

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Route followed is outlined in Red



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