

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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Walk description originally prepared by:-	Colin and Brenda Read	
Last Updated	20th November 2019	
Title of Walk	Les Foies to Cim del Penyalba* Circuit Note; *Sometimes named as "Penya de Migda"	
Location of Start (include name of nearest village/town at start of description)	Barx/Les Foies. Beside Font Nova in Les Foies.	
Key Statistics for walk - Distance in km	8.61	
Key Statistics for walk - Ascent in m	500	
Key Statistics for walk - Walking time and total completion time including any stops	2hrs 52min 5hrs	
Key Statistics for walk - Grade (using CBMW system)	MS/C/Scr (the difficult scrambling is optional)	
Grid reference of start point (if known)	Lat: 39.0210, Long: -0.2811	
Directions to Start	Les Foies. From the CV-675 about 1km beyond Barx in the direction of Simat de la Valldigna, between kilometres 13 & 14. Turn north, signed to Les Foies onto a minor road. Follow this dramatic drive for 3.5km. Take the R fork in the village, to reach Font Nova. Parking for several cars. Large parties may prefer to park in Barx next to the roundabout at Lat: 39.0111, Long: -0.2995 and car share for the 12 minute drive to the font.	
Short walk description	Going via a Font to gain a fine open ridge. Visiting a Forat. Then along an exposed scrambling section (optional). Crossing subsidiary tops & finally up some unavoidable but very easy scrambling, to reach the summit of Cim del Penyalba. The views are extensive. Descending the easy scrambling, leads more directly back to Font Nova. Mostly on paths, many are rugged & in places steep & rocky!	
Full Walk Description		Elapsed Walking Time/Distance so far

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<p>From the car park when facing the font, with a signpost on your L. Turn L signed to "Cim del Monduver PR-CV 51-D3". Walk up the "Cami Corral de Santoma" (there are Y/W marks on most of these paths). Ignore a track on the R with a chain and a signpost. Continue signed "Tavernes de la Valldigna PR-CV 51-V4". The cami surface now becomes broken, ignore two tracks on the R, which are only several meters apart and continue a short distance further to a signpost at a junction with a path on the R.</p>	10min 780m
<p>Turn R signed "Font del Gos PR-CV 51". After a short distance there is a signpost and path on the R which leads in only a few metres to the natural subterranean font.</p>	14min 1km
<p>Return to the signpost. Turn R and continue along the path rising to the crest of a shoulder. Here, ignore a path on the L at a cairn. The path now descends slightly, heading towards Monduber with its masts, ignore a path on the R (cairn). Continue, now rising slightly leftwards, then skirt the hillside to a junction with a cross path and signpost.</p>	36min 2.14km
<p>Turn L signed "Cim Monduber PR-CV 51" and descend a little to cross a barranco. Ignore a path descending on the L. Continue, now rising to a shoulder where there is a junction with post but no signs!</p>	46min 2.88km
<p>Turn R uphill, the path climbs across the hillside. At a junction with signpost ignore a path going ahead and turn R, signed "Cim Monduber PR-CV 153 & 51" going more steeply up zig-zags to reach the surfaced cami of the Monduber access road. Turn R signed "PR-CV 51" and follow the road to reach the col with its fine views and signpost.</p>	1hr 03min 3.75km
<p>Turn R, go up a rock step onto a path signed "Cim del Penyalba PR-CV 51-V111", which follows the rocky crest of the ridge over the top of the minor summit of "Alts de Drova (748m)". Near the top at cairns, the path turns R and descends steeply until about 25 metres below a band of low cliffs on your L, to a vague junction (beware of descending too low). Turn L (Y/W & cairn) and traverse parallel to the ridge to reach a signpost.</p>	1hr 19min 4.30km
<p>Ignore a path descending back to the R and continue the traverse signed to "Forat de la Drova PR-CV 51 V-3" until below a dip in the ridge above. Here a small sign points up to "Ruta la Cresta". Turn L up towards the crest of the ridge. Just before reaching it there is a path on the R. Follow it and in a few metres you reach the "Forat de la Drova". A hole/tunnel through the cliff (beware of the drop beyond it) with views down to Drova.</p>	1hr 21min 4.39km
<p>Go back along the short path, then up R onto the exposed rocky crest. (If you wish to avoid the scrambling, go back down to the traverse path, turn L and follow it to another small sign to the "Ruta la Cresta". This is where the two options converge). Otherwise, turn R along the exposed rock ridge (Y/W) and scramble along its crest. It soon eases and leads to a junction at a small signpost, where it merges with the lower traverse path. Both routes now continue ahead to reach the trig point (748m) from where there are fine views. Continue across the saddle the short distance to the next top, which is the summit of "Punta de la Font Nova" (750m).</p>	1hr 32min 4.75km
<p>Continue along, down into a col, then up along the fine open undulating ridge (with an occasional exposed rock step). Ahead the rocky dome of "Cim del Penyalba" dominates the view! A signpost (at the time of writing it is lying on the floor) and path junction is reached at the col before the final ascent. Ignore the path descending to the R (this is your descent path later).</p>	1hr 45min 5.39km

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<p>Continue straight ahead signed to "Cim del Penyalba". The Y/W marked path rises up rock slopes on the ridge, to reach and then skirt R beneath the cliffs to out flank them. Ignore a path descending to the R. Continue ahead a short distance to where there is a break in the cliffs, turn L up rocky terrain with easy sections of scrambling which are not avoidable. (There are at the time of writing two lengths of rope in situ, though they are quite unnecessary and more of a hinderance than a help!). Upon reaching the crest (beware you are virtually surrounded by cliffs) turn R to reach the summit (772m) with its mini house containing a log book (bring a pen). There are wide ranging 360deg views from its fine rocky plateau.</p>	<p>1hr 57min 5.80km</p>
<p>Return by the same route (Y/W), taking care to find the correct exit to the L from the summit plateau (If you find yellow only paint marks you have gone too far, these lead straight along the crest back towards the Col, that way also has ropes but leads to difficult scrambling and becomes very steep!). Once below the level of the cliffs turn R back towards the Col. Ignore the path descending to the L and continue back to the signpost at the Col visited on the outward journey.</p>	<p>2hrs 11min 6.20km</p>
<p>Turn L and descend the path signed "Font Nova PR-CV 51-V111" (Y/W) it slants down until it joins a cross path. Turn R and continue downhill to weave through an area of unusual boulders. Eventually you reach the corner of a fence which surrounds a Villa.</p>	<p>2hrs 31min 7.25km</p>
<p>Turn R along an unmarked path, which runs beside the fence, to pass around the villa, where it then bears R past a large rock. The path crosses a shoulder, then descends gently, passing close to the right side of a small ruin (beyond to the L is a green water tank) soon you reach a junction with a cross path.</p>	<p>2hr 41min 7.87km</p>
<p>Turn L and pass the green water tank on your L, where the path becomes a track and then reaches a 'T' junction.</p>	<p>2hr 46min 8.27km</p>
<p>Turn L and pass between villas. At a junction, where the surface becomes concrete, turn R onto a path, beside an entrance with masonry posts and a chain. (In a few paces look left where there is an unusual large rock pinnacle, above and beyond it is the summit of Punta de la Font Nova). Eventually, the path descends steps to a ramp. Turn L down to a concrete Cami. Turn R then immediately L to arrive back at the font.</p>	<p>2hr 52min 8.61km</p>
<p>Walk Recommendations or restrictions</p>	<p>The scrambling and the summit rocks would be very slippery when wet! Navigation on the summit in thick cloud/mist, could be difficult and potentially dangerous.</p>

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Route followed is outlined in Red

