

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

Visit www.walksinSpain.org for more walks descriptions in Spain

Walk description originally prepared by:-	Ralph Phipps
Last Updated	9 th March 2020
Title of Walk	Moleta de les Canals circuit from Sant Roc
Location of Start (include name of nearest village/town at start of description)	Pauls Sant Roc picnic site
Key Statistics for walk - Distance in km	13
Key Statistics for walk - Ascent in m	840
Key Statistics for walk - Walking time and total completion time including any stops	4hr 6hr
Key Statistics for walk - Grade (using CBMW system)	VS/A
Grid reference of start point (if known)	Lat: 40.910676, Long: 0.383918
Directions to Start	Take the C12 north from Tortosa. Turn off at the first junction for Xerta/Pauls, turning right on to the TV3541 for Pauls. Approaching Pauls, pass the huge metal "Pauls" sign (on RHS) and at the Cooperativa Agricola Sant Roc turn left on to the small road signed for Sant Roc with the last few hundred metres surfaced with crazy paving. There is ample car parking at the end of the road near some information panels.
Short walk description	A circuit of one of the main summits in the area using excellent paths and tracks with wide ranging views and craggy cliffs predominating.
Full Walk Description	Elapsed Walking Time/Distance so far From the small cluster of buildings at the top of the stone paved track (before you reach the Ermita!) with several sign boards to show you the area, continue directly ahead uphill on a track quickly forking L at a finger post and then immediately keeping R at a further junction. Just after going round a zig to the R and then L find a small cairn on the RHS as the track swings to the L which marks the start of a footpath which we take uphill. Pass a large water deposito (tank) and continue ahead uphill ignoring more minor side turnings. Reach a track at a finger post and turn R. 65m, 1min 300m, 5min 960m, 18min

Remember that you use these walk guides at your own risk. Take precautions and if unsure – turn back!

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

When the track doubles back to the L there is a small marker post with diamond shape on it and we continue ahead on this footpath.	1.1km, 20min
Reach a T-jnc with a marker post indicating a R turn which we ignore and turn L.	
After about 100m reach a second junction where we turn R still uphill.	
Walk up through some tight zig-zags through rocks and then more level across an open area of scree to reach a rocky col.	3.2km, 1hr 6min
Descend steeply on a rough path to reach easier going on a broader grassy track.	3.4km, 1hr 10min
Rise steadily to cross a spur (the Col del Bassot) and then start to descend once more.	3.9km, 1hr 20min
Occasionally down this track the path cuts a corner where the track has become overgrown or users have made a "quicker" route, but in general you remain on the same line. At an indistinct junction you turn L still following cairns with a row of stones marking off the route to the R.	
Reach a clearing with an abrupt R turn on a better defined track with the L turn appearing to stop in an open area a few metres after the junction.	4.6km, 1hr 32min
Descend towards a grassy plateau with a grassy col visible directly in front and above you, but when you reach the plateau turn R descending gently on an obvious grassy track.	4.9km, 1hr 37min
Pass the picnic area of Font de Carrasca with troughs on the L and shortly after them a fenced compound with seats and below this a second large trough off to the R in a meadow.	5.4km, 1hr 44min
Below this double back to the R and find a further water trough in front of you just off the track on the RHS. There is a stone monument here with the name of the Font – Canaleta – and year 1981 and we walk past this to a junction with a faded yellow marker. Turn abruptly left here on a continuing footpath soon rising and zig-zagging.	5.7km, 1hr 59min
Follow this path with its occasional yellow markers ascending steadily looking out for one point where you turn R more abruptly directly up the hill for about 70m metres before turning L again and moving steadily on up.	
Finally reach a col but instead of continuing ahead and over this turn R up a sloping rocky ramp with cairns to find the clear path continuing ahead.	7km, 2hr 18min
Descend a little to reach the barranco bottom just before it splits and after just a few metres turn L up one of the barranco arms still with cairns and rising gently in woodland.	7.4km, 2hr 26min
Reach the wooded col	7.7km, 4hr 5min
and just over this the path splits with a less defined option going off to the R. Follow this just a few metres before it doubles back to the L and thus avoid a slabby steep descent on the alternative path which you soon join.	
Continue ahead now for some time descending with easy woodland going. Reach a footpath junction at the Barraca del Jordi – a shepherd's shelter – a with a finger post where you turn L.	

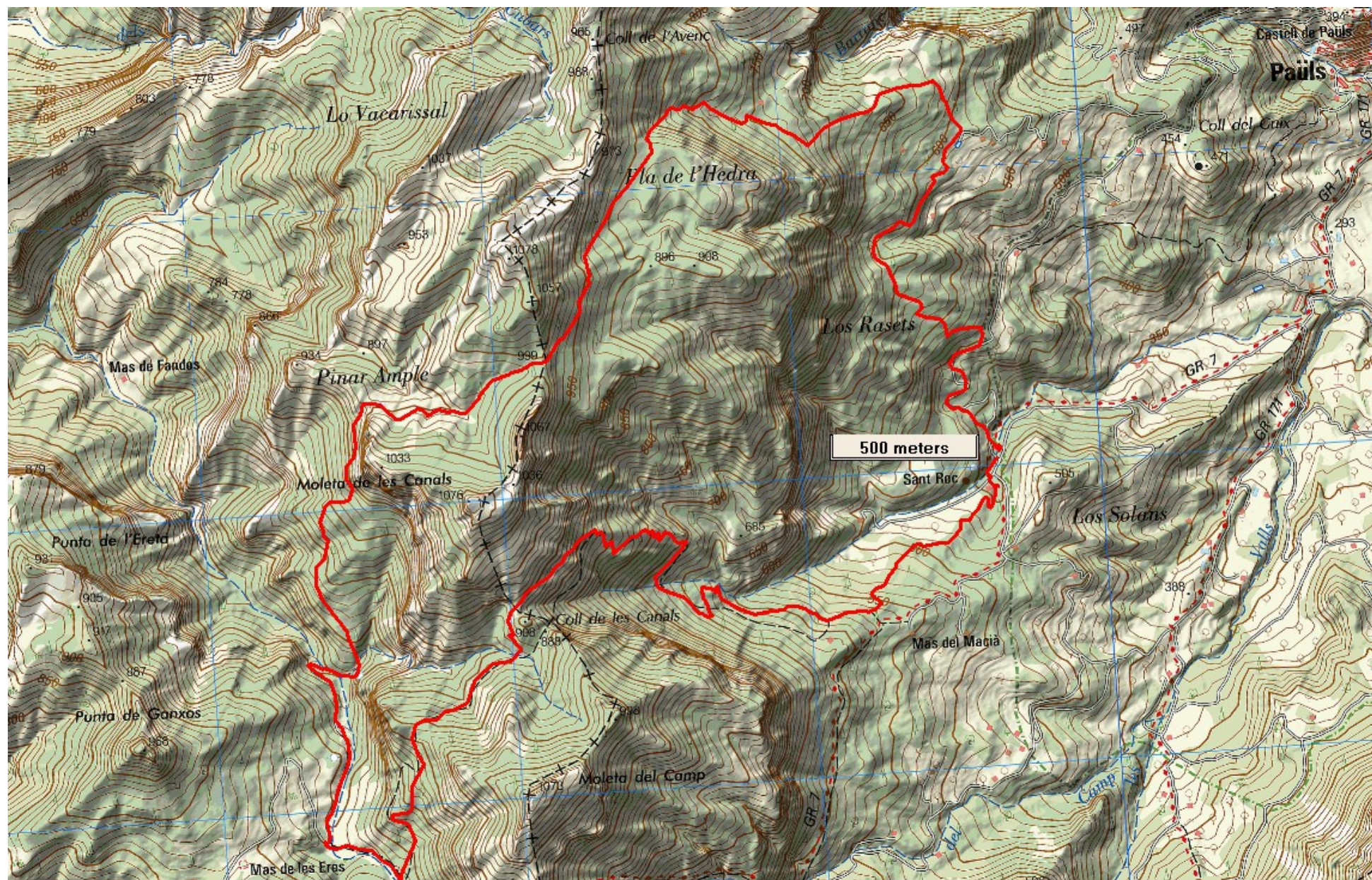
Remember that you use these walk guides at your own risk. Take precautions and if unsure – turn back!

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

Just a few metres ahead at a junction continue directly ahead soon zig-zagging steadily downhill. Reach a finger post telling you that San Roc is 3.1km and here turn R. After a while run just above a broader track which you soon join to reach a finger post where you turn R towards San Roc which is now only 2.1km away! Drop down to a tarmac road and turn R following this downhill until you see the Ermita de San Roc below you. Either cut down a footpath to the R of this directly to your car or follow the road to the Ermita and then move off to the R descending on the crazy paved road back to your car. Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional	8.6km, 2hr 47min 10.2km, 3hr 20min
Walk Recommendations or restrictions	None

See map below.....

Remember that you use these walk guides at your own risk. Take precautions and if unsure – turn back!



Route followed is outlined in Red

Remember that you use these walk guides at your own risk. Take precautions and if unsure – turn back!