

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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Walk description originally prepared by:-	John E. Mail	
Last Updated	29 th July 2020	
Title of Walk	Slopes of the Bernia from Altea la Vella, car shuttle	
Location of Start (include name of nearest village/town at start of description)	Altea la Vella See extensive details at start of walk decription.	
Key Statistics for walk - Distance in km	8.5	
Key Statistics for walk - Ascent in m	+351, -643	
Key Statistics for walk - Walking time and total completion time including any stops	Moving time 2 h 36 m Total Time 3.5 hours	
Key Statistics for walk - Grade (using CBMW system)	MS/B	
Grid reference of start point (if known)	Lat: 38.630624, Long: -0.044456	
Directions to Start	Car park in centre of Altea la Vella next to CV 755 adjacent to Banco Caixaltea.	
Short walk description	After a short drive we climb up the Sierra Bernia above Altea Hills, walk along forest paths to the picnic area and drop down a mozarabic path back to Altea la Vella in time for lunch	
Full Walk Description		Elapsed Walking Time/Distance so far
<p>Park your car/s in the central car parks in Altea la Vella. Have a coffee and make a reservation for lunch if that is your plan. Leaving enough cars behind to transport the car drivers at the end of the walk; transport the walkers to the start of the walk proper by following your sat-nav to GPS location N38.64452, W0.02311 (Lat: 38.644520, Long: -0.023110 or follow the following instructions (note other variants are possible!).</p> <p>From the central car park in Altea la Vella join the CV 755 and drive towards Altea. After 500 m turn left at roundabout and drive up Calle Principal for 1.5 km until you reach a cross road intersection. Turn left into Calle Azalia and drive downhill for 140m until you reach a staggered crossroads. Go straight across the bridge over the baranco on to Calle Sondeo. Continue for 420m past "Altea Nova" to a Tee Junction and turn right. Drive for 714m to the next Tee junction and turn right into Calle Giralda de Sevilla. After a further 555m keep left at the next road junction and join Calle Costa Azul for 325m to a large roundabout. Take the second exit uphill along Calle Alhambra de Granada and ignore the immediate turning to the right. After 600m of steep ascent you will reach a</p>		

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<p>mature tree on the right-hand side of the road and our footpath which starts on the left. You can turn your car/s around easily by continuing up the road for 50 m and making a "U"-turn at the next junction so that the car/s are ready for the return journey.</p>	
<p>Take the ascending track which rises and passes under a power line. The track narrows to a path and zig-zags its way up the mountainside.</p>	0 m
<p>A marked path joins our path from the right. This path has also come up from the road and is marked with yellow and white flashes – it is PR-CV 436 and we shall follow it up the mountain. Turn left and continue to ascend.</p>	165m, 3min
<p>Pass by notice board explaining the origins of the name of the path "cami cova de la Serp"</p>	236m, 5 min
<p>Continue to climb following well defined marked trail until the path enters some trees, turns right and then left before a junction next to a mature pine tree. Turn right at the junction (there is a cairn) sharply through 90 degrees and follow the marked trail at first fairly flat through trees before zig-zagging again to gain altitude.</p>	854m, 23 min
<p>Follow the main path and you will get to Font de Rostoll where sometimes fresh water can be found.</p>	1.2km, 30 min
<p>A short distance further along the path is a signposted junction. Turn left towards Fort de la Barca (PR-CV 436).</p>	1.25km, 31 min
<p>Continue to where the path meets a broad forest track at signposted junction. Turn left towards Fort de la Barca.</p>	1.3km, 32 min
<p>Follow the broad track. Ignore the track junction to the left</p>	2.1 km, 42 min
<p>Continue on the broad track and ignore the next junction to the left</p>	2.4km, 47 min
<p>Continue on the broad track and ignore the next junction to the left</p>	3.4km, 1h 3m
<p>Where there is a large rock on the left of the track there is a narrower path which descends. A yellow and white cross warns you that you are leaving the marked trail. Take this left-hand path which takes you directly to the picnic area where you can find tables and a shady spot for a refreshment break.</p>	3.8km, 1h 8m
<p>Picnic Area. There is vehicle access here in case of emergency.</p>	3.9km, 1h 11m
<p>From the picnic area find the path that starts by the lowest picnic table and initially heads East before making a zig-zag descent. This is path PR-CV 7 (Cami des Revoltes) and is marked with yellow and white marks all the way back to Altea la Vella.</p>	
<p>Initially this path passes through pine woods with good shade cover. Soon we leave the trees behind and are out in the open again.</p>	4.4km, 1h 19m
<p>After fairly gentle descent the slope gets steeper and the path zig-zags many times to ease the gradient.</p>	4.9km, 1h 30 m

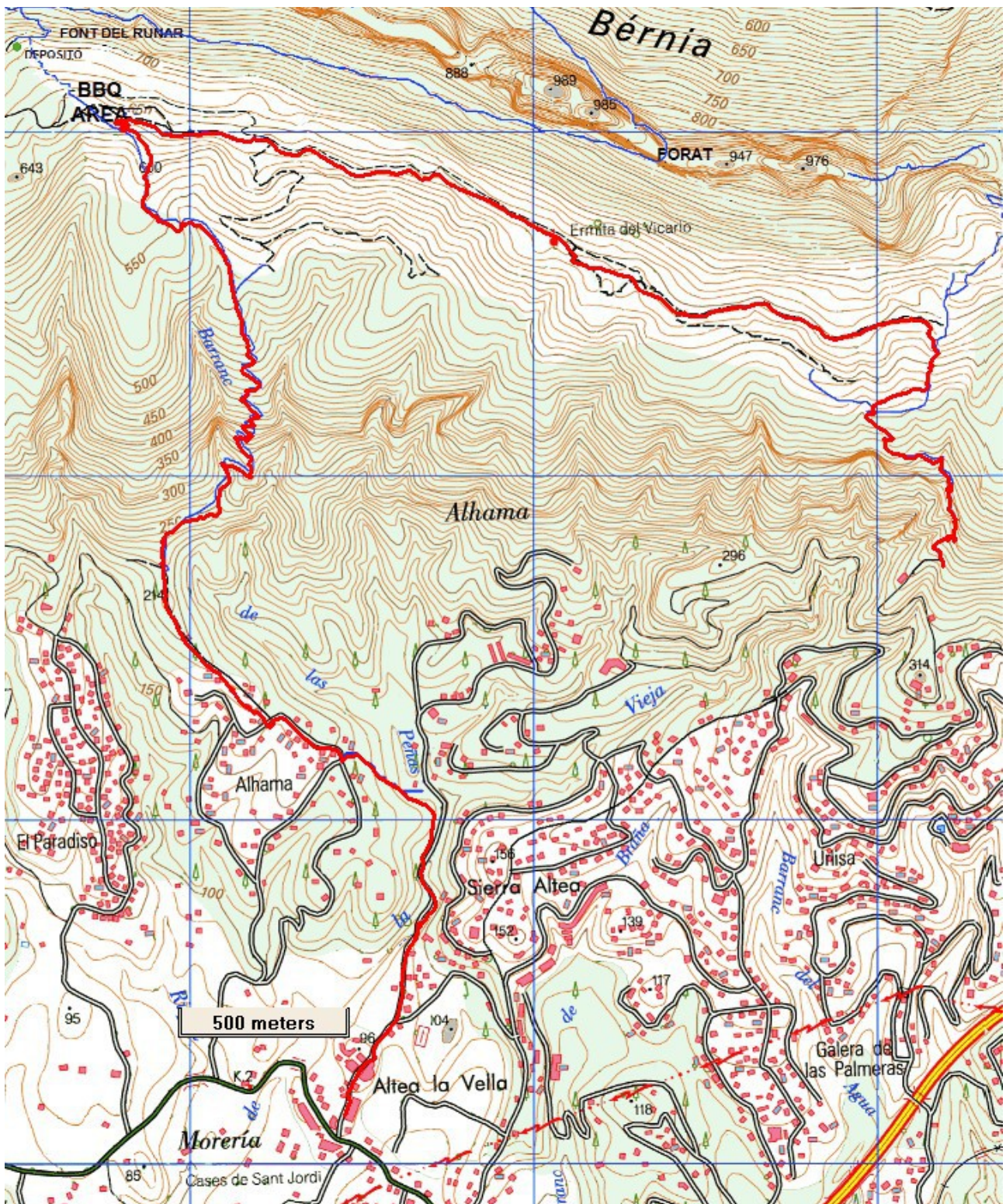
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The path passes an impressive rock outcrop	5.7km, 1h 51m
After passing a stone clad water reserve on your right the path drops down to join a broad track. Continue to the left ignoring the junction to the right. The track rises slightly.	6.2km, 2h 1m
This track becomes asphalted and is named Calle la Colina. Follow it down to the tee junction and turn left into Calle de la Rosella. There is a sign PR-CV7 to Font de Garrofet.	6.8km, 2h 9m
Continue down Calle de la Rosella until you reach a roundabout. Just before the roundabout there is a marked path leaving the road to the left next to postboxes. (PR-CV 7). Take this path which descends steeply for 50m and turns right and continues to descend.	7.1km, 2h 13m
You will reach a junction with a path to the right about 20 m before the marked path crosses a stream bed. This is the old trail and now has a yellow and white cross marked on a rock. Leave the marked trail and take this junction to the right. The path rises up through some rocks before entering a pine wood.	7.4 km 2h 19m
As you pass through the woods cross a cement encased old water pipe and continue to descend. You will see a road below you to your left which is now the official route!	
The path meets a broad track, turn left and drop down onto the road. At the road turn right and follow it to Altea la Vella	7.6 km 2h 23 m
Pass by Font de Garroferet where refreshing mountain water can be tasted	7.9 km 2h 26 m
At the next road junction keep right.	8.1 km 2h 30 m
Pass to the left of the church and follow the road back to the carpark. Many refreshment options are available once you have recovered your car/s left at the start (15 min)	8.5 km 2h 36 m
<small>Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional</small>	
Walk Recommendations or restrictions	The ascents and descents are steep and stoney.

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Route followed is outlined in Red



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