

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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Walk description originally prepared by:-	Mary Gough
Last Updated	6 th March.2021
Title of Walk	Puig Campana, Sacarest Valley and Font Solsida circuit
Location of Start (include name of nearest village/town at start of description)	Finestrat Font Moli car park
Key Statistics for walk - Distance in km	17 km
Key Statistics for walk - Ascent in m	911 m
Key Statistics for walk - Walking time and total completion time including any stops	4 hrs 30 min 5 hrs 20 min
Key Statistics for walk - Grade (using CBMW system)	VS/B
Grid reference of start point (if known)	Lat. 38.5778 Long. -0.2086
Directions to Start	Enter Finestrat on CV761 from la Marina Shopping centre, Benidorm (Carrefour) At T junction turn R onto CV758 then after 300m take L turn to Font Moli, 1km after this park in car park just beyond the font
Short walk description	Circle the iconic Puig Camapana passing through the delightful Sacarest valley, on easy to follow well marked paths and tracks .Spectacular rock formations and views ' en route ' . Minimal navigational/orienteering skills enables the walk to be adjusted for choice and ability.
Full Walk Description	Elapsed Walking Time/Distance so far
From the car park walk L up the tarmac, cross a bridge/water culvert and turn R off the tarmac to a junction with a Y/W signpost	300 mtrs.
Take the L fork (signed ' Col de Pouet ') and continue up this rocky well used path to reach a wooden refuge hut.	4.05km.1 hr
Immediately in front of the hut turn L downhill (Y/W cross) on a clear path to reach a junction.	4.5km.1hr12min
Ignore a R fork and trend L (cairn) on path, after 25 m ignore a L fork and continue descending, the path widens and reaches a small junction	5km. 1hr16min

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Turn R onto a path leading into the valley and soon begins to ascend and spirals up (cairns) to level off and emerge at tarmac	5.55km.1hr36m
Turn R and almost immediately the tarmac turns into track, follow this to a LH bend	6.35km.1hr45m
Turn R up hillside (cairn) on a path well used by mountain bikers, continue to emerge at a track just below a wooden ' house '.	7km. 1hr59min
Turn R and continue through valley to see a large boulder with Y/W paint	8.8km.2hr14m
Immediately before reaching boulder turn sharp R and rise up and over a rocky plateau (cairns) and trend R on a path leading up to a visible col (Col de Llam) (Y/W)	9.35km.2hr25m
Follow the path (Y/W) over the col and trend R at a junction (signed Col de Pouet /Font del Moli) to descend and reach a level junction with large flat rock (Col de Pouet)	10.3km.2hr35m
Ignore the L fork and go directly across (signed Font del Moli/Foia del Cac), within a few metres (30) ignore a path from the R and continue on rocky path to pass Font Solsida (with an impressive crag) to reach a junction	12.8km.3hr15min
Go directly across (signed Font del Moli)(Y/W) descending spirally to reach a junction	14.9km.4hrs2min
Go forwards (Y/W)through trees, within a few metres cross over a small clearing and continue on path to emerge at a surfaced road	16km.4hr18min
Turn L to reach tarmac and continue ahead to a LH bend with traffic mirror	16.4km.
Turn sharp R beside RHS of large brick wall onto a path, follow this to emerge down a small bank onto tarmac and turn R to car park	
<small>Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional</small>	
Walk Recommendations or restrictions	The ascents are gradual, well rewarded by the scenery and mostly accomplished in the first 9.5km.

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This topographic map illustrates the Sierra de Salsida region, highlighting the red boundary of the Natural Park. The map features contour lines indicating elevation, with peaks such as Puig Campana (1408m) and Collado de Sacarest (783m). Key geographical features include the 'Racó del Gatet', 'Racó de les Nou Hores', and 'Foia del Cap'. The map also shows the 'Sierra de Salsida' and 'Costera Blanca' areas. Various settlements and landmarks are marked, including 'El Maset', 'Mas del Oja', 'Mas Pintat', 'Font de Geroni', 'Font de la Roca', 'Font Coca del Roger', and 'Casas del Ramal de l'oix'. The map includes a grid system and a scale bar.

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