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Walk description originally prepared by:-	Mary Gough . Route credited to Hakan Lofgren Magnusson and Berndt Ostlund. 30 th .January . 2023		
Last Updated	13 th February 2024		
Title of Walk	La Mamelleta, Font Cova del Roget	circuit	
Location of Start (include name of nearest village/town at start of description)	La Nucia Parking on lane near gas cylinder depot.		
Key Statistics for walk - Distance in km	12 kms		
Key Statistics for walk - Ascent in m	750 mtrs		
Key Statistics for walk - Walking time and total completion time including any stops	3hr 35 min 5 hrs		
Key Statistics for walk - Grade (using CBMW system)	S/C/ Scr		
Grid reference of start point (if known)	Lat.38.570429 Long0.166370		
Directions to Start	CV758 La Nucia to Finestrat, from La Nucia direction after Km3 sign continue to Gas Cylinder Depot at RHS and turn L into narrow lane, cross a junction then park on open ground at LHS		
Short walk description	An interesting low altitude hike with extensive views, three summits, a ridge, a font, a cave, a small scramble, some ' off piste ' but mostly good paths		
Full Walk Description		Elapsed Walking Time/Distance so far	
Turn R from car park, cross a junction and reach tarmac (CV758) go directly across onto a track, continue up and to reach a building at RHS		450mtrs. 7mins	
Soon after passing a dwelling on RHS of track turn R up onto an ascending track ,continue by zig zagging up several terraces then onto open rocky terrain up LHS of a gully aiming towards a rocky knoll above with a painted sign (TORREO),the path skirts to the L of the knoll and continues upwards now aiming L towards a small cluster of pines on the horizon ,just R of the pines reach the summit of this low ridge		920mtrs. 25mins	
Turn L to far end of ridge to admire views then retrace steps and walk onto a clearer path leading down the the opposite side of ascent gully to reach a junction (cairn)		1.4km	
Take R fork, the path passes through a copse of you	ung trees with a view of 'Roldans		

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

Notch' to forefront, to reach an old tree trunk surrounded by rocks, within a few metres (20) trend L (cairn) take the best line on a feint path to descend the ridge and reach a forested area, walk through the trees (feint path, cairns) to reach some semi cultivated terraces, drop down to lowest terrace	
Turn R (cairns), the path becomes clearer and reaches a small open area with an obvious central cairn – continue R to emerge at tarmac	55 mins
Turn R and continue to reach pylons at R and LHS of road	2.2km 59 mins
Turn L onto a track, pass a house Partida Roget 8, (the 'notch directly ahead again) soon after reach a small junction	2.9km 1hr 7min
Walk onto a path ascending the RHS bankside, (within minutes see a rock with old blue /red paint) continue up to the ridge above and follow to the highest point on ridge top (viewpoint)	3.06km 1hr10m
Retrace steps to reach the tree line (cairn), trend R descending slowly to the next cairn	3.5km 1 hr23min
Turn R and descend undulating around the ridge, ignore a feint L fork and continue down to emerge on a forest track	3.6km
Cross over onto a path and continue to a junction	3.9km 1hr 36min
Go directly across ascending gently to reach a junction	4.5km 1hr50min
Take R fork and continue and pass to RHS of Cova Font Roget, curve R onto a feint path which passes to LHS of a small cave then leads forwards across to a rocky gully, scramble up to reach the ridge top	5km 1hr 55min
Turn L and work down to reach a track	5.6km 2hr16min
Turn R, within a few metres ignore a track at RHS and continue forwards on a feint path through a scrubby area, soon after trend sharp R and walk along the RHS of a low ridge (Benidorm in forefront) begin to descend to a clearer path which becomes eroded to reach a cairn	6km 2hr26min
Keep to LHS of cairn and continue to reach a track	6.5km
Continue forwards and contour L and R around barrancos to reach a junction (Pine tree)	6.6km 2hr40min
Turn R gently ascending to reach a junction	7.6km 3hrs
Take R fork to the next junction	7.85km
Take R fork and almost immediately reach a crossroads, go directly forwards under/through a pylon, after 10 mtrs drop onto a track, cross over onto a path, soon after reach another track	8.5km 3hr 11min
Go directly across and again after 10mtrs go directly across a track, reach a junction and take the L fork descending, just before reaching valley bottom drop down a slope at RHS onto a clear path, continue to reach a track	8.75km
Turn L and almost immediately R onto a path to continue to a large abandoned dwelling (Fuente Lliriet)	9.2km

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION		
Pass to LHS of dwelling onto a driveway and continue, after approx. 300/350mtrs turn R up and onto a path through trees and follow to emerge at tarmac		9.65km 3hr30min
Go directly across tarmac onto a path, trend L in front of a wall, soon after keep to RHS of a rubbish deposit, continue ignoring all mountain bike shortcuts L and R to arrive at the rear of a white bungalow		10.1km
Follow path at LHS of bungalow to reach tarmac – and turn L to return to car park		11.55 kms
Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional Walk Recommendations or restrictions Good Navigational skills required		

See map below.....

Route followed is outlined in red Camino Colorna Ent Cova del Roget Els Amanellos Llinet dels Frares Shieldaig kennel Mas 448. Mamelleta uente de Amanellos La Tapia • 439 500 meters La Tapiada