

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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Walk description originally prepared by:-	Mary Gough
Last Updated	19 th April 2023
Title of Walk	Rio Higueron, Acequia de Lisar / Levada figure of eight
Location of Start (include name of nearest village/town at start of description)	Frigiliana, Andalusia Plaza del Ingenio
Key Statistics for walk - Distance in km	12.5km
Key Statistics for walk - Ascent in m	400m
Key Statistics for walk - Walking time and total completion time including any stops	3hr 10min 4 5 hrs
Key Statistics for walk - Grade (using CBMW system)	MS/B
Grid reference of start point (if known)	Lat : 36.791429 Long : -3.894934
Directions to Start	Plaza del Ingenio (Palace of Counts) From A7 near Nerja take the MA-5105 to the centre of Frigiliana and park along street near Hotel Real
Short walk description	A scenic riverbed with a stairway beside a 'cascade', farmland, pine forest, a low ridge, a 'levada' walkway and return down through the old village streets.
Full Walk Description	
From the ' Plaza ' walk east to Calle Cuesta del Aperio (Sendero post). Turn L and descend down this lane to reach the riverbed	400 mtrs
Turn R down riverbed, pass old terraces and a cave, ignore a fork up LHS (blue paint) and continue to reach a rock with blue circles, exit riverbed at LHS and descend a rocky staircase beside a high waterfall, continue until the riverbed opens out near old animal pens (Almachares – shepherds pens)	2km 35min
Exit L up a surfaced camino passing houses, ignore any L or R forks and reach a junction	2.7km 46min
Take L fork (signed Quinto Pinto) after 20 mins the camino turns into rustic track meandering along a ridge, ignore any L forks to reach an open area at far end of ridge.	4kms 1hr15min
Continue directly forward to reach a ruin.	5.2km1hr30min

Remember that you use these walk guides at your own risk. Take precautions and if unsure – turn back!

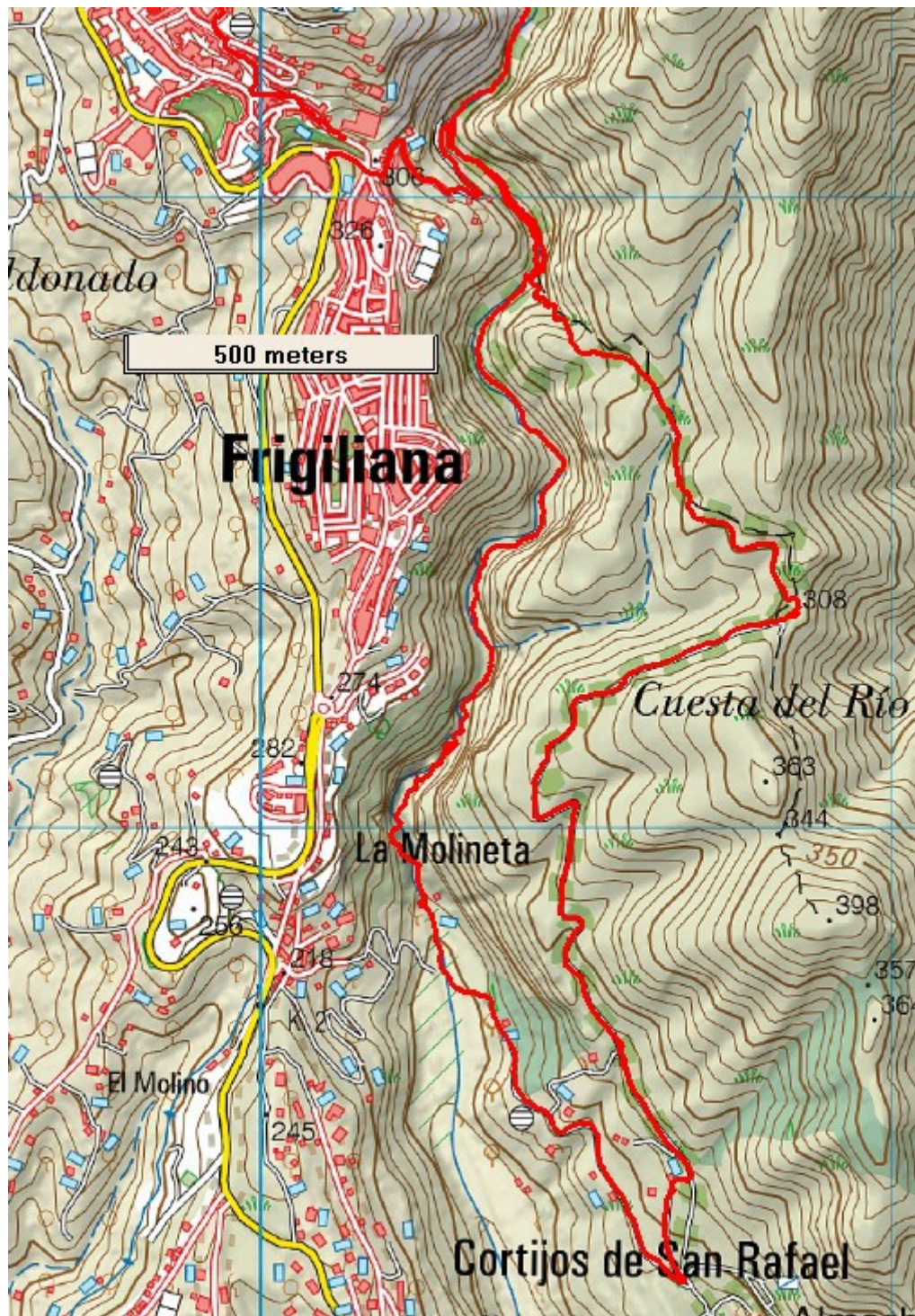
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Pass to LHS and turn L down a path, after 30 mtrs reach a junction and take R fork, continue descending to emerge in riverbed	5.8km1hr40min
Turn R and return to crossing visited earlier	6.2 km
Go directly across and continue meandering up riverbed to see a shrine on RHS bank (cairn in riverbed /yellow paint on tree at LHS)	8.6km 2hr30min
Turn L on discreet path which zig zags up hillside to reach a 'Levada'/Acequia.	9km 2hr40min
Turn L and follow the Levada to reach a 'waterworks' and small Ermita.	11.2km 3hr5min
Pass to LHS of Ermita and turn R (signed Sendero) to reach beginning of a metal fence with large gate at LHS	11.6km 3hr10min
Turn sharp L into avocado terrace and walk to LHS on feint path onto a clear path, turn R and descend to reach a surfaced camino, turn L and return down through the old village street to car park	
Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional	
Walk Recommendations or restrictions	A reasonable head for heights along the Levada

see map below.....

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Route followed is outlined in Red – Part 1 – leaving Frigiliana



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Route followed is outlined in Red – Part 2 – returning to Frigiliana



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