

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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Walk description originally prepared by:-	Ralph Phipps
Last Updated	9 th October 2023
Title of Walk	Plan de Banhs circuit to Colomers and return
Location of Start (include name of nearest village/town at start of description)	Salardu Plan de Banhs car park at the end of the road to Banhs de Tredos
Key Statistics for walk - Distance in km	12.5
Key Statistics for walk - Ascent in m	635
Key Statistics for walk - Walking time and total completion time including any stops	5hr 6.5hr
Key Statistics for walk - Grade (using CBMW system)	S/B
Grid reference of start point (if known)	Lat,- 42.6563, Long:- 0.92704
Directions to Start	From Vileha follow the C28 as far as Salardu and look for a minor road to the R from the second roundabout signed to Banhs de Tredos.
Short walk description	A challenging circuit to Estanh Major de Colomers and return along river route.
Full Walk Description	
Start by walking back down the road until you reach a track going off to the L. Follow this up towards a house..... ... and as you walk down the driveway step up onto the wall on the LHS and follow a thin footpath as it climbs into the trees. (If you meet any objections to using this shortcut then you may have to descend the main road further to find a signed track on the LHS which by passes the house and works up to join your route) Follow this a little way until there is a fork with the RH path crossing pasture and joining an uphill path going up to the L. Follow this now as it climbs steadily soon in trees with occasional Y/W markers.	
Elapsed Walking Time/Distance so far	
800m, 17min	
1.1km, 27min	

Remember that you use these walk guides at your own risk. Take precautions and if unsure – turn back!

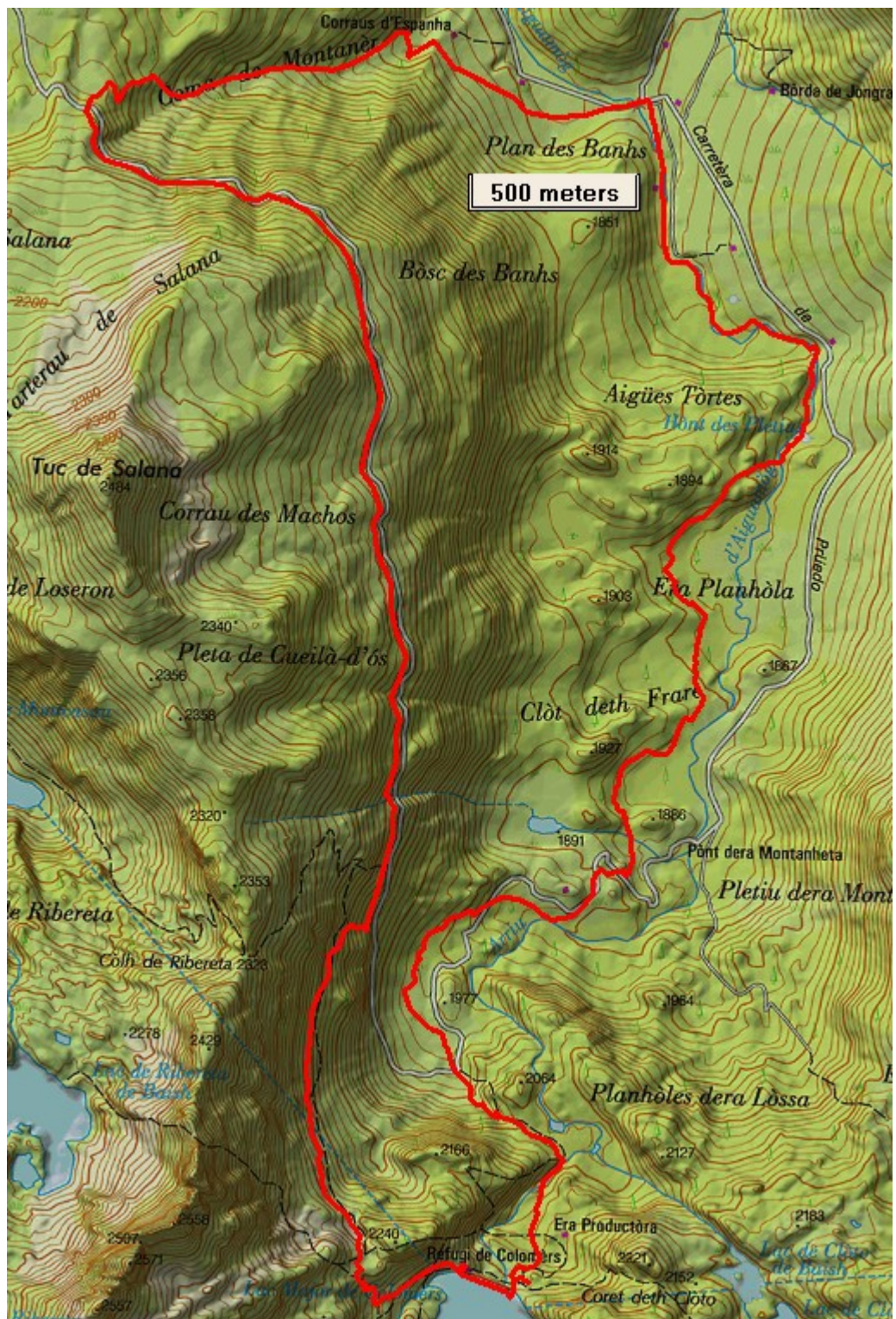
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After a few tricky sections where the path is indistinct and drops slightly towards a barranco on your left look out for a R turn with cairns down a wide natural clearing at the end of which you turn slightly L to cross pastures again.	1.9km, 1hr 2min
At the far side of these climb up onto a ridge and turn L along it to reach a track.	2.1km ,1hr 9min
Now turn L and walk along this track for some time enjoying the views out across the valley. Finally look out for a footpath going off to the R and take this to climb steadily in zig-zags.	5.1km, 2hr 18min
When you reach a junction with a more horizontal footpath turn L and continue with some obstacles along this until you rise up to meet a spectacular col.	6.2km, 2hr 57min
Follow your path down hill to reach a junction at a large boulder with a pole beyond it where you turn L and about a hundred metres below this reach a second junction where you turn L again away from the refuge and aiming for the old building perched on a rocky promontory above the dam.	6.7km, 3hr 10min
Curl around the RHS of this and drop down to cross the dam and then follow the waymarked path down to the L to eventually reach a bridge.	7.5km, 3hr 25min
Turn L before it and follow the wooden boardwalk across meadows before descending steeply to join a track.	8km, 3hr 36min
Turn R here and almost immediately desert it to follow the indicated footpath off to the L.	
After a while this reaches and crosses the track.	
As you work down the valley you can decide whether to stay true to the footpath or desert if in favour of the easier track to soon reach your cars.	
Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional	
Walk Recommendations or restrictions	None

see map below.....

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Route followed is outlined in Red



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