

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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Walk description originally prepared by:-	Ralph Phipps	
Last Updated	22 nd September 2023	
Title of Walk	Tuc de Salarna circuit from Plan de Banhs	
Location of Start (include name of nearest village/town at start of description)	Salardu Plan de Banhs car park at the end of the road to Banhs de Tredos	
Key Statistics for walk - Distance in km	16	
Key Statistics for walk - Ascent in m	850	
Key Statistics for walk - Walking time and total completion time including any stops	5hr 6hr	
Key Statistics for walk - Grade (using CBMW system)	VS/B	
Grid reference of start point (if known)	Lat,- 42.65637, Long:- 0.927041	
Directions to Start	From Vileha follow the C28 as far as Salardu and look for a minor road to the R from the second roundabout signed to Banhs de Tredos.	
Short walk description	Route to a peak with fantastic views all around followed by a visit to Refugio Colomers and return	
Full Walk Description		Elapsed Walking Time/Distance so far
<p>Start by walking back down the road until you reach a track going off to the L.</p> <p>Follow this up towards a house.....</p> <p>... and as you walk down the driveway step up onto the wall on the LHS and follow a thin footpath as it climbs into the trees.</p> <p>(If you meet any objections to using this shortcut then you may have to descend the main road further to find a signed track on the LHS which by passes the house and works up to join your route)</p> <p>Follow this a little way until there is a fork with the RH path crossing pasture and joining an uphill path going up to the L.</p> <p>Follow this now as it climbs steadily soon in trees with occasional Y/W markers.</p>		<p>800m, 17min</p> <p>1.1km, 27min</p>

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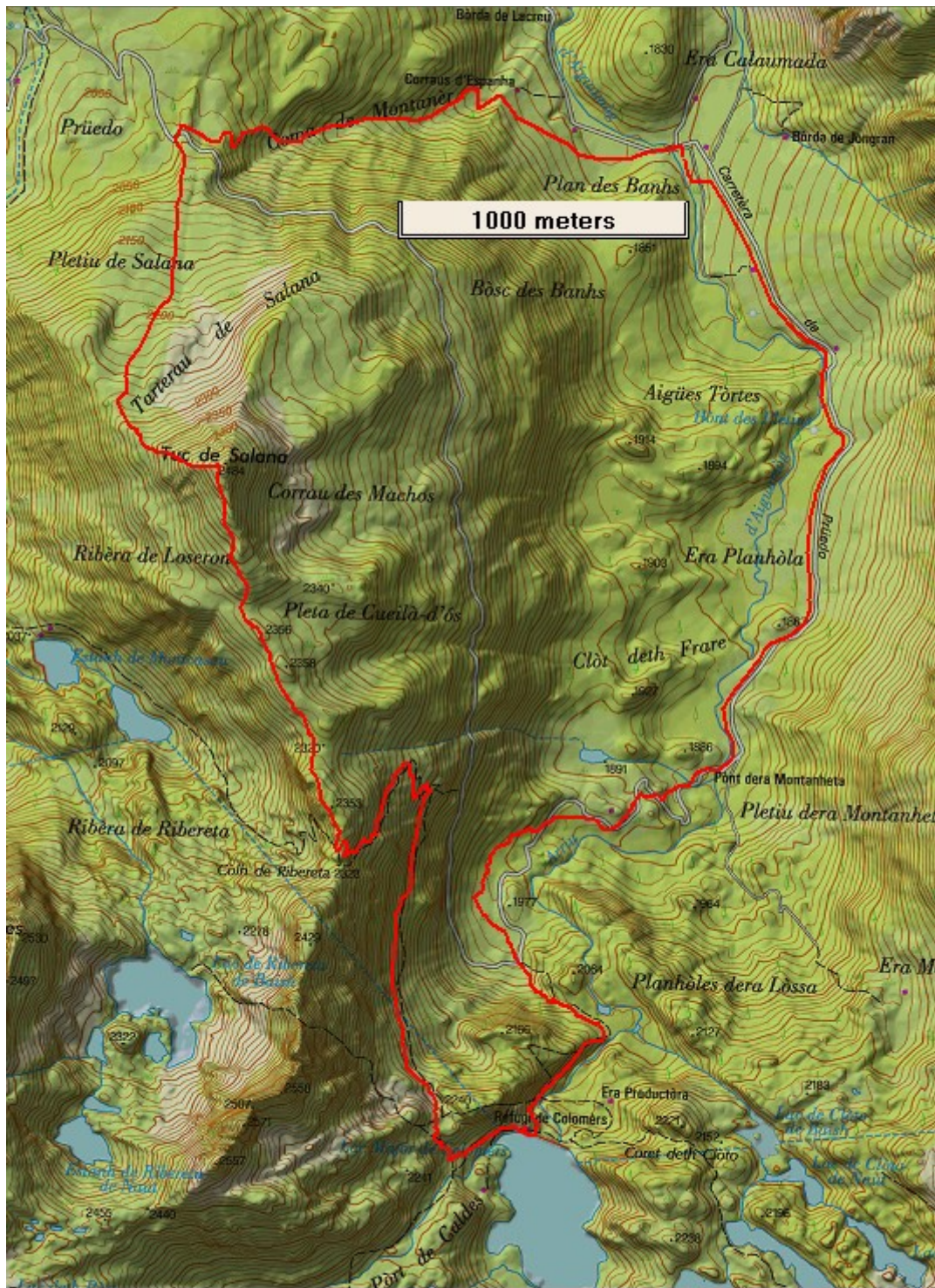
<p>After a few tricky sections where the path is indistinct and drops slightly towards a barranco on your left look out for a R turn with cairns down a wide natural clearing at the end of which you turn slightly L to cross pastures again.</p>	1.9km, 1hr 2min
<p>At the far side of these climb up onto a ridge and turn L along it to reach a track.</p>	2.1km ,1hr 9min
<p>Cross this directly still following the clear path as it ascends across pastures soon with your intended summit ahead and to your L above you.</p>	
<p>Eventually you reach the RH ridge line.....</p>	3.1km, 1hr 52min
<p>at which you turn up along this steeply to finally reach the summit.</p>	3.6km, 2hr 5min
<p>Now turn slightly R to follow the ridge line along and downhill for some time until finally you ascend to cross a small hill and arrive at a rocky col with a path coming up to join you from the R and a descending path doubling back to the L which we take.</p>	5.1km, 2hr 34min
<p>Follow this down in zig-zags now with R/W markers until finally you turn R again and work your way along the flank of the hill soon ascending again.</p>	6km, 2hr 56min
<p>(A little way along this is an indistinct junction with cairns marking an escape path down to the L which leads down to the track)</p>	
<p>Follow this now as it ascends to reach a col (in 2 parts) from where there are extensive views down to the lake and refugio below with a panorama of mountains behind.</p>	7.2km, 3hr 25min
<p>Follow your path down hill to reach a junction at a large boulder with a pole beyond it where you turn L and about a hundred metres below this reach a second junction where you turn L again away from the refuge and aiming for the old building perched on a rocky promontory above the dam.</p>	7.7km, 3hr 36min
<p>Curl around the RHS of this and drop down to find a descending path before the dam which you follow down awkwardly soon on the LHS of the stream to reach a bridge.</p>	
<p>Turn L before it and follow the wooden boardwalk across meadows before descending steeply to join a track.</p>	8.7km, 3hr 57min
<p>Turn R here and almost immediately desert it to follow the indicated footpath off to the L.</p>	
<p>After a while this reaches and crosses the track.</p>	
<p>As you work down the valley you can decide whether to stay true to the footpath of desert if in favour of the easier track to soon reach your cars.</p>	
<p>Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional</p>	

Walk Recommendations or restrictions

None

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Route followed is outlined in Red



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