

COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION

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Walk description originally prepared by:-	Ralph Phipps, Viv and Phil Freakley		
Last Updated	10 th April 2024		
Title of Walk	La Foradada circuit from Lligallo de Miralles		
Location of Start (include name of nearest village/town at start of description)	Amposta End of road to the Mas de Miralles (also a large house called Casa de los Nubes) Roadside parking for 2/3 cars.		
Key Statistics for walk - Distance in km	11.5		
Key Statistics for walk - Ascent in m	560		
Key Statistics for walk - Walking time and total completion time including any stops	3.66hr 5hr		
Key Statistics for walk - Grade (using CBMW system)	MS/B		
Grid reference of start point (if known)	Lat: 40.66222, Long: 0.56148		
Directions to Start	Travelling S to N on the N340 pass the junction of the TV3406 at the N end of La Rapita and continue for 3.3km to find a sign on the RHS to Lligallo de Forcheron. Here turn L to pass a large white agricultural building and continue up this road to find roadside parking.		
Short walk description	A pleasant walk along open ridges and low scrub to the Foradada - a large hole in the rock at a summit at 682m.		
Full Walk Description		Elapsed Walking Time/Distance so far	
Start by walking along the road to find a finger post on the RHS pointing up a path on the LHS. Take this with its R/W markers.		165m, 2.5min	
Eventually the path crosses to the LHS of the ridge line affording good views down towards the Ebro delta.		1km, 23min	
Soon you are climbing more steeply uphill again through woodland to reach a junction where you keep L and more level.		1.8km, 40min	
Cross a more level area keeping R and descending slightly with views now ahead of the summit of your final destination.			

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<p>Pass a fingerpost and an intersection signed to Coco de Jordi which we ignore and climb steadily to reach an intersection of paths.</p> <p>When you reach a barranco to cross double back to the L and continue ahead a short distance to find the Font de Bugar.</p> <p>Walk across the front of the Font and continue to climb steadily.</p> <p>The path ahead is more broken for a while before reaching a more level area where the path curves around to the R with Y/W markers. Further broken ascent follows for a while.</p> <p>Soon you are on the ridge line with more open views and your destination summit clearly visible ahead of you.</p> <p>Drop briefly to a col with a finger post indicating that the route to the summit should take you 10 mins.</p> <p>Just before the final summit you pass in front of the Foradada – a large hole in the rock through which you can see down to the more southerly coastline. Take in the views and rest a while. (It is possible to climb to the top of this by moving off L to find the easiest route)</p> <p>Once recovered turn R directly in front of the hole to find a clear path continuing on the RHS of the ridge line and dropping steadily.</p> <p>When you reach a large round water deposito turn R descending steeply.</p> <p>Reach and pass a finger post pointing ahead to Mas de Mata Redona. (a large ruined set of buildings)</p> <p>When you reach the Mas there is a small (about 1m high) wooden finger post that indicates a feint path off to the L. Take this across grassland before resuming your trek through more common vegetation.</p> <p>When you reach the next small fingerpost turn slightly R.</p> <p>When you reach an indistinct junction with a cairn as you are ascending slightly the options are R or L(uphill). Turn R.</p> <p>After coming down a steep spur towards a clear limestone edge in the hillside in front of you reach a col with a cairn where you turn L.</p> <p>After you enter some welcome woodland the path soon deteriorates to a more challenging descent on steeper stoney ground before eventually levelling out to follow a stream bed on its LHS.</p> <p>Ignore a couple of more minor and less distinct paths going off to the R and L before reaching a large house on your RHS as the path passes it on the LHS alongside a wall and fence.</p> <p>At the corner of this turn R.....</p> <p>– descending – to follow the driveway down to a gravel track which soon leads out to</p>	<p>3.3km, 1hr 8min</p> <p>4.4km, 1hr 33min</p> <p>5km, 1hr 46min</p> <p>5.6km, 2hr 2min</p> <p>6.8km, 2hr 24min</p> <p>7km, 2hr 29min</p> <p>7.6km, 2hr 43min</p> <p>8.2km, 2hr 56min</p> <p>10.6km, 3hr 42min</p>
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a tarmac road.

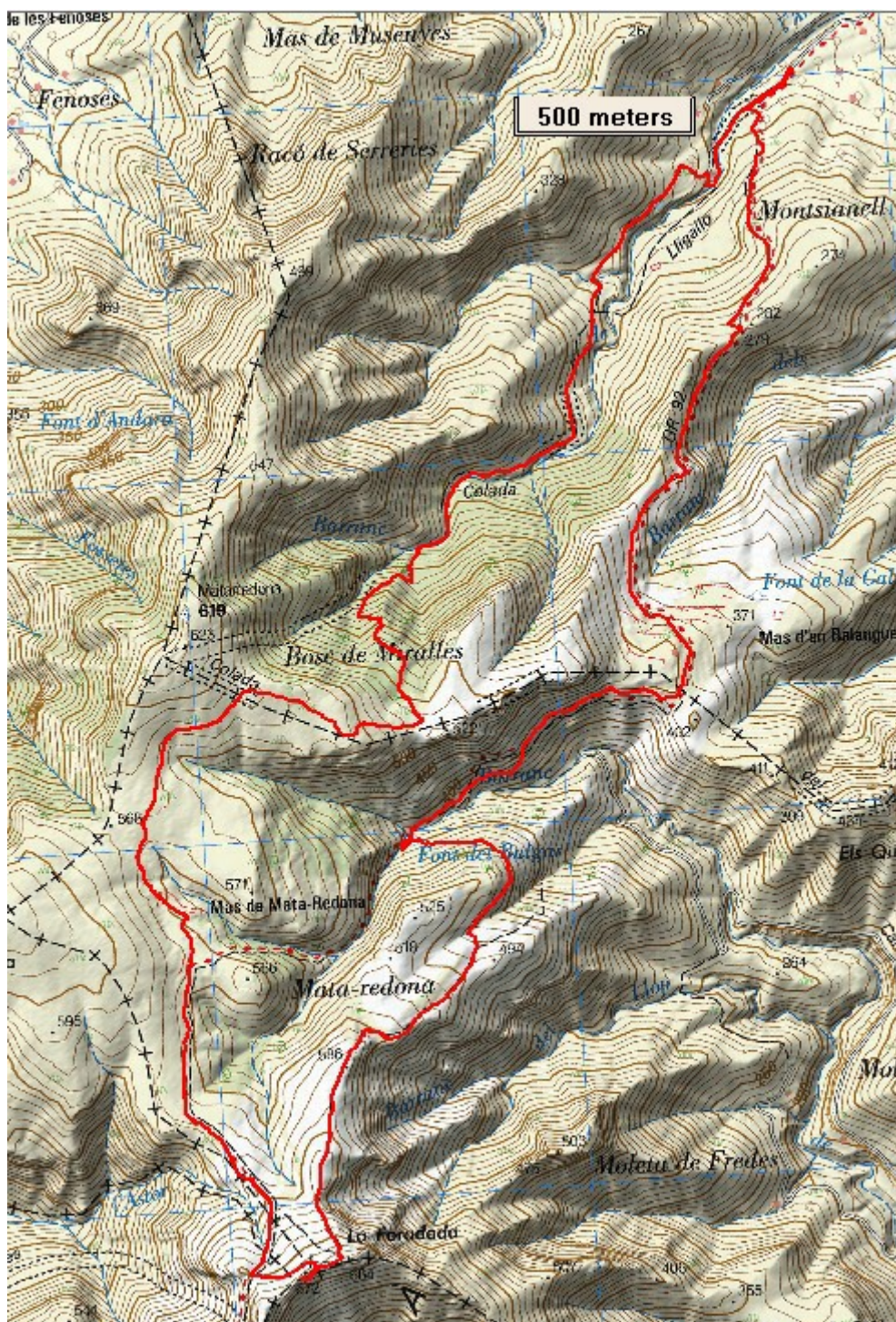
Follow this to the R and back to your parked cars.

Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional

Walk Recommendations or restrictions

None

Route followed is outlined in Red



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