

## **COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION**

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<b>Walk description originally prepared by:-</b>	Ralph Phipps, Viv and Phil Freakley
<b>Last Updated</b>	13 <sup>th</sup> April 2024
<b>Title of Walk</b>	Toscar ridge and Roca Campanari circuit
<b>Location of Start (include name of nearest village/town at start of description)</b>	Els Reguers Aparcament del Toscar or layby just before it near end of gravel track.
<b>Key Statistics for walk - Distance in km</b>	8.5
<b>Key Statistics for walk - Ascent in m</b>	675
<b>Key Statistics for walk - Walking time and total completion time including any stops</b>	3hr 5.5hr
<b>Key Statistics for walk - Grade (using CBMW system)</b>	S/C/Scr
<b>Grid reference of start point (if known)</b>	Lat: 40.8463, Long: 0.3542
<b>Directions to Start</b>	From the C12 near Tortosa find the road towards and through Roquetes and Els Reguers before turning off to the L at a sign to El Tosca. Follow this road with signs as it slowly winds its way along a valley to arrive at a cluster of buildings with parking and a notice board. (It is possible to drive further but you'll have to walk further at the end of the walk to retrieve your car!)
<b>Short walk description</b>	A stunning walk leading to a rock staple with a boulder held between its two prongs!
	Up to and along the Toscar ridge before reaching a dramatic rocky pinnacle – the Roca Campanari and returning via the Cova Pintada.
<b>Full Walk Description</b>	<b>Elapsed Walking Time/Distance so far</b>
From the parking continue walking up the road and at the first fork take the L and level line signed to Los Xorros.	175m, 2.5min
Walk past an impressive font with a long trough running for 20m or so in front of it and at the next fork keep L towards Font del Rouet.	350m, 5min
At the next fork keep R above a white building directly between the two arms of the fork to find yourself now ascending on concrete.	775m, 10.5min

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Follow the main track line to reach col with a cairn on the RHS indicating an indistinct footpath on the RHS which we take.	1.5km, 26min
Follow this path to reach a boulder field which you can cross directly to find a zig-zag path going up beside the boulders before turning R on a more gentle line.	
Soon arrive at a rocky col on the ridge line with sweeping views behind you.	2km, 38min
Now work your way up the ridge line switching from side to side to avoid rocky obstacles.	
Eventually reach a section where the path descends gently on the LHS of the ridge before curving rightwards and less distinctly to reach a junction where a much clearer path joins you from the R and above and just a few metres beyond this a junction with a path turning directly R which we take (with R/W markers).	2.9km, 1hr
Reach the col de la Vall Figuera and continue descending gently.	
Reach a fingerpost and turn L uphill.	
At the next junction keep ahead and L on a thinner path which soon doubles back to the L and after 20/30m doubles back again to the R much less clearly in scrubby vegetation. This path requires concentration to follow and occasionally dips briefly to pass an obstacle but overall it continues steeply uphill to eventually join a path running across you from L to R uphill. Turn R here and continue uphill.	3.3km, 1hr 8min
Soon emerge in open space from where you can see a rounded hill some 200m in front of you with braided paths running across the scree and bushes to reach its top.	3.5km, 1hr 14min
From this lofty viewpoint.....	4.3km, 1hr 30min
you can look slightly to your L and see the Roca Campanaris sticking up above the trees some 200m or so away and your objective is to reach this by the easiest route.	
Start by descending slightly to the edge of the trees in front of you and then curving to the L on the best path line you can find through them before soon finding a rising path taking you over a small rocky crest on your RHS.	
Once over this you must descend to the area in front of the Roca before finding a sloping line going up to its base. Only rock climbers with full equipment would be able to summit this, so enjoy the view and then retrace your steps down the grassy ramp before turning L down a path.	
This weaves out ahead of you avoiding rocky obstacles and once past the last pinnacle continue ahead dipping then levelling (good views of the Roca behind you now) to reach a broad track.	4.7km, 1hr 39min
Turn L down this and follow it until you reach a T-junction where you turn R now slightly uphill.	4.9km, 1hr 42min
At the first zig back to the L look ahead for a cairn indicating the start of a footpath going off into the trees. Take this rising a little.	5.1km, 1hr 51min
After some time reach a junction with a track where we turn R and downhill.	5.8km, 2hr

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As the track ends and becomes a footpath you reach a junction with two posts (93 and 94) where you turn L descending.

6.1km, 2hr 6min

Reach a finger post and turn L towards Cova Pintada which you reach after only a few minutes. Continue downhill beyond this.

6.9km, 2hr 22min

At the Col de Morera with a finger post.....

7.9km, 2hr 40min

turn R and descend to your cars.

Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional

### **Walk Recommendations or restrictions**

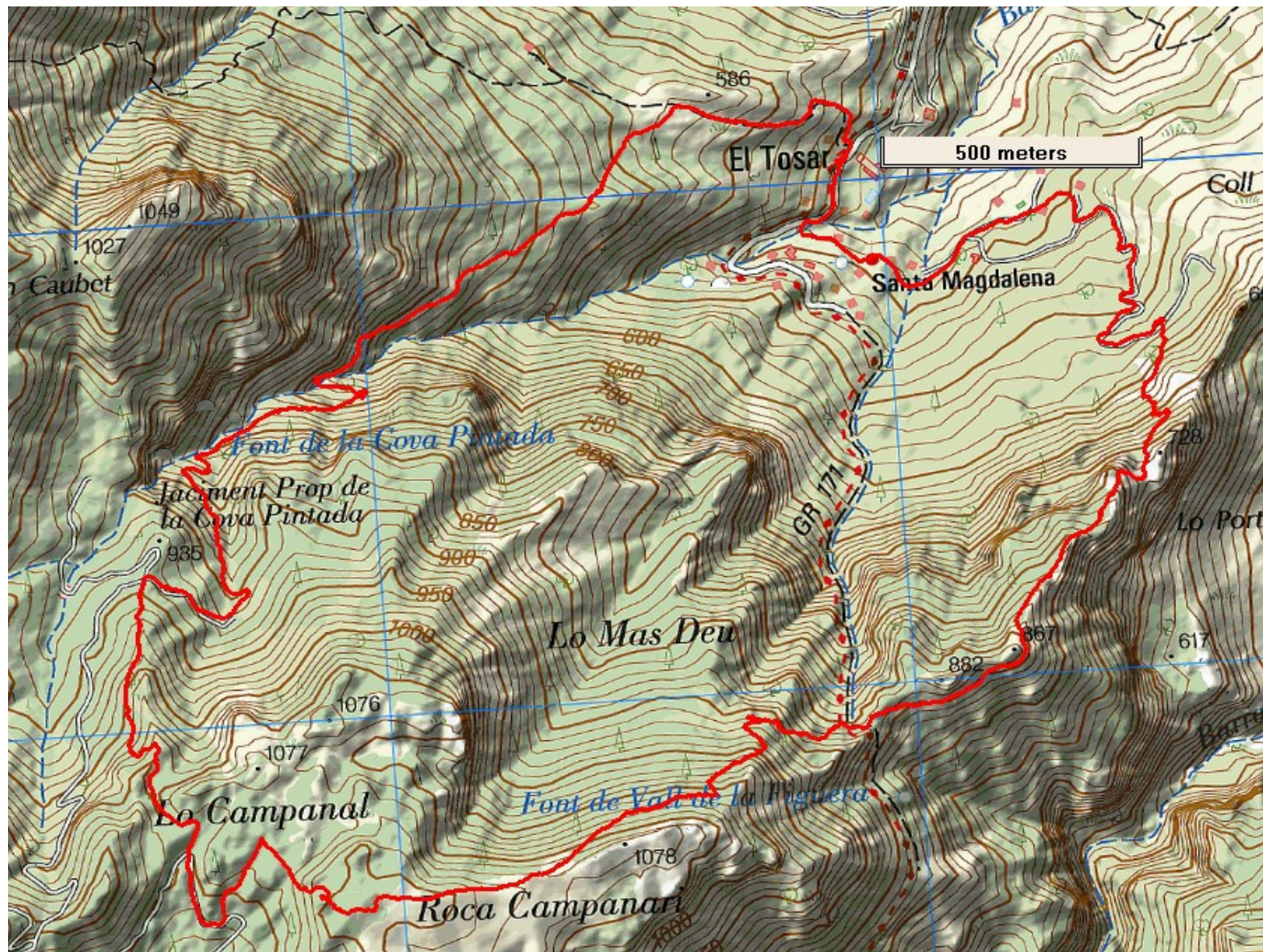
Challenging steepness all day long.

See map below.....

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**Route followed is outlined in Red**



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