

## **COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION**

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<b>Walk description originally prepared by:-</b>	Eric Ferguson
<b>Last Updated</b>	May 2024
<b>Title of Walk</b>	Pas Del Badall, Cova De Dalt & The Almadic Valley
<b>Location of Start (include name of nearest village/town at start of description)</b>	Benigembla, Close to the Pas Del Badall. Limited car parking at the side of a forestry road.
<b>Key Statistics for walk - Distance in km</b>	11.7km
<b>Key Statistics for walk - Ascent in m</b>	520
<b>Key Statistics for walk - Walking time and total completion time including any stops</b>	4.5 hrs 5.5 hrs
<b>Key Statistics for walk - Grade (using CBMW system)</b>	MS/A/Scr/X
<b>Grid reference of start point (if known)</b>	Lat: 38.73702, Long: -0.11400
<b>Directions to Start</b>	From Jalon/Parcent follow the CV720 towards Benigembla. A little past KM36 road marker there is a left hand bend with a dark yellow house on the RHS. Just after the bend take left into the small Cami Del Pasqualet road. (Grid Ref 38.75224,-0.10227 brown signage Font de Pasqualet close to a white wall) Follow this road, which is somewhat rough in places for 3.3km as it twists and turns uphill until you reach a left hand bend slightly after which is the signage to the Pas Del Badall. Park to the side of the forest track.
<b>Short walk description</b>	This is a demanding walk with an exhilarating and challenging starting ascent using steel ladder steps and chains, with a squeeze and scrambling as you go through the Badall. The walk then follows the undulating Cordilleras Rim track with fabulous views, and then on to the Cathedral like Cova Dalt before descending back into the Almadic Valley on the return journey.
<b>Full Walk Description</b>	<b>Elapsed Walking Time/Distance so far</b>
On leaving your car take the broad track (L), PRCV465 Badall 830 Mts. Follow the Y/W markers and poles. After coming to an open area with buildings follow the narrow path	

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Y/W which becomes quite steep to come out onto an undulating path.	
Eventually you arrive at the base of a steep scramble up a rock face with chains. This is the start of the Badall.	0.8k/20mins
Work your way up through the almost vertical internal rock fissure with the help of the steel steps and chains. (no torch required) Part of this route will involve some walking on all fours because of the limited head height. This is followed by a "squeeze" through a rock face to come out onto the "Rim". Bear slightly left following the Y/W markers using the chains to scramble up to meet the main "Rim" path.	1.2k/35mins
At the finger post on the main path savour the views and then with your back to the Badall ascent turn right Y/W. Follow the "Rim" path around 4 barrancos to arrive at the bottom of the 4 <sup>th</sup> barranco	3.75k/2hrs10min
At the bottom of the 4 <sup>th</sup> large barranco bear slightly right (20 metres before a small stone wall). Go straight on towards the wall, ignoring the small track to the right, to come to a T junction in the tracks. Turn R to ascend up the hill. Follow this Y/W path up and around to the head of the 5 <sup>th</sup> barranco and then carry on up until you reach a finger post.	4.64k/2hrs20min
Take sharp left onto a small path. (ignore the sign to Enllac PR-CV 427 El Cocoll).	
After 50 metres take Left at a T junction of paths. Continue along this path passing a ruin on the right with open ground to the left. Continue across the open ground passing to the right of another ruin and then bear left. Continue along this path until you come to a sharp right turn in a rocky area. There is a cairn close to the apex of the turn.	5.41k/2hrs55min
Continue along this small rocky ridge looking out for some small cairns along the way. At the end of the ridge take slightly right where 2 cairns mark the way.	5.42k/3hrs
Follow this well defined curving path which is marked by several cairns and gradually ascends towards Es Crestall mountain. When the track starts to turn left there is a large rock with a cairn on top. (An optional there and back addition section can be added to reach the summit from here)	6.39k/3hrs/20min
Carry on straight on the main path for 30 metres. At a sharp left turn in the main path take the small indistinct path to the right following over a rocky area with some cairns to reach the Cathedral like Cova Dalt. Then retrace your steps back to the main path.	6.7k/ 3hrs/40min
Take right when back on the main track to carry on in a clockwise direction around the mountain to eventually reach a broad track at a junction. Turn right and carry on towards an animal enclosure on the right and animal baths and a small ruin on your left. Continue straight on this track. Soon the broad track becomes a single track which weaves around trees and shrubbery until you reach again the finger post that you had previously come to on your outward journey.	8.2k/4hrs
Turn left (PR-CV465 Del Badall & Fonts de les Penyes Blanques). This track Y/W descends steeply to the head of the Almadic valley. To eventually come to a finger post at which you bear left onto a broad track.	8.74k/4hrs25min
Pass the Font de la Penyes Banques on your right and carry on down until you reach a concrete track and then a finger post.	9.53k/4hrs40min

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Turn right at the finger post signed PR-CV465 Senda L'Ombroh & Badall. This Y/W broad track soon gives way to an undulating single track (with some small loose scree sections). There are great views to your right of the majestic and vertical "rim" rock faces that you previously walked on top of.

At the end of this track there is a small ruin on your right, carry on to a T junction with a finger post.

Turn left on to a broad track signposted Badall PRCV465. Go past a green house with Olive trees and vines to the right and then carry on to reach your car.

Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional

11k/5hrs15min

11.7k/5hrs30min

### **Walk Recommendations or restrictions**

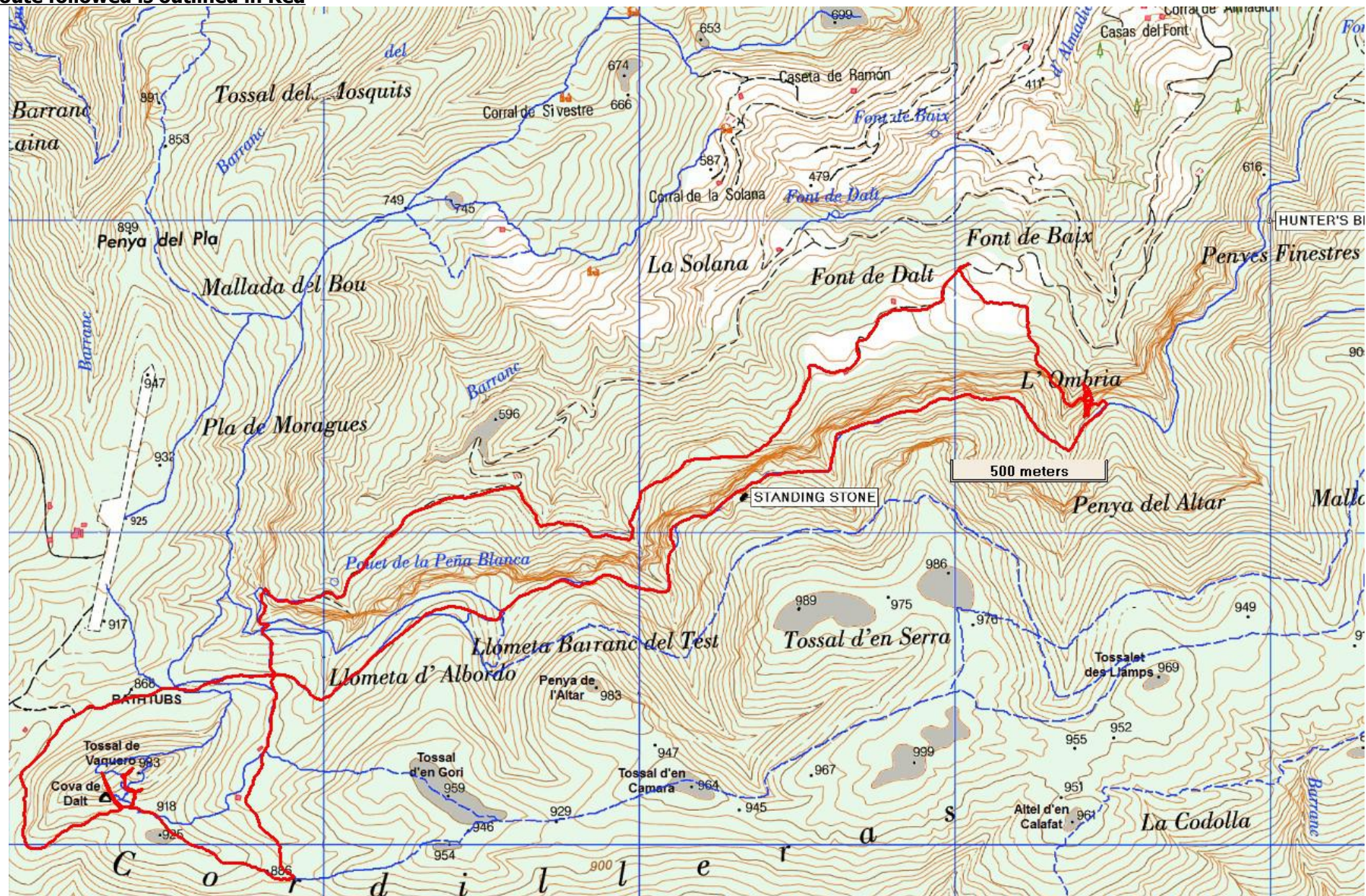
Avoid doing this walk in bad weather or when there has been recent wet weather. Walkers should be agile and not claustrophobic.

see map below.....

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**Route followed is outlined in Red**



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