

## **COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION**

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<b>Walk description originally prepared by:-</b>	John E. Mail
<b>Last Updated</b>	1 <sup>st</sup> April 2023
<b>Title of Walk</b>	Bco Sinc from Font del L'Hortet del Pobre
<b>Location of Start (include name of nearest village/town at start of description)</b>	Alcoy. Area Recreativo Preventorio near to the Residencia Mariola on CV 796
<b>Key Statistics for walk - Distance in km</b>	8 km
<b>Key Statistics for walk - Ascent in m</b>	483m
<b>Key Statistics for walk - Walking time and total completion time including any stops</b>	3 hr 6m 4 hr
<b>Key Statistics for walk - Grade (using CBMW system)</b>	MS/B
<b>Grid reference of start point (if known)</b>	Lat: 38.7015504, Long: -0.4934466
<b>Directions to Start</b>	<p>From Autopista A7 Salida 443 take N340 (Alcoy Nord)</p> <p>Keep in Right hand lane to Alcoy.</p> <p>Stay on N340 until crossroad/roundabout by Bertomeu and turn Right.</p> <p>Stay on the one way road to pass the railway station</p> <p>At Consum supermarket keep in Right lane and go straight ahead.</p> <p>Pass Repsol Filling Station.</p> <p>Cross bridge and turn right at next crossroad/roundabout go uphill past "La Salle" College (CV 796)</p> <p>Pass electricity substation</p> <p>After sharp bends pass through tunnel</p> <p>Pass Residencia Mariola and park under trees just before old "Cantina".</p>
<b>Short walk description</b>	A circular route on well defined paths. A stiff climb up to the Ermita is followed by a spectacular trail along the rim of the barranco past the Vulture lookout. A sharp descent then a return path back through the base of the barranco before a climb back to the start
<b>Full Walk Description</b>	<b>Elapsed Walking Time/Distance so far</b>
Walk away from the Residencia Mariola along the CV 796 to the Area Recreativo Preventorio to where there is an information board and a picnic table. We shall take a	

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path up to the Ermita San Cristofol -there are others which I am told are easier!	
Turn right to follow the yellow and white signalled path uphill on a broad track with wooden fencing.	50m, 1min
Take the stepping stones across the stream to the right and follow the narrow path across a wooden bridge (which we have seen on our way up here).	350m, 7 min
There are at least 3 well defined paths to the left climbing uphill. Take any one as they all meet up again. There is a steel marker post with a white arrow on a yellow background showing the main path.	500m, 10 min
The path rises steeply, marked with yellow and white. Another steel marker bearing a white arrow on a yellow background tells us to turn left.	700m 15min
We reach a lookout spot with fine views down to Alcoy. Turn left here following the narrow path (there is a stone cairn).	800m, 17 min
Another steel marker plate confirms our trail. There are several uphill paths at times!	900m, 18 min
A shaded area with a cross set into the ground provides spectacular views down to Alcoy.	950m, 19 min
A picnic area where we turn left back on ourselves and walk up to the Ermita San Crisotofol.	1km, 22 min
The Ermita provides stunning views back to Alcoy and a peasant place for a drinks stop. The interior of the Ermita is richly decorated and is well worth a look.	1.1km, 23 min
Go back to the picnic area that we have just passed and take the path closest to the cliff edge. We shall now follow the edge of the barranco for some distance.	1.2km, 24 min
Ignore path to the left and continue to follow the general direction of the cliff edge	1.3km, 29 min
A stone cairn marks a path to the right which leads to fine lookout point over the barranco. Worth a side visit before returning to the main path.	1.8km, 40 min
A huge stone cairn marks the "Mirador de Buitres" (Vulture lookout) which is just to the right. Hopefully while you eat your bananas you will get a fly-past from these impressive birds.	1.9km, 44 min
Returning to the main path we continue to follow the direction of the barranco rim. The area is paved with rock for a while with no obvious "path" but navigation is straightforward	
Our trail reaches the summit ( Alt de Pedreres 1055m). We still have the barranco rim to our right.	2.7km, 1hr 7m
At stone cairn ignore path to the left and continue ahead. Path climbs once more. Path passes through area of fallen trees.	3km, 1hr 13m
Anther cairn marks the last summit of this ridge walk. Downhill for a while now. We start to move away from the barranco rim. The descent is tricky in parts with loose stones .	3.2km, 1hr 22m

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The path splits but both options rejoin after passing an old ruin	3.8km, 1 hr 37m
At a fork in the track keep left and go downhill a short distance	4 km, 1 hr 42m
to a major path intersection, passing a chain across our path. Turn Right downhill along a broad track.	4.1km, 1hr 43m
We meet a track from the left (marked with Y/W) and continue downstream on a narrow path. This path takes us through the magnificent Barranco de Cint.	5.4km, 2hr 6m
At the end of the barranco we turn right at a signpost in the direction of Font Roja.	6.7km, 2hr 34m
After 100m approx we meet the CV796. Turn right and follow the road 150m until it turns sharply right then 100m until it turns left. Take narrow path to the left and climb up stepped path to a look out spot. The path then climbs up over the road tunnel where it crosses to the other side of the CV 796.	7km, 2hr 45m
Ignore path to the right	7.4km, 2hr 54m
At path junction take left hand path which drops to CV 796. Turn right	7.7 km, 3hr 2m
and back to the car park	8km, 3hr 6m
<small>Spanish maps included within these descriptions are provided courtesy of the Spanish IGN and remain © Instituto Geográfico Nacional</small>	

### **Walk Recommendations or restrictions**

The barranco name "Sinc" appears on maps as "Zinc", "Cint" and "Bou". I have no idea which is correct!

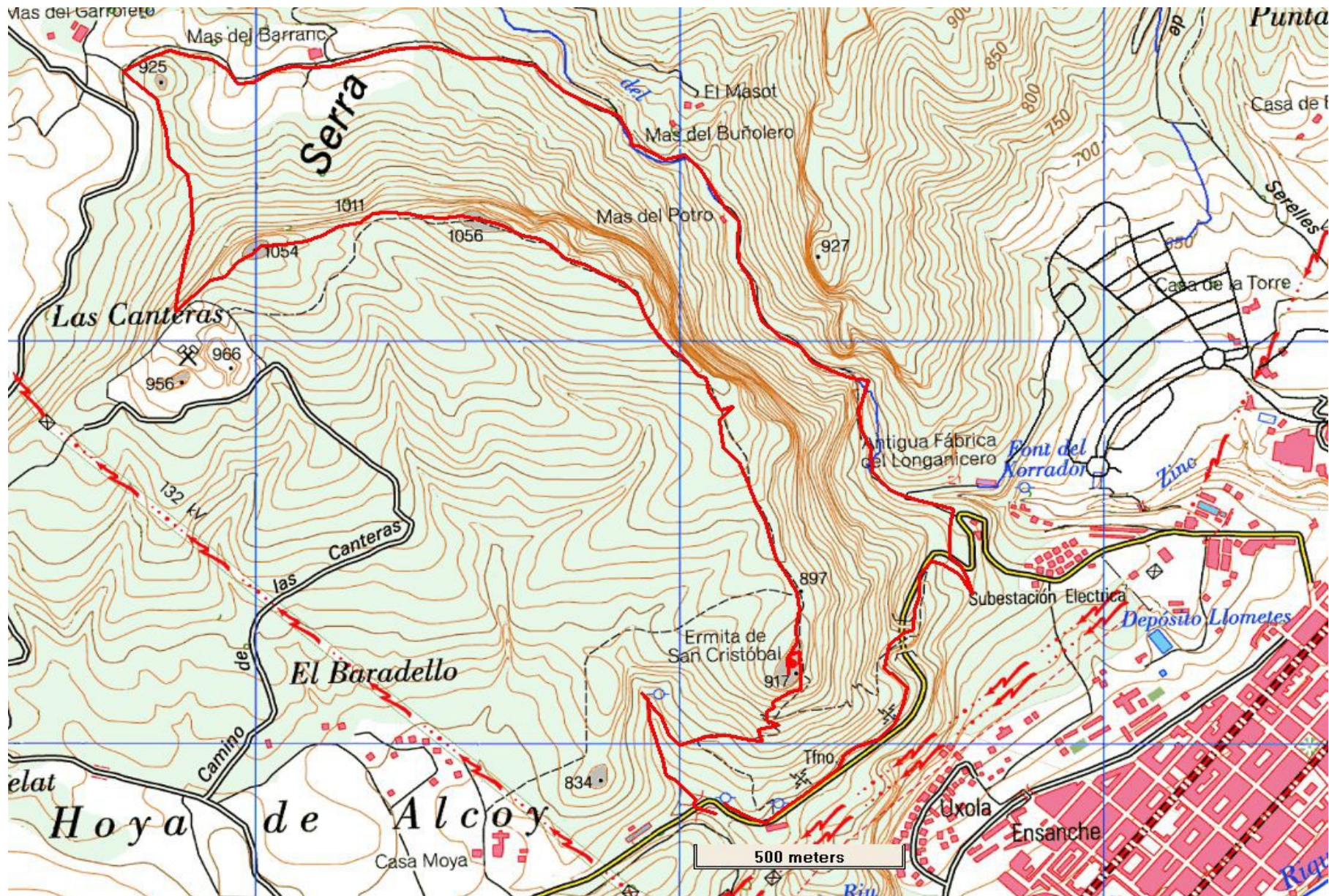
Vultures tend to soar when there are air currents to give them lift. As the day warms up there are more thermals and so early walking is not great for raptor watching.

See map below.....

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**Route followed is outlined in Red**



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