COSTA BLANCA MOUNTAIN WALKERS - WALK DESCRIPTION			
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Walk description originally prepared by:-	Mary Gough		
Last Updated	01/14/25		
Title of Walk	Lloma Larga (El Cau) ridge and summit circuit		
Location of Start (include name of nearest village/town at start of description)	Senija CV750 Benissa to Jalon road at Km10 – layby near info /signpost Benissa or Restaurant or Tennis/Padel / Piscina municipal		
Key Statistics for walk - Distance in km	9.5 km		
Key Statistics for walk - Ascent in m	480 mtrs		
Key Statistics for walk - Walking time and total completion time including any stops	3 hr 25 min 4 hr 15 min		
Key Statistics for walk - Grade (using CBMW system)	MS / C /Scr		
Grid reference of start point (if known)	Lat :- 38.722818 Long :- 0.027938		
Directions to Start	From N332 Calpe to Benissa road at south side Benissa take turn to CV750 Jalon, near Km10 park on layby at LHS near info board for Benissa municipal Restauarant, Piscina and Tennis		
Short walk description	A long ascent to the summit of this popular ridge, crossing the hemispheres, consistent panoramic views of coast and mountains, and return at a lower level through an interesting hamlet		
Full Walk Description		Elapsed	
Tull Walk Description		Walking Time/Distance so far	
With your back to the entrance, you entered the layby take the 'Cami del Collau' surfaced cami, continue up ignoring a L fork (return route) and weave up through several dwellings to reach 28a		500 mtrs	
Walk onto a woodland path and continue to reach a small (cairned) junction		1.1km 20min	

COSTA BLANCA MOUNTAIN V	VALKERS - WALK DESCRIPT	<u>ION</u>
Trend L along the path and gently ascend to reach t	he original Y/W path on the ridge	1.9km 43min
Turn L along the well-marked path winding from L to the summit (Trig point)	o R and undulating until you reach	4.2km 1hr37min
Continue along the ridge (cairns) until just before the a short, chained scramble then a loose rocky path to		4.8km 2hr 6min
Take the L fork in front of corral onto a rocky path w reach a fire access track	which soon begins to descend to	6 km
Turn L and continue to a junction at a RH bend		7.7km
Take the L fork on a well walked path to reach a tarmac road (Cami Cara Bou)		8 km
Turn L and continue ignoring a path at LHS with cair pass the last house on RHS (2c) to a crossroads with	8.6 km	
Turn L (cairn / bridleway sign on telegraph pole), follow the obvious path through dwellings and gardens to emerge on a surfaced road , trend L to a junction to turn R to return to cars $$		
Spanish maps included within these descriptions are provided courtesy of the Sp	agaich ICN and romain @ Institute Coográfice Nacional	
Walk Recommendations or restrictions	Not a walk for a wet or windy day, the scramble descent on rocky terrain needs concentration	
Hard Copy of map showing route attached:-		

